

Chest & Shoulder Press Machine

inSPORTline Velocer CSP 120



Technical description:

- Commercial exercise machine for strengthening **pectoral, shoulder, and tricep muscles**
- Weight plate-based resistance
- Durable steel frame

- Ergonomic, high-density foam padding
- Handles can be adjusted to **8 different positions**
- Back support can be adjusted to 2 different positions
- Anti-slip handles
- Water bottle holder
- Powder-coated surface
- Picture instructions on the machine
- **Gear ratio:** 1:1
- **Tensile strength:** 1,140 kg
- **Dimensions:** L 163.5 x W 139 x H 146 cm
- **Weight stack weight:** 100 kg
- **Number of weight plates:** 20 x 5 kg
- **Frame profile:** 100 x 50 x 3 mm
- **Padding thickness:** 7 cm, 7.5 cm
- **Frame weight:** 139 kg
- **Total weight:** 296.5 kg
- **Max load capacity:** 180 kg
- **Category:** S (EN 20957) – suitable for commercial use