

DIRECT
ANTERIOR
APPROACH

Surgical Technique



DAA

Direct Anteriorer Approach

The herein described hip system and minimally invasive instrumentation was developed in co-operation with Dr. med. Metzner, trauma and reconstructive surgery, Hellmig-Krankenhaus in Kamen.

TABLE OF CONTENTS

INTRODUCTION.....	4
SURGICAL TECHNIQUE.....	5
INSTRUMENTS.....	15

Nota Bene: The described surgical technique is the suggested treatment for the uncomplicated procedure. In the final analysis the preferred treatment is that which addresses the needs of the individual patient.

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INTRODUCTION

The minimal-invasive implantation of hip endoprostheses is becoming increasingly significant. If nothing else, the rising costs in the health service means that a long term ward stay is no longer common practice. Through the following new minimal-invasive surgical methods, using the implantation of the EcoFit® cup and the EcoFit® stem with cementless implantation techniques, the ward stay and thus the costs are significantly lowered. This soft tissue-conservative surgical technique makes it possible to perform the prosthesis implantation through a significantly smaller entrance, without muscles or ligaments being loosened or separated from their source. Through this, an evident reduction in post-operative pain and this accelerated mobility is achieved.



POSITIONING

The patient is laid on their back with padding under the pelvis, or even better, with a lowerable leg positioning apparatus under the cover of both legs, e.g. by means of a double-U-cloth.

ACCESS

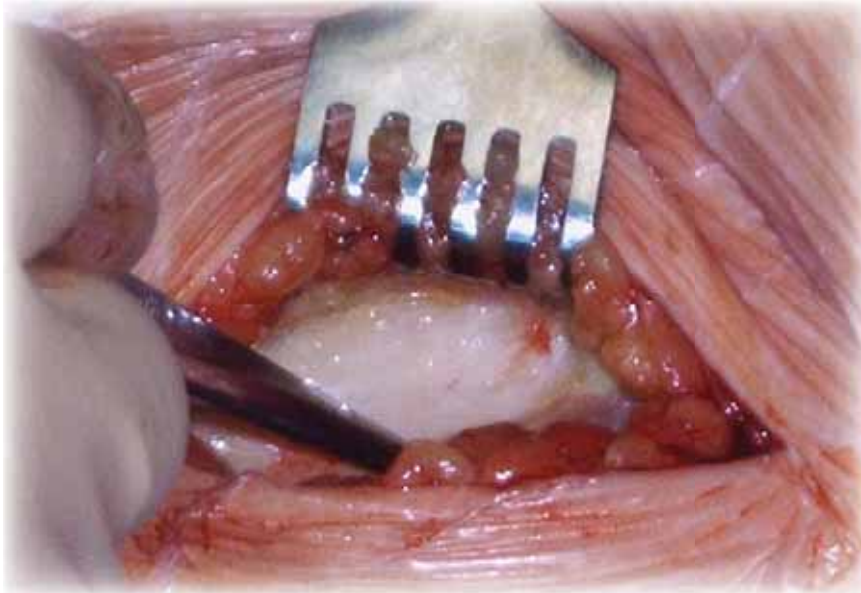
The skin incision takes place in a longitudinal direction of 2 transverse fingers distally and laterally of the Spina iliaca anterior superior.

The length of the incision corresponds to the size of the planned hip cup.



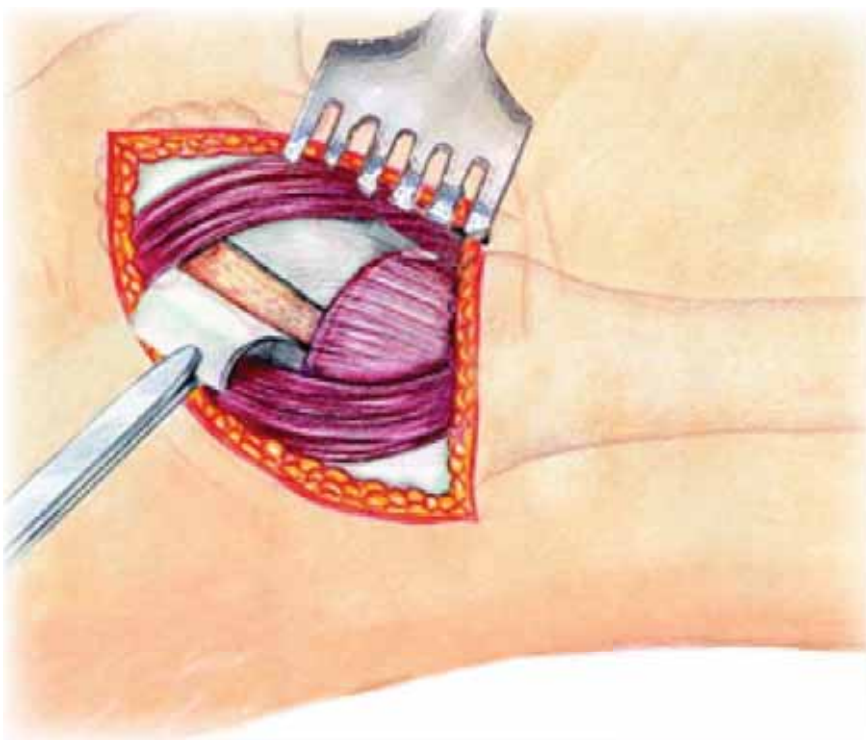
PREOPERATIVE PLANNING

To expose the joint capsule, carefully perform a blunt dissection between the M. tensor fascia latae and the M. femoris rectus.



THE SOFT TISSUE ANATOMY

Attention must be paid to the protection of the Nervus cutaneus femoris lateralis. The deep fascia is to be incised on the medial side of the M. tensor fascia latae. The identification of the joint head is most successful under blunt dissection with the index finger.



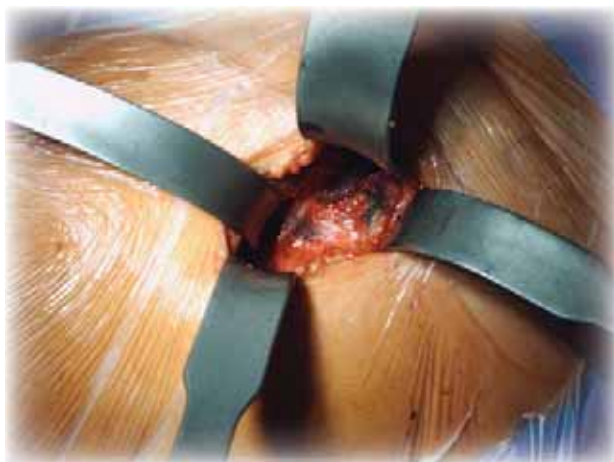


APPLYING THE RETRACTORS

The first narrow pointed retractor is placed in the lateral aspect of the trochanter major. The M. Sartorius is held in a medial direction with muscle hook. The A.V. circumflexa femoralis lateralis lies deep in the joint capsule. Two more narrow retractors are placed on the medial and the lateral femoral neck.

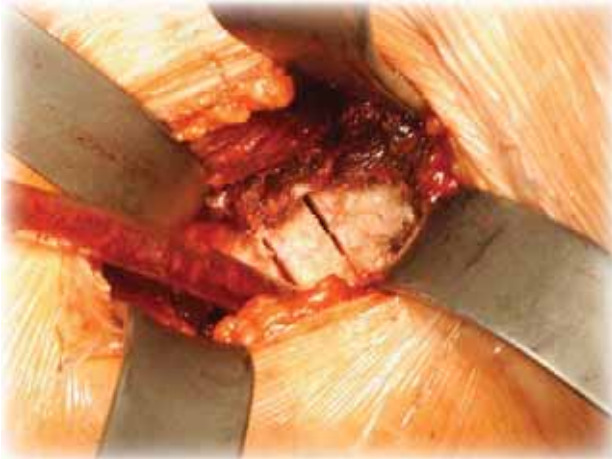
THE ANTERIOR CUP EDGE AND THE OPENING OF THE JOINT CAPSULE

Upon display of the front edge of the cup after disconnecting the A.V. circumflexa fem. lat. between ligatures, an incision is made between the two origin heads of the M. femoris rectus. If necessary, the Lig. reflectum of the M. femoris rectus can be split. Subsequently, a broad retractor is placed under the M. rectus on the front edge of the acetabulum. The display of the M. fem. rectus is achieved by bending the hip joint. For the preparation of the femoral neck, make an H-shaped incision in the joint capsule with the pointed bent electrocauter. Now the medial and lateral retractors can be converted intra-articularly.



THE FEMORAL NECK OSTEOTOMY

The osteotomy of the femoral neck is accomplished as a double osteotomy. The first cut takes place in accordance with the preoperative planning, along the Linea intertrochanterica, and the second cut is made 1cm medial to it. Now the femoral neck disc can be removed after detaching it from the dorsal capsule tissue.



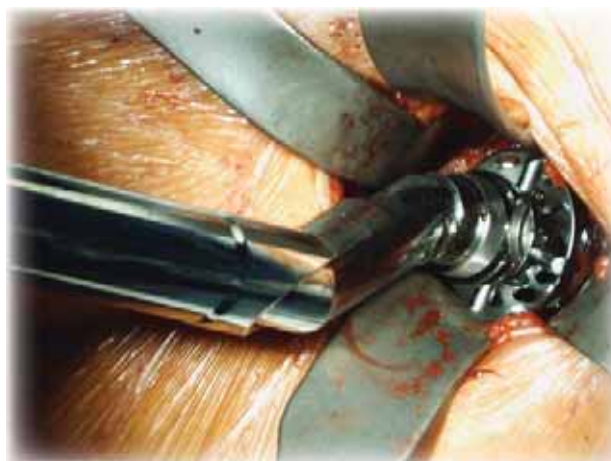
THE HEAD EXTRACTION

The femoral head extraction then takes place in the conventional way, using a corkscrew extractor.



THE ACETABULUM PREPARATION

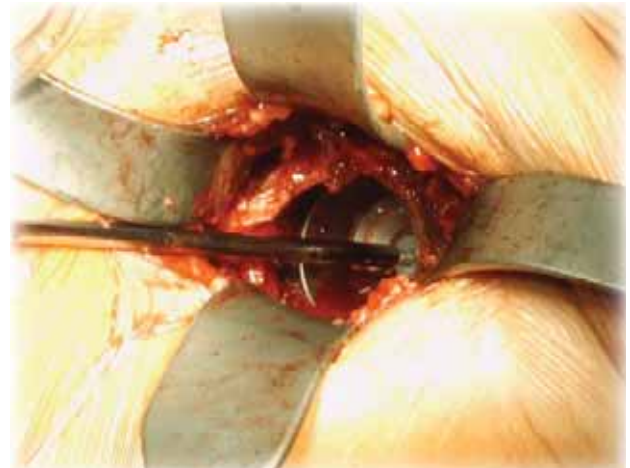
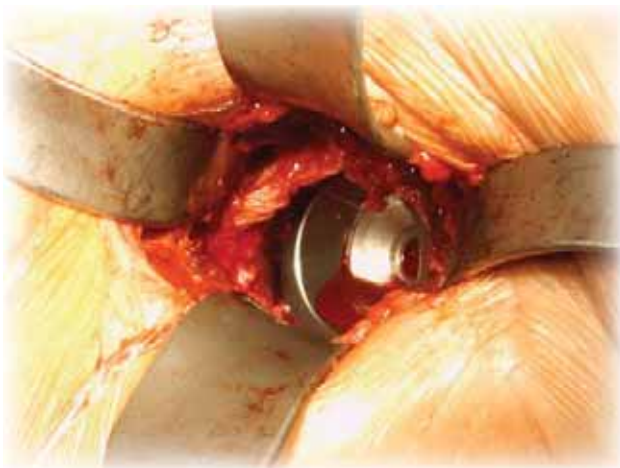
After implementing the retractors laterally behind the Os ilieum, ream the acetabulum up until the surface is sufficiently spongy using the side-specific dorsal acetabular hook with the doubly curved reamer, medially behind the medial edge of the hip cup.





THE IMPLANTATION OF THE CUP

With the help of the curved setting instrument, the cup is placed and impacted according to the last used reaming size, and then the base closure screw is inserted and fixed.



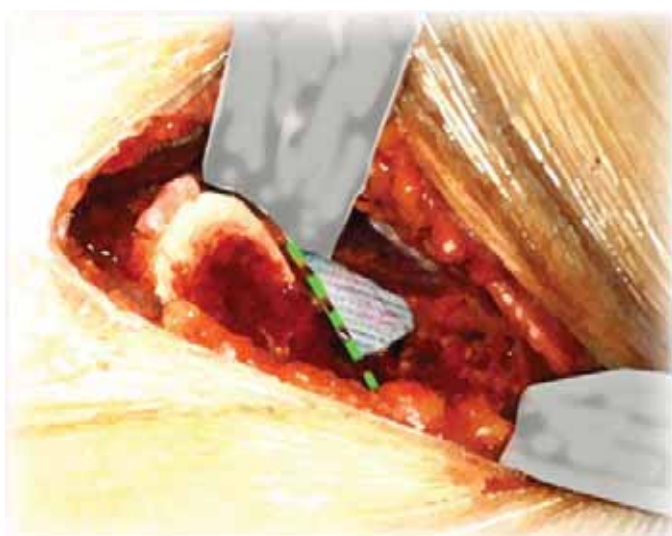
PLACING OF THE CUP INSERT

Once the cup is correctly seated, the ceramic or PE-inlay with or without a 10° shoulder is now impacted.



EXPOSITION OF THE FEMUR

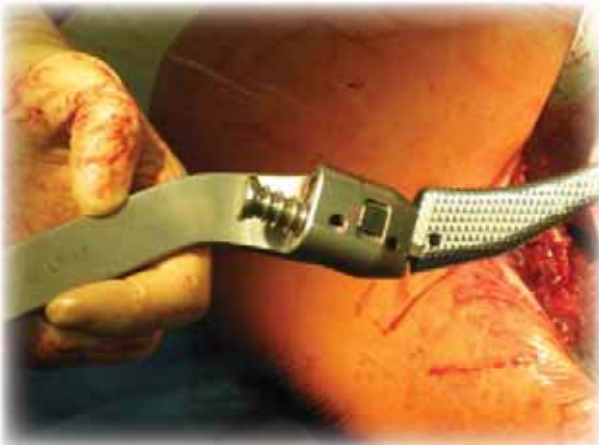
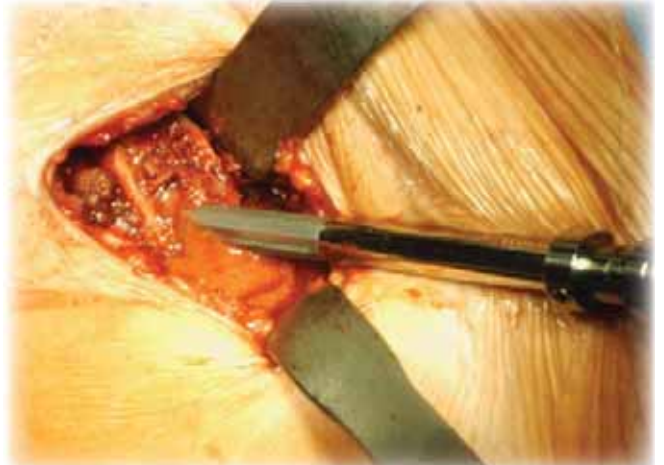
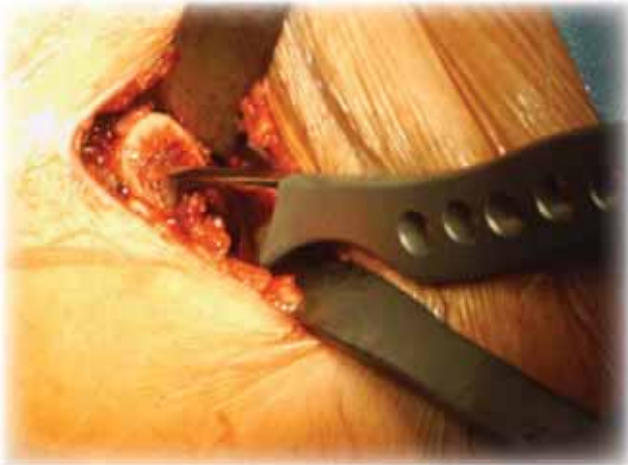
For the representation of the femoral medullary cavity entrance, the equilateral pelvis should be supported or the legs should be lowered, and the leg which is being operated on should be reduced and externally rotated. The stretched position of the knee should be respected here, in order to reduce the course of the Tractus iliotibialis. The dorsal joint capsule is mobilized or replaced. In rare cases it can be necessary to release the obturatorius internus and gemelli in order to achieve sufficient exposure. Subsequently, the femur is raised with a retractor and the femoral elevator is set under the greater trochanter.





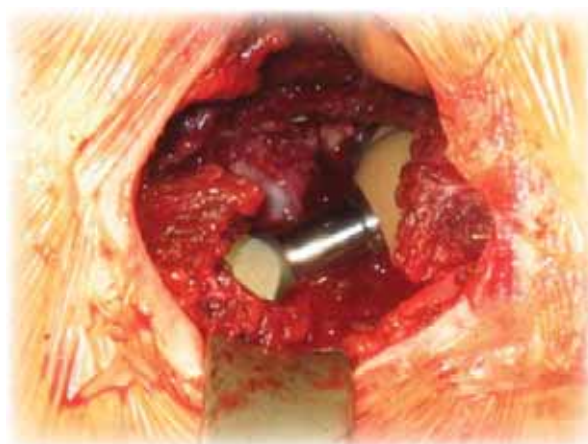
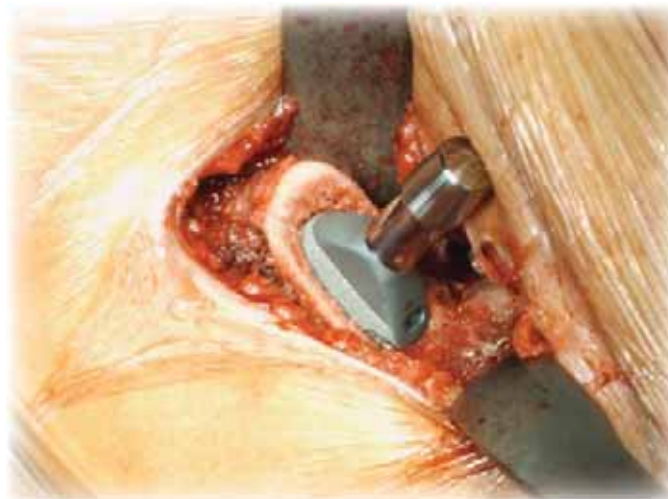
THE FEMUR PREPARATION

After opening the medullary cavity with the box chisel (and then optionally with the femoral awl), prepare it gradually with the EcoFit® broach using the GIS®-Broach Handle.



STEM IMPLANTATION

After performing a test run with the final broach as a trial in order to determine the stem size, the EcoFit® stem of the appropriate size is implanted, either with a cemented or a cementless technique, and then the femoral head of the appropriate neck length is set in place.



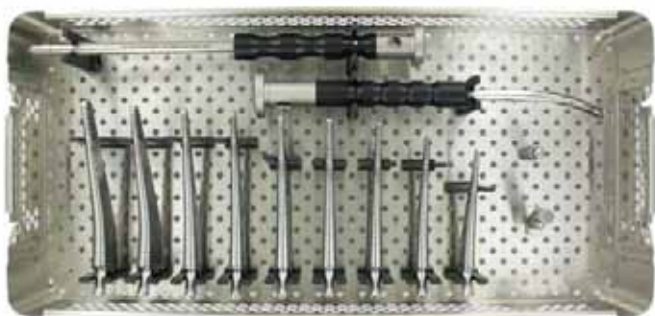


ADVANTAGES OF MINIMALINVASIVE TECHNIQUE

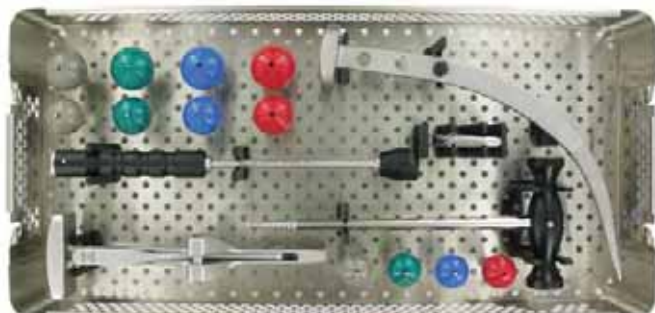
- minimal damage to soft tissues
- significant reduction in pain
- shorter ward stay
- reduction in costs
- reduction of blood loss
- reduced risk of luxation in comparison to other approaches
- easy preparation



INSTRUMENTS STEM SYSTEMS



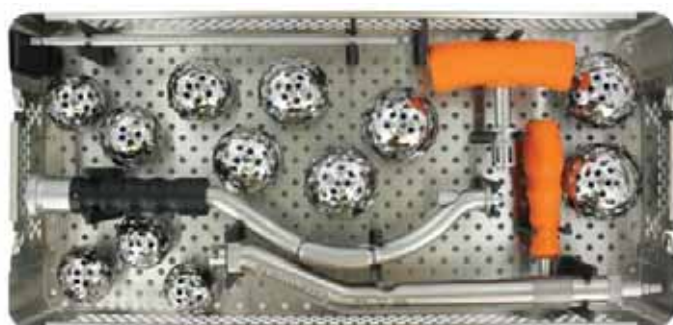
7999-7047
DAA EcoFit® container



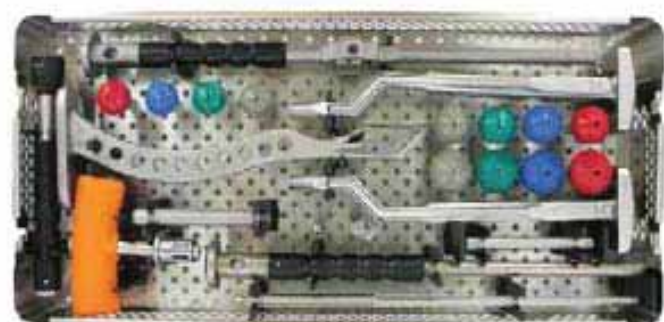
7999-7048
DAA EcoFit® basic container



8007-7996
DAA Aida® container



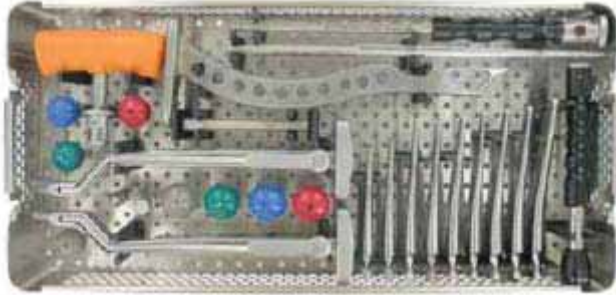
7999-0800
GIS® acetabulum reamer container
with curved cup impactor



8004-9001
Actinia® GIS® container



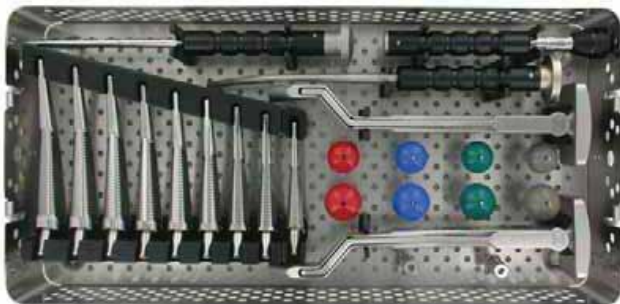
INSTRUMENTS STEM SYSTEMS



7999-7049
EcoFit® easy lock GIS® container

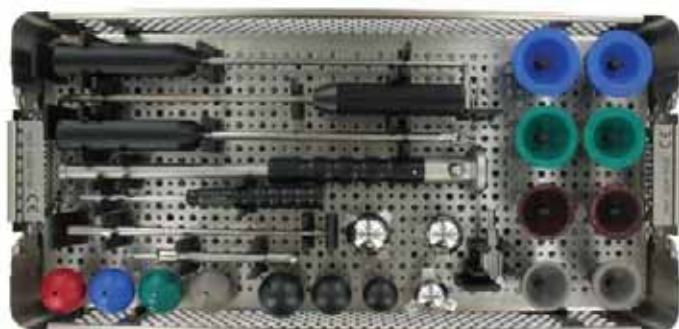


8006-7996
AJS® snap lock GIS® container



8007-7997
Aida® easy lock GIS® Container

INSTRUMENTS CUP SYSTEMS



0220-1136
EcoFit® cup GIS® container
36mm (top)



0220-1136
EcoFit® cup GIS® container
36mm (bottom)

INSTRUMENTS ACCESSORIES



7999-7514
GIS® retractor container



INSTRUMENTS CONTAINER 7999-7047

stem impactor
3039-0109



stem impactor angulate
7512-2022



**EcoFit® trial neck
lateralised**
7040-1214



**EcoFit® trial neck
standard**
7039-1214



EcoFit® broach

7039-3062	6,25 mm
7039-3075	7,50 mm
7039-3087	8,75 mm
7039-3100	10,00 mm
7039-3112	11,25 mm
7039-3125	12,50 mm
7039-3137	13,75 mm
7039-3150	15,00 mm
7039-3175	17,50 mm



INSTRUMENTS CONTAINER 7999-7048

DAA medullary opening broach blank
7512-0082



DAA broach handle
7512-0085



head impactor long
7512-0080



ic- head extractor
7512-4450



modular box chisel
7512-0081



trial head snap taper 12/14mm

- 7962-2800 28mm, short
- 7962-2805 28mm, medium
- 7962-2810 28mm, large
- 7962-2815 28mm, extra large
- 7962-3200 32mm, short
- 7962-3205 32mm, medium
- 7962-3210 32mm, large
- 7962-3215 32mm, extra large
- 7962-3600 36mm, short
- 7962-3605 36mm, medium
- 7962-3610 36mm, large
- 7962-3615 36mm, extra large



INSTRUMENTS CONTAINER 8007-7996

stem impactor
7512-2000



Aida® awl bowed
8007-1024



Aida® trial neck lateralised
8007-1040



Aida® trial neck standard
8007-1039





Aida® broach modular

8007-1000	size	0
8007-1011	size	1
8007-1012	size	2
8007-1013	size	3
8007-1014	size	4
8007-1015	size	5
8007-1016	size	6
8007-1017	size	7
8007-1018	size	8



INSTRUMENTS CONTAINER 7999-0800

acetabulum reamer solid section

7512-1746	Ø 46mm
7512-1748	Ø 48mm
7512-1750	Ø 50mm
7512-1752	Ø 52mm
7512-1754	Ø 54mm
7512-1756	Ø 56mm
7512-1758	Ø 58mm
7512-1760	Ø 60mm
7512-1762	Ø 62mm
7512-1764	Ø 64mm
7512-1766	Ø 66mm
7512-1768	Ø 68mm



cup impactor curved constrained

2950-0606



ic adapter with hexagon ball

8 mm

7512-3608



ic- T-handle Zimmer-Jakobs

4223-0023



**offset handle for acetabulum
reamer GIS®**
7512-1700



INSTRUMENTS CONTAINER 8004-9001

**Actinia® broach handle easy lock
GIS®**
8004-9030 right
8004-9035 left



cross bar tapered 10mm
7513-9999



coupled stem impactor
8004-9032



coupled stem impactor part 5
8004-903205



universal stem impactor
8004-9031



ic T-handle Zimmer-Jakobs
4223-0023



femoral reamer straight size 1
7516-0005





box chisel
7512-1099

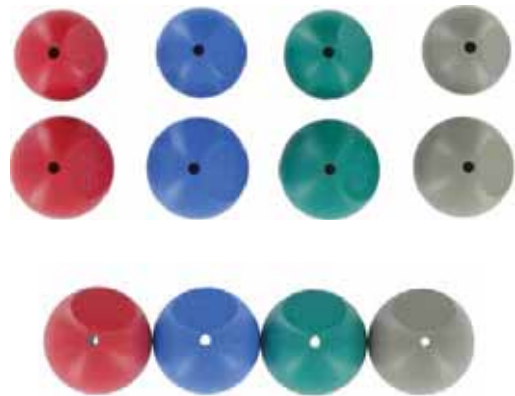


Actinia® trial neck
8004-9028 standard
8004-9029 lateralised



trial head snap taper
12/14

- | | |
|-----------|-------------------|
| 7962-2800 | 28mm, short |
| 7962-2805 | 28mm, medium |
| 7962-2810 | 28mm, large |
| 7962-2815 | 28mm, extra large |
| 7962-3200 | 32mm, short |
| 7962-3205 | 32mm, medium |
| 7962-3210 | 32mm, large |
| 7962-3215 | 32mm, extra large |
| 7962-3600 | 36mm, short |
| 7962-3605 | 36mm, medium |
| 7962-3610 | 36mm, large |
| 7962-3615 | 36mm, extra large |



head impactor
7512-4444



INSTRUMENTS CONTAINER 7999-7049

EcoFit® broach

7039-3062	6,25mm
7039-3075	7,5mm
7039-3087	8,75mm
7039-3100	10mm
7039-3112	11,25mm
7039-3125	12,5mm
7039-3137	13,75mm
7039-3150	15mm
7039-3175	17,5mm

(The EcoFit® broach 20mm (REF 7039-3200) is available on request).



EcoFit® broach handle easy lock GIS®

7512-0048 right
7512-0049 left



cross bar tapered 10mm

7513-9999



ic T-handle Zimmer-Jakobs

4223-0023



femoral reamer straight size 1

7516-0005



box chisel

7512-1099



EcoFit® trial neck

7039-1214 standard
7040-1214 lateralised



head impactor

7512-4444





trial head snap taper 12/14

7962-2800	28mm, short
7962-2805	28mm, medium
7962-2810	28mm, large
7962-2815	28mm, extra large
7962-3200	32mm, short
7962-3205	32mm, medium
7962-3210	32mm, large
7962-3215	32mm, extra large



stem impactor
3039-0109



INSTRUMENTS CONTAINER 8006-7996

GIS® broach handle snap lock left
7512-0505



GIS® broach handle snap lock right
7512-0510



head impactor
7512-4444



stem impactor
3039-0103



universal broach 5mm anatomic
8005-1605

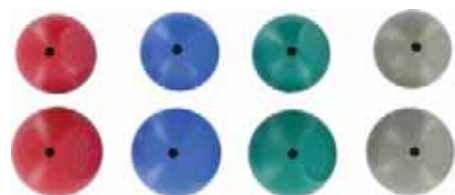


box chisel
7512-1099



trial head snap, taper 12/14

7962-2800	28 mm, short
7962-2805	28 mm, medium
7962-2810	28 mm, long
7962-2815	28 mm, extra long
7962-3200	32 mm, short
7962-3205	32 mm, medium
7962-3210	32 mm, long
7962-3215	32 mm, extra long



INSTRUMENTS CONTAINER 8007-7997

Aida® broach handle easy lock GIS®

7512-0014 right
7512-0015 left



Aida® trial neck

8007-1039 standard
8007-1040 lateralised



Aida® awl bowed

8007-1024



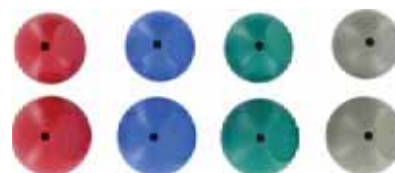
stem impactor

7512-2000



trial head snap taper, 12/14

7962-2800 28mm, short
7962-2805 28mm, medium
7962-2810 28mm, long
7962-2815 28mm, extra long
7962-3200 32mm, short
7962-3205 32mm, medium
7962-3210 32mm, long
7962-3215 32mm, extra long



Aida® broach modular

8007-1000 Größe 0
8007-1011 Größe 1
8007-1012 Größe 2
8007-1013 Größe 3
8007-1014 Größe 4
8007-1015 Größe 5
8007-1016 Größe 6
8007-1017 Größe 7
8007-1018 Größe 8



head impactor

7512-4444





INSTRUMENTS CONTAINER 0220-1136

trial shell

2950-2346	Ø 46mm
2950-2348	Ø 48mm
2950-2350	Ø 50mm
2950-2352	Ø 52mm
2950-2354	Ø 54mm
2950-2356	Ø 56mm
2950-2358	Ø 58mm
2950-2360	Ø 60mm
2950-2362	Ø 62mm
2950-2364	Ø 64mm
2950-2366	Ø 66mm
2950-2368	Ø 68mm



shell impactor

0282-0020



handle curved

7512-2202



positioner PE Liner 10°

0282-0003	Ø 28mm
0282-0004	Ø 32mm
0282-0036	Ø 36mm



impactor for cup insert

0282-0002	Ø 28mm
0282-0007	Ø 32mm
0282-0009	Ø 36mm



trial head snap taper, 12/14

7962-3600	36mm, short
7962-3605	36mm, medium
7962-3610	36mm, long
7962-3615	36mm, extra long



trial insert 0°

0225-2839 Ø 28/39mm
 0225-3239 Ø 32/39mm

0225-3244 Ø 32/44mm
 0225-3248 Ø 32/48mm
 0225-3252 Ø 32/52mm

0225-3644 Ø 36/44mm
 0225-3648 Ø 36/48mm
 0225-3652 Ø 36/52mm



trial insert extractor

1260-0009



screw driver straight long 3,5mm

0280-1006



flexible screw driver 3,5mm

0270-1002



plug remover

0220-1011



angled drill guide 3,2mm

0282-1001



drill bit 3,2mm

0282-1005 56mm
 0282-1070 70mm



flexible drill shaft

0282-1000



depth gauge

0282-1007





INSTRUMENTS CONTAINER 7999-7514

GIS® trochanter retractor
7512-0926



GIS® retractor narrow blunt
7512-0923



GIS® retractor wide
7512-0922



GIS® retractor narrow 2x
7512-0921



GIS® acetabulum retractor right
7512-0924



GIS® acetabulum retractor left
7512-0925





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