

Dose saving in Angiography



February 2020

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Dose saving in

Interventional Radiology

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Artis zee in Neuro interventions Significant dose reduction with low dose protocol



NORTHWESTERN UNIVERSITY SCHOOL OF MEDICINI

DAP per low dose procedure



Downloaded from http://jnis.bmj.com/ on April 9, 2016 - Published by group.bmj.com

ORIGINAL RESEARCH

Subjective and objective evaluation of image quality in biplane cerebral digital subtraction angiography following significant acquisition dose reduction in a clinical setting

Neuroimaging

Intelligently' have been developed to raise aware-

ness regarding the need for development of techni-

ques to reduce unnecessary radiation dose.2-

Conversely, excessive reduction of radiation dose

can result in poor image quality and noise, degrad-

ing the diagnostic value of the examination and

potentially placing a patient at risk for repeat or

additional diagnostic studies with or without

Different technical and procedural methods have

been introduced to reduce radiation exposure and

to develop low dose protocols in neurointerven-

tional examinations, after which the diagnostic

However, several questions remain with respect to

clinical implementation, such as scale of dose reduc-

tion, image quality and noise, reproducibility, and

flexibility for operators and technicians to reduce

dose in complicated and long neurointerventional

Our purpose in this study was to investigate the

feasibility of minimizing radiation exposure dose by

simply decreasing the detector dose during routing

cerebral biplane DSA. Additionally, we evaluated

the comparative level of image quality with expos-

ure dose reduction using both subjective and

imaging value was demonstrated to be preserved.

Amir R Honarmand, ¹ Ali Shaibani, ^{1,2,3} Tamila Pashaee, ⁴ Furgan H Syed, Michael C Hurley, 1,2 Christina L Sammet, 1,3 Matthew B Potts, 1,2 Babak S Jahromi, 1,2 Sameer A Ansari^{1,2,5}

radiation.

procedures.

objective methods.

Image acquisition

METHODS

1 Department of Radiology ARSTRACT Objective Different technical and procedural methods

methods

Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA ²Department Neurological Surgery, Northwestern University Feinberg School of Medicine, Chicago, Illinois,

Department of Medical Imaging, Ann and Robert H Lurie Children's Hospital of

Chicago, Chicago, Illinois, USA ⁴School of General Studies, Columbia University. New York, New York, USA

dose of 3.6 and 1.2 µGy/frame were selected to acquire ³Department of Neurology. Northwestern University standard dose (SD) and low dose (LD) images, Feinberg School of Medicine, respectively. Subjective image quality assessment was Chicago, Illinois, USA performed by two neurointerventionalists using a 5 point scale. For objective image quality evaluation, circle of Correspondence to

Dr S A Ansari, Departments of Radiology, Neurology, and Neurological Surgery, Northwestern University

Accepted 8 March 2016

observers performed arterial diameter measurements in each category. Only image series obtained from VA Feinberg School of Medicine. 676 N St Clair, Suite 800, injections opacifying the identical posterior intracranial

Chicago, IL 60611-2927, USA; circulation were utilized for objective assessment. s-an sari@northwestern.edu Results No significant difference between SD and LD Received 19 January 2016 images was observed in subjective and objective image quality assessment in 22 image series obtained from 10 Revised 4 March 2016

natients. Mean reference air kerma and kerma area. product were significantly reduced by 61.28% and 61.24% in the LD protocol, respectively. Conclusions Our study highlights the necessity for

reconsidering radiation dose protocols in neurointerventional procedures, especially at the level of baseline factory settings.

have been introduced to develop low radiation dose

protocols in neurointerventional examinations. We

investigated the feasibility of minimizing radiation

exposure dose by simply decreasing the detector dose

of image quality using both subjective and objective

diagnostic cerebral DSA, randomly selected vertebral

arteries (VA) and/or internal carotid arteries and their

contralateral equivalent arteries were injected. Detector

Willis vessels were categorized into conducting, primary,

secondary, and side branch vessels. Two blinded

during cerebral DSA and evaluated the comparative level

Methods In a prospective study of patients undergoing

INTRODUCTION In adult and pediatric populations, fluoroscopically

Following institutional review board approval and after obtaining informed consent, we performed a prospective study on patients undergoing diagnostic cerebral DSA using a biplane flat detector angiography suite (Artis Zee Flat Detector Biplane-Angiosuite, Siemens, Forchheim, Germany). Standard dose DSA images were acquired using predefined manufacturer factory settings with a

detector dose of 3.6 µGy/frame. By manually redu-

guided neurointerventional procedures have been cing the detector dose to 1.2 µGy/frame, low dose

Honarmand et al. J Neurointerv Surg. 2017 Mar;9(3):297-301.

- Standard vs. low dose protocol
- **Diagnostic cerebral DSA**
- 10 patients
- DAP with standard dose protocol:
- 1 083 µGym²



Artis zee in Neuro interventions Less dose than other vendors



7.03 µGym²/ frame

DAP Siemens Diagnostic neuro DSA Michigan

50 µGym²/ frame

DAP other vendors Diagnostic neuro DSA's for conventional systems



* Source: Söderman et al., Radiation dose in neuroangiography using image noise reduction technology: a population study based on 614 patients, Neuroradiology (2013).

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Artis Q in Neuro interventions Improved image quality at comparable dose

Artis Q

Visionary intervention

Severe stenosis of the left middle cerebral artery.			
Tube voltage:	69 kV		
FOV:	42 cm		
Frames:	24 cm		
DAP:	5.65 μGym²/f		
Detector dose:	0.8 μGy/f		



www.siemens.com/artis-q-masterpieces





Prof. Dr. med. Martin Skalej, University of Magdeburg, Germany

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Artis zee in TACE Low dose levels in complex procedures





Total DAP per procedure

13 689 μGym²

Average value in TACE DAP: 19 943 µGym²*

ECR 2016 / C-1983

Radiation dose tracking for patients undergone to high-dose procedures in Interventional Radiology in a Hospital with a Medical Physic Unit (MPU) and in one without it

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Congress: ECR 2016 Poster No.: C-1983 Educational Exhibit

Type:

- Keywords: Cancer, Aneurysms, Stents, Physics, Chemoembolisation, Fluoroscopy, Catheter arteriograp Radioprotection / Radiation dose, Radiation physics, Interventional vascular
- A. Masarà¹, G. LAURICELLA², E. De Bellis¹, A. Trianni¹; ¹Udine/IT, ²Pordenone/IT Authors: 10.1594/ecr2016/C-1983 DOI:

DOI-Link: http://dx.doi.org/10.1594/ecr2016/C-1983

Learning objectives

Aim of this study is to evaluate patient dose in two common endovascular interventional procedures and to compare the different practice in two different hospitals (Udine University Hospital and Pordenone Hospital). The selected procedures are the Transarterial Chemoembolization (TACE) and Endovascular Aortic Repair (EVAR) for Abdominal Aortic Aneurysm (AAA). We investigated all the factors that could affect patient dose (systems' performances, procedure's complexity, workflow, etc) ... Read more

Background

Dood more

TACE and EVAR are two of the most common endovascular interventional procedures. They are both considered high dose procedures, because of their high complexity which is often related to long exposure times and, consequently, to high levels of radiation dose to the patient. TACE is considered the standard treatment for intermediate-stage Hepatocellular carcinoma (HCC) , which is defined as an extensive multifocal disease without vascular invasion in patients with preserved liver functions and ...

Fig. 3: TACE

Fig. 1: EVAR

Masarà et al. ECR 2016 / C-1983.



- 129 patients ٠
- Total DAP values: 2 321 μ Gym² to 83 723 μGym²

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Artis Q in UFE Unique dose saving possibilities







Uterine Fibroid Embolization (UFE) and Radiation Exposure in the year 2015: The potential for dose-reduction applying the new Siemens Artis Q technology.

Poster No.:	C-0159
Congress:	ECR 2015
Type:	Scientific Exhibit
Authors:	C. M. Sommer, M. Klapp-Oliger, A. Hatopp, S. Erpenbach, K. Thomas, P. Kurz, G. M. Richter, Stuttgart/DE
Keywords:	Pelvis, Genital / Reproductive system female, Interventional vascular, Catheter arteriography, Fluoroscopy, Percutaneous, Embolisation, Radiation safety, Technical aspects, Dosimetric comparison, Neoplasia
DOI	10 1594/ecr2015/C-0159

Aims and objectives

To evaluate the potential for dose-reduction of uterine fibroid embolization (UFE) applying the new Siemens Artis Q technology.

Methods and materials

From 02/2014-11/2014, all patients undergoing UFE applying the new Siemens Artis Q technology were included. Artis Q technology is an angiography system consisting of a powerful X-ray tube and a high-dynamic range detector. Indications for UFEs were obtained after interdisciplinary consultation and informed consent. All UFEs were performed as standardized bilateral embolization procedures according to a specific treatment plan (e.g. "low-dose petivis" angiography preset, specified image frames for angiography and stasis in the uterine artery as embolization endpoint) from experienced interventional radiologists (>10 years experience). Patient demographics and radiation exposure (using the automatically generated examination protocol) were analyzed. For classification of our data, a systematic review of published data was performed (search strategy: MEDLINE as database and "uterine fibroid embolization" as search term for primary selection, reference list of relevant articles for additional selection).

Sommer et al. ECR 2015 / C-0159.

- Standard bilateral embolization procedures
- 24 patients
- Average DAP of comparable studies
 (literature reviewed in this study): 15 327
 μGym²





1 444 μGym²

Artis Q in UFE Dose values significantly below expert proposals



Uterine Fib in the year the new Sie	roid Embolization (UFE) and Radiation Expos 2015: The potential for dose-reduction applyin mens Artis Q technology.
Poster No.:	C-0159
Congress:	ECR 2015
Туре:	Scientific Exhibit
Authors:	C. M. Sommer, M. Klapp-Oliger, A. Hatopp, S. Erpenbach, K. Thomas, P. Kurz, G. M. Richter; Stuttgart/DE
Keywords:	Pelvis, Genital / Reproductive system female, Interventional vascular, Catheter arteriography, Fluoroscopy, Percutaneous, Embolisation, Radiation safety, Technical aspects, Dosimetric comparison, Neoplasia
DOI:	10.1594/ecr2015/C-0159

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Median DAP per procedure

Klinikum Stuttgart



Sommer et al. ECR 2015 / C-0159.

Recommendations of the 5th Radiological Gynecological Expert Meeting



Average DAP per procedure

< 5 000 µGym²

Kröncke et al. Geburtshilfe Frauenheilkd. 2015 May; 75(5): 439-441.

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Artis zee in PAE Dose clearly below average values

Total DAP [µGy·m²]	With syngo DynaCT	Without syngo DynaCT
Axiom Artis dTA	27 002	20 985
Artis zee	16 609	12 683
Dose reduction with Artis zee	\checkmark	\checkmark

Nigel Hacking et al., ESIR 2016, oral presentation.

Typical value in PAE DAP: 76 345 μGym²*



Dr. Nigel Hacking (UK) at ESIR (European School of Radiology) in November 2016





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Artis zee in Coronary Artery Disease Less dose compared to other vendor (intra-study)





Median DAP per procedure

5 560 μGym²

Literature-based average DAP: 12 200 μGym²*

Heart, Lung and Circulation (2016) 25, 668-675 1443-9606/04/\$36.00 http://dx.doi.org/10.1016/j.htc.2015.08.023

ORIGINAL ARTICLE

Impact of New-generation Hybrid Imaging Technology on Radiation Dose during Percutaneous Coronary Interventions and Trans-femoral Aortic Valve Implantations: A comparison with conventional flat-plate angiography

John E. Boland, MSc^a, Louis W. Wang, MBBS, MM, FRACP^{a,b}, Bernard J. Love, MHSc^a, Marino Christofi, BAppSc^a, David W.M. Muller, MBBS, MD, FRACP, FACC^{a,b*}

"Department of Cardiology, St Vincent's Hospital, Sydney, NSW, Australia Wictor Chang Cardiac Research Institute, Sydney, NSW, Australia Received 9 August 2015; accepted 23 August 2015; online published eland-of-print 2 February 2011

- Background Technological advancements in newer-generation catheterisation laboratories may reduce patient and occupational radiation exposure.
- Methods We compared fluoroscopy time and dose-area product (DAP) between a Philips Allura X-PER FD20 and Siemens Artis Zeego Hybrid systems for 47 single-vessel percutaneous coronary interventions (PC) and 35 transcatheter aortic valve implantations of 21 Cerevalve, 14 Edwards Septem TAVD using the FD20, versus 30 PCI and 28 TAVI (15 Cerevalve, 13 Sapier) with the Zeego over a 24-month period.
- Results
 Multivariate analysis revealed dat, adjusting for patient weight and fluorescopy time, DAP (median, interquartile range) was 26% lower for PCI with the Zeego than the FD20 [55.6 (27:04).5) vs 77.6 (51:2129:1) Gy.cm², P.003) and using tomographic maging with the Zeego did not increase DAP for TAVI procedures [98.1 (65:3126.6) vs 112.4 (64:9156.2) Gy.cm² (28:35). Although fluorescopy times were longer for TAVI procedures than PCI with the shystems (22:34 vs 7:34/2mins, pc:0000), there was a significant difference in DAP between PCI and combined TAVI with the Zeego (35.6 vs 112.4 Gy.cm² P-0000) but not with the FD20 (7.6 vs 98.1 (Cy.cm² J p-NS).
- Conclusion Specific dose-reducing features of the new-generation system reduced DAP more for PCI than TAVI, as valve replacement procedures use additional cine-acquisition not necessary for PCI.
- Keywords Radiation Cardiac catheterisation Percutaneous coronary intervention Transcatheter aortic valve replacement • Coronary angiography • Structural heart intervention

"Corresponding autor at: Catalia: Catherination: Laboratories, 51 Vincosti 5 Public and Private Hospitals, 200 Vincosia Senet, Darlinghout NSW 2010. Tel: +14 2 R68 223 (Fr, evi 61 N62 2007, Brail: distribution for constraints and the catalia: Society of Australia and New Zealand (CSNZ). Published by Elsevi 10. All right neurons.

Boland et al. Heart Lung Circ. 2016 Jul;25(7):668-75.

- Siemens vs. other vendor
- Single-vessel percutaneous coronary interventions (PCI)
- 47 patients



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Artis zee in Congenital Heart Disease Less dose compared to other vendors

Pediatric Cardiology June 2014, Volume 35, <u>Issue 5</u>, pp 870–878

Patient Radiation Exposure in a Modern, Large-Volume, Pediatric Cardiac Catheterization Laboratory

Authors

Authors and affiliations

JACC: CARDIOVASCULAR INTERVENTIONS © 2014 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION PUBLISHED BY ELSEVIER INC. VOL. 7, NO. 9, 2014 ISSN 1936-8798/\$36.00 http://dx.doi.org/10.1016/j.jcin.2014.04.013

RADIATION SAFETY

Radiation Dose Benchmarks During Cardiac Catheterization for Congenital Heart Disease in the United States

Sunil J. Ghelani, MD,* Andrew C. Glatz, MD, MSCE,† Sthuthi David, BS,* Ryan Leahy, MD, MS,‡ Russel Hirsch, MD,§ Laurie B. Armsby, MD,|| Sara M. Trucco, MD,¶ Ralf J. Holzer, MD, MSc,# Lisa Bergersen, MD, MPH*

	DAP [mGy·m²]	PDA closure	ASD closure	Pulmonary valvuloplasty	Aorta coarctation	
A	Other vendors (average value)	700	2100	700	2900	
	Artis zee	352	1038	405	484	
	Dose reduction with Artis zee	\checkmark	\checkmark	\checkmark	\checkmark	

Ghelanie et al. JACC Cardiovasc Interv. 2014 Sep;7(9):1060-1069.

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Artis zee in Arrhythmias Significant dose savings with ultra-low dose protocol



Deutsches Herzzentrum München des Freistaates Bayern Klinik a. d. Technischen Universität München

Total DAP per procedure

90 μGym²

Other vendor DAP: 880 μGym^{2*}





- Low-dose protocol vs. ultra-low dose protocol
- Standard left atrial procedure
- 140 patients



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Artis zee in Arrhythmias Significant dose savings with ultra-low dose protocol









Other vendor DAP: 568 µGym²



Radiation Reduction Capabilities of a Next-Generation Pediatric Imaging Platform

Luke J. Lamers1 · Martine Moran1 · Jenna N. Torgeson1 · John S. Hokanson

Received: 20 March 2015 / Accepted: 9 July 2015 © Springer Science+Business Media New York 201:

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Medicine and Public Health, H6/516D Clinical Science

Center, 600 Highland Avenue, Madison, WI 53792-4108,

Abstract The aims of this study were to quantify patient radiation exposure for a single interventional procedure during transition from an adult catheterization laboratory to a next-generation imaging system with pediatric settings, and to compare this radiation data to published benchmarks. Radiation exposure occurs with any X-ray-directed pediatric catheterization. Technologies and imaging techniques that limit dose while preserving image quality benefit patient care. Patient radiation dose metrics, air kerma, and dose-area product (DAP) were retrospectively obtained for patients <20 kg who underwent patent ductus arteriosus (PDA) closure on a standard imaging system (Group 1, n = 11) and a next-generation pediatric imaging system (Group 2, n = 10) with air-gap technique. Group 2 radiation dose metrics were then compared to published

the radiation reduction capabilities of a next-generation pediatric imaging platform. The true benefit of this dose reduction will be seen in patients requiring complex and often recurrent catheterizations

(CrossMark

Keywords Radiation reduction · Pediatric catheterization · Angiography

Introduction

Cardiac catheterization plays a vital role in the clinical management of natients with congenital heart disease. A known risk of any X-ray-directed cardiac catheterization procedure is radiation exposure which is particularly relebenchmarks. Patient demographics, procedural technique, vant in vulnerable pediatric patients [3, 7]. There are PDA dimensions, closure devices, and fluoroscopy time increasing numbers of reports documenting benchmark dose were similar for the two groups. Air kerma and DAP exposure for pediatric interventional catheterization procedecreased by 65-70 % in Group 2 (p values <0.001). The dures [4, 6]. Imaging techniques and protocols are being average number of angiograms approached statistical sigstudied to obtain optimal image quality at the lowest posnificance (p value = 0.06); therefore, analysis of covarisible X-ray dose [10, 12, 13], and several quality initiatives ance (ANCOVA) was conducted that confirmed have been instituted to better understand the scope of radisignificantly lower dose measures in Group 2. This degree ation exposure and consequences in pediatric interventional of dose reduction was similar when Group 2 data (Kerma cardiology. Any technology shown to improve image quality 28 mGy, DAP 199 µGy m2) was compared to published at lower X-ray dose is beneficial to patients with congenital benchmarks for PDA closure (Kerma 76 mGy, DAP heart disease (CHD) undergoing cardiac catheterization and 500 µGy m²). This is the first clinical study documenting to staff routinely performing these procedures.

Recent years have seen concerted efforts by manufacturers to reduce the interventional radiation exposure through technological process. In this regard, systems have moved from image intensifiers (II) to flat panel detectors (FD). Within the recent year, novel imaging systems became available with FDs that increase the acquired image bit depth from 14 bit to 16 bit, as well as employing crystalline silicone instead of amorphous silicon. Both improvements offer

Lamers et al. Pediatr Cardiol. 2016 Jan;37(1):24-9.

- Siemens vs. other vendor
- Patent ductus arteriosus (PDA) closure procedures
- 21 patients



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Artis Q in Coronary Artery Disease Clear operator dose savings compared to other vendor



The Prince Charles Hospital Foundation Finding cures. Saving lives.

Median Operator dose

3 μSv Other vendor **Median Operator dose: 10 μSv**

Head-to-Head Radiation Dose and Image Quality Comparison of Two State-of-the-Art Cardiac Catheter Lab X-ray Systems

J. Crowhurst^{1,2,*}, M. Whitby¹, M. Savage^{1,2}, D. Walters^{1,2}

 ¹ The Prince Charles Hospital, Brisbane, Australia
 ² University of Queensland, Brisbane, Australia

Introduction: X-ray systems used for cardiac catheterisation aim to optimise image quality and radiation dose. This study compared two of the latest systems.

Methods: Both biplane X-ray systems (Siemens Artis Q and Philips' AlluraClarity FD10) in a single tertiary facility were compared for diagnostic coronary catheterisation procedures ± left ventriculography/ aortography over 30 days. Operators performed procedures with both systems. Procedural radiation data, patient BMI, contrast media and operator dose were collected. Image quality tests were performed with a Westmead test tool and a 200 mm Perspex phantom. Results: See table.

Conclusion: At this centre a lower skin dose and operator dose was achieved with the Siemens system. All other measures were not significantly different. Image quality tests demonstrated better high contrast resolution with the Philips system, whilst Siemens demonstrated better low contrast detectability.

Measure	Siemens Artis Q	Philips Allura	P
N-	76	99	-
BMI	28.4 (25.5-34.1)	28.7 (24.6-34.7)	0.931
Median fluoro time (minutes)	3.4 (2.1-5.7)	4.0 (2.6-5.5)	0.486
Madian abie antenno	949 /101 9200	220 (200 405)	0.026
Walters et al. Hea	irt Lung and C	irc. 2017;26(2):209

- Siemens vs. other vendor
- Diagnostic coronary catheterisation procedures

Operator dose



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References



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- Bourier et al. Europace. 2016 Sep;18(9):1406-10.
- Lamers et al. Pediatr Cardiol. 2016 Jan;37(1):24-9.
- Walters et al. Heart Lung and Circ. 2017;26(2):209.



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The keys to successful procedures





Radiation dose in medical imaging has become the focus





Distribution and development of annual per capita dose in mSv to the population from 1980 to 2006 in the USA as an example for the development in industrialized countries.

Sources and Effects of Ionizing Radiation, UNSCEAR 2008 Report. United Nations Scientific Committee on the Effects of Atomic Radiation, New York, 2010.

Procedures are getting more complex, longer and more frequent



Table 3. IO Procedere Utilization and CAGR for 2002-2008

Note.—Numbers are procedure performed per 100,000 Medicare enrollees. CAGRs are calculated for the period from the first year for which data are available to 2008. ND = no data.

Fig 8. Increase in PCI activity 1991-2011



Source; Sharon W. Kwan, MD, Robert K. Kerlan Jr, MD, Jonathan H. Sunshine, PhD, Utilization of Interventional Oncology Treatments in the United States Journal of Vascular and Interventional Radiology, Vol 21, Issue 7, Pages 1054-1060, July 2010

Source; British Cardiovascular Intervention Society; National Audit of Percutaneous Coronary Interventional Procedures Public Report; Annual Public Report January 2011 – December 2011

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Potential effects on skin from interventional procedures





Effect	Threshold dose (Gy)	Minutes fluoro at 0.02 Gy/min	Minutes fluoro at 0.2 Gy/min
Transient erythema	2	100	10
Permanent epilation	7	350	35
Dry desquamation	14	700	70
Dermal necrosis	18	900	90
Telangiectasia	10	500	50
Cataract	> 5	> 250 to eye	> 25 to eye
Skin cancer	Not known	Not known	Not known

J. Cardella, K. Faulkner, J. Hopewell, H. Nakamura, M. Rehani, M. Rosenstein, C. Sharp, T. Shope, E. Vano, B. Worgul, M. Wucherer: "Avoidance of Radiation Injuries from Medical Interventional Procedures", ICRP publication 85

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CARE+CLEAR strives to change the game



Because the general rule of X-ray says:

The higher the dose = The better the image quality

- Reducing radiation dose compromises image quality
- Improving image quality requires more powerful X-ray

Image Dose quality

What if we could lower radiation dose and get better image quality at the same time?

CARE+CLEAR strives to change the game



CARE+CLEAR technology takes **CARE** of all dosesaving, monitoring and reporting methods, and all technologies to make your images **CLEAR**.

CARE+CLEAR is our comprehensive portfolio of image-quality and dose-saving tools. It is a standard with every Artis angiography system.

Unmatched since 1994.



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CARE+CLEAR: unmatched since 1994





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CARE+CLEAR brings you ...



Artis zee biplane w/o CLEARview



1.761 μGy

Artis zee biplane with CLEARview



1.761 μGy

Prof. Dr. med. Brückmann, University of Munich, Germany

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CARE+CLEAR answers your challenges

- I want to reduce dose for patients, my team and myself
- I need to monitor dose during procedures in an easier way
- I need excellent sharpness and contrast even if objects are moving
- I need dose reports to manage my patient dose more easily
- Whether my patients are tall or short, obese or slender – I need to see
- I need image quality that fits my preferences

CARE+CLEAR

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The optimal image quality at the lowest reasonable dose with CARE+CLEAR



CARE

- Reduces dose to a minimum
- Provides dose monitoring during the procedure
- Makes dose reporting easy and structured

CLEAR

- Achieves optimized image acquisition with all patients
- Applies comprehensive image processing for excellent sharpness and contrast
- Allows image display customization

The optimal image quality at the lowest reasonable dose with CARE+CLEAR





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CARE Combined Applications to Reduce Exposure



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CAREposition

LIH

CAREposition allows patient positioning without fluoroscopy while moving the table or C-arm.





Dr. med. Philipp Kiefer, Heart Center Leipzig, Germany

CAREposition provides radiation-free patient positioning



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CAREvision



- Variable fluoro pulse rates
- From 30 p/s down to 0.5 p/s
- Low frequencies to meet individual dose-saving targets
- Patient dose reduction by lowering pulse rate during fluoroscopy
- E.g. the reduction from 30 p/s to 7.5 p/s at 70 kV results in a dose savings up to 75%



CAREvision



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Dose savings up to

CAREfilter



- Variable copper pre-filtration (0.1 mm 0.9 mm)
- Automatically set according to the absorption of the X-ray beam by the patient
- Always maintain the lowest reasonable patient entrance dose without degrading image quality
- No user interaction required



CAREprofile



On the last image hold (LIH) screen,

- Radiation-free adjustment of collimators
- Radiation-free semitransparent filter position setting



Dr. med. Philipp Kiefer, Heart Center Leipzig, Germany

Radiation-free collimation and filter setting



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Low-dose acquisition



- Low-dose protocols
- Reduced radiation during acquisition
- Can be selected from the footswitch



Dr. Niall McEniff, St. James's Hospital, Dublin, Ireland



Low-dose acquisition



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Dose savings up to

Low-dose syngo DynaCT

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- 3D imaging for especially radiosensitive patients
- Reduced dose in comparison to regular 3D protocols
- 5 sec protocol at 0.1 μ Gy/frame instead of 0.36 μ Gy/frame
- Excellent imaging results at only 0.1 mSv



72%

Dr. med. Martin Glöckler, Pediatric Cardiology Erlangen, Germany



Low-dose *syngo* DynaCT



Dose savings up to
CAREwatch

CAREwatch displays the dose area product (DAP) the air kerma rate or the air kerma¹⁾ at the interventional reference point on the live display in the examination and control rooms.

During fluoroscopy/acquisition	Without radiation
Current value of the reference air kerma rate in mGy/min	Accumulated value of the reference air kerma in mGy
Accumulated value of the reference air kerma in mGy	Accumulated dose area product in μ Gym ²

2971 mGy/min 0.95 μGym²

CAREwatch makes dose visible



CAREwatch

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¹⁾ Air kerma rate = patient entrance dose rate; air kerma = patient entrance dose

CAREguard



Three thresholds can be defined; when one threshold exceeded

- A dose skin indicator on the live display flashes
- A warning pop-up is displayed on the tableside touch screen controller (TSC)



CAREguard





¹⁾ air kerma = patient entrance dose; air kerma rate = patient entrance dose rate

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CAREmonitor



- Real-time visualization of accumulated peak air kerma¹⁾ according to current projection
- Automatic update of accumulated air kerma calculation upon every system change
- Warning message is displayed if the configured threshold has been reached in the current projection



Real-time patient entrance dose¹⁾ monitoring

→---*****

CAREmonitor

¹⁾ air kerma = patient entrance dose; air kerma rate = patient entrance dose rate

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CAREreport



CAREreport provides detailed information on the dose applied in a case in a DICOM structured overview

- Review and optimize your dose
- Be prepared for dose reporting requests
- Easily obtain base data for more detailed analysis
 - \rightarrow e.g. teamplay, CAREanalytics



CAREreport



CAREreport provides a DICOM structured dose report

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New EU-wide dose directive effective February 2018



EU countries introduce national reference levels for X-ray dose.

Challenges for interventionalists:

- Match national benchmark for dose
- Need for regular review and corrective action
- In **need of services** to fulfill the new directive



EURATOM

Defines EU-wide basic safety standards for protection against ionizing radiation.

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teamplay Dose and AT – the perfect match to optimally adhere new guidelines







Application free of charge!

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CARE Analytics



- Enhanced in-house dose reporting and assessment
- Enhanced transparency regarding dose per case
- Improved reporting on patient dose history
- Improved cross-institutional reporting



CARE Analytics





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CLEAR – A standard in all Artis systems since 1994



SIEMENS

Healthineers

CLEARpulse



- The new, grid-pulsed flat emitter technology allows short pulses with steep edges
- Moving objects can be visualized with fewer blurring artifacts
- Sharper images and optimized dose



¹⁾ Product Claims for Artis Q/Q.zen

Shorter pulses up to

CLEARcontrol

- Enhanced image creation process with unique histogram analysis
- Optimized contrast and brightness throughout the entire image
- Improved structure visualization near the diaphragm



Dr. med. Andreas M. Zeiher, University Hospital Frankfurt, Germany

CLEARcontrol optimizes image brightness and contrast



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- Select any DSA reference image as Roadmap Mask with one click
- Save dose and contrast by zoom&pan during Roadmap
- Optimized AVM treatment with Show Progress

Live image



Electronic zoom to target area





CLEARmap

CLEARmap provides fast and easy access to enhanced image quality in Roadmap



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¹⁾ Available on Artis with PURE®

Save dose & contrast with zoom & pan in RDMP





- Select any DSA reference image as Roadmap Mask with one click
- Save dose and contrast by zoom&pan during Roadmap
- Optimized AVM treatment with Show Progress

Live image



Electronic zoom to target area





CLEARmap

CLEARmap provides fast and easy access to enhanced image quality in Roadmap



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¹⁾ Available on Artis with PURE[®]

CLEARview



- Enhances overall image quality, especially when using low-dose imaging protocols
- Dose-adaptive noise reduction



Prof. Dr. med. Andreas M. Zeiher, University Hospital Frankfurt, Germany

Enhanced image quality in low-dose



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CLEARvessel



- Automatic detection of vessel edges
- Enhanced contrast and visibility of vessel edges without increasing the noise



Prof. Dr. med. Andreas M. Zeiher, University Hospital Frankfurt, Germany

CLEARvessel provides sharp vessel edges



CLEARvessel

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CLEARmotion



- Automatic detection of small structures
- Efficient compensation of motion artifacts
- Optimal visualization of small vessels and guidewires in the beating heart



Prof. Dr. med. Chapot, Alfred Krupp Hospital Essen, Germany

CLEARmotion



CLEARmotion provides efficient motion artifact compensation

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CLEARmatch¹⁾

- Optimized image-quality by next generation real-time pixel shift
- Compensation of motion with unique, industry-leading pixel-shift in six dimensions



w/o CLEARmatch

with CLEARmatch



CLEARmatch compensates for patient movement with next generation real-time pixel-shift



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Prof. Dr. med. Chapot, Alfred Krupp Hospital Essen, Germany $^{1)}$ Available on Artis with PURE $^{\circledast}$

New on Artis with PURE: CLEARmatch & CLEARmap





"CLEARmatch provides crystal-clear images; this saves a lot of time."

Johannes Weber, MD

Advanced Therapies of Diagnostic and Interventional Neuroradiology Kantonsspital St. Gallen Switzerland

CLEARchoice



- Customized image quality to your individual preferences
- Preferred image quality selection during application



Dr. med. Andreas M. Zeiher, University Hospital Frankfurt, Germany

CLEARchoice provides customized image quality



CLEARchoice

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CARE+CLEAR – The optimal image quality at the lowest reasonable dose



- Reduces dose to a minimum
- Provides dose monitoring during the procedure
- Makes dose reporting easy and structured
- Achieves optimized image acquisition with all patients
- Applies comprehensive image processing for excellent sharpness and contrast
- Allows image display customization

CARE+CLEAR: Improving image quality and optimizing dose in every Artis system





"We should be concerned about everyone's well-being. And if we can generate better images using less radiation, then it makes sense for us to do so."

Prof. Ansgar Berlis, Klinikum Augsburg



"Despite the lower dose there has been no change in the excellent quality of the angiography."

Henry Woo, M.D., Stony Brooke Medical Center, New York



"The image quality and image resolution are very good even when using the low-dose acquisition protocols." Elisa Ciceri, M.D., Neurological Institute Besta, Milano



"The biggest surprise was that Siemens is making this upgrade available gratis across the whole world. This initiative tells me that Siemens are a company unafraid to show leadership in a critical area."

David Lord, M.D., Westmead Children's Hospital, Sydney



"These days, when we have a better understanding of the connections between radiology dose and potential illness than we did previously, I think that features that enable us to reduce the dose of radiation should be provided as a matter of course. There should not even be the possibility of choosing differently just to cut costs."

Olaf Göing, M.D., Sana-Klinikum Lichtenberg



"Many interventions these days take several hours, with correspondingly long periods of x-ray exposure. Reducing the dose is essential in these cases, especially for the staff."

Prof. Thomas Albrecht, FRCR, Vivantes Klinikum Neukölln, Berlin

The statements by Siemens' customers described herein are based on results that were achieved in the customer's unique setting. Since there is no "typical" hospital and many variables exist (e.g., hospital size, case mix, level of IT adoption) there can be no guarantee that other customers will achieve the same results.

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CARE+CLEAR standard in all Artis systems for your clinical fields





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The key to lowest reasonable dose

Automatic Exposure Control

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Healthcare provision in interventional angiography is changing...





Longer exposure times



Smaller devices



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... and sticking to the A.L.A.R.A. principle is more important than ever



Reducing dose and optimizing image quality





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Siemens-unique five parameter Automatic Exposure Control





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As in a classical quintet, it's all about harmonic interaction...





... in order to avoid unbalanced results





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Angulation-dependent AEC



The key to optimal image quality and lowest reasonable dose



Siemens

5 variable parameters automatically adjustable

Other vendors

Only 3 variable parameters **manually** adjustable



*within selected organ program Advanced Therapies | AT-20-083 64 © Siemens Healthineers AG, 2020

Angulation-dependent AEC



Focal spot – big effect on image quality



Siemens 5 parameter adaption



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Selection of optimal focal spot size



The smaller the focal spot, the lower the patient entrance dose



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Selection of optimal focal spot size



The smaller the focal spot, the lower the patient entrance dose



Patient entrance dose

Angulation-dependent AEC Filtration – big effect on patient dose



Siemens 5 parameter adaption





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Angulation-dependent filtration



The key to lowest reasonable dose

In angiography, copper filters absorb low-energy X-rays to reduce patient dose



Angulation-dependent filtration



The more copper filtration, the less patient dose

Without copper filtration



With copper filtration





CAREfilter is the automatically adapting copper pre-filtration to the patient's thickness by Siemens



- Variable copper pre-filtration (0.1 mm 0.9 mm)
- Automatically set according to the absorption of the X-ray beam by the patient
- Always maintain the lowest reasonable patient entrance dose without degrading image quality
- No user interaction required



Dose reduction up to CAREfilter

Summary



The key to optimal image quality and lowest reasonable dose



- **5** parameters **automatically** optimized
- Minimized dose independent of angulation
- Optimized resolution **independent of angulation**

- 3 parameters automatically optimzed
- Unnecessary high dose for thin patients
- Loss of spatial resolution for thin patients
- Manual adaptation of parameters necessary

Other vendors

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Scientific study on AEC now released Results from University of Leuven, Belgium

IOP Publishing | Institute of Physics and Engineering in Medicine

Physics in Medicine & Biology https://doi.org/10.1088/1361-6560/aa7a9d

Phys. Med. Biol. 62 (2017) 6610–6630

IPEM Institute of Physics and Engineering in Medicine

Evaluation of automatic dose rate control for flat panel imaging using a spatial frequency domain figure of merit

Superiority now scientifically validated M Dehairs¹, H Bosmans^{1,2}, W Desmet^{3,4} and N W Marshall^{1,2}

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² Department of Radiology, UZ Gasthuisberg, Herestraat 49, 3000 Leuven, Belgium

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M Dehairs et al 2017 Phys. Med. Biol. 62 6610



Study overview



Purpose

The work compares a 3 parameter exposure control to a more flexible 5-parameter method to investigate the possible benefits of increasing AEC parameter freedom.

Methods and materials

- 1. Use of a phantom composed of 15 PMMA/aluminium plates and an iron insert
- 2. Evaluation of dose with standard 3 parameter vs. 5 parameter settings in different thicknesses

Entrance Air Kerma Rate (EAKR) significantly lower thanks to 5 controlling parameters

KU LEUVEN

→ most benefit in dose reduction visible in smaller patient thicknesses



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Healthinee

Dose efficiency as an indicator for dose reduction at constant image quality





Increase of dose efficiency over all attenuations



KU LEUVEN

Results: Comparison SDNR (u)²/EAKR (FOM)



\rightarrow 5 parameter more or as effective (as 3p) over all thicknesses

More than half the dose saved with 5 flexible parameters compared to only 3 parameters



Results: Ratio SDNR (u)²/EAKR (FOM))





M Dehairs et al 2017 Phys. Med. Biol. 62 6610

Advanced Therapies | AT-20-083 **78** © Siemens Healthineers AG, 2020 Significant increase of dose efficiency over all thicknesses



Dose efficiency increases

for all attenuations







Significant increase of dose efficiency over all thicknesses



Dose efficiency increases

for small attenuations







The benefits of a 5 parameter AEC Prof. Hilde Bosmans, KU Leuven, Belgium





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The AEC Five A perfect team for significant dose reduction





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Thank you for your enthusiasm!

Siemens Healthineers Headquarters

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