



Free T4 (FT4) Assay Reagent Kit (CMIA) Package Insert

INTENDED USE

The Free T4 (FT4) Assay Reagent Kit (CMIA) is a chemiluminescent microparticle immunoassay (CMIA) for the quantitative determination of FT4 in human serum or plasma.

PACKING SIZE

24 Device/Kit, 30 Device/Kit, 48 Device/Kit, 60 Device/Kit

SUMMARY

Thyroxine (T4) circulates in the blood as an equilibrium mixture of free and serum protein bound hormone. Thyroxine binding globulin (TBG), albumin and prealbumin bind approximately 75%, 10%, and 15% of the total circulating T4 respectively. The binding of T4 by these proteins is such that less than 0.03% is present in the circulation as unbound, free T4. This small percentage of the total T4 represents the physiologically available hormone which is biologically active. Once the free T4 is absorbed by the target cells, the equilibrium reestablishes circulating free T4 levels. The equilibrium results in the maintenance of a constant level of free T4 when alterations occur in either the concentration or affinity of the serum binding proteins. Therefore, in a variety of normal (pregnancy) and abnormal (Familial Dysalbuminemic Hyperthyroxinemia, FDH) states, or as a result of the administration of certain drugs (e.g. furosemide and fenclofenac), the target tissues are assured of receiving the required amount of hormone. Free T4 values may, therefore, provide the best indication of thyroid dysfunction, since free T4 is less sensitive to changes in the serum binding proteins.

Historically, the diagnosis of thyroid function has involved performing a total T4 assay in addition to a Thyroxine Uptake (TU) assay of the same sample. The mathematical combination of these two assays produces a Free Thyroxine Index (FTI) which provides an indirect proportional estimate for free T4.

Alternatively, direct assays have been developed using equilibrium dialysis, utrititation, RIA, and solid-phase EIA technology to measure free T4. In these methods, separation of free and bound tracer is achieved either with a membrane, or by binding free T4 to a solid phase antibody. This extraction step removes an amount of T4 which is proportional to the original amount of free T4 present in the patient: sample. Provided that the extracted T4 is less than approximately 5% of the T4 in the sample, a true estimation of the free T4 content can be obtained.

The Free T4 (FT4) Reagent Kit is to be used as an aid in the assessment of thyroid status.

PRINCIPLE OF TEST

The Free T4 (FT4) Assay Reagent Kit (CMIA) is a two-step immunoassay for the quantitative measurement of FT4 in human serum or plasma using CMIA technology, with flexible assay protocols.

In the first step, sample and anti-T4 coated paramagnetic microparticles are combined. FT4 present in the sample binds to the anti-T4 coated microparticles. After that, ALP-labeled T4 antigen conjugate is added to create a reaction mixture in the second step. Following the wash cycle, substrates are added to the reaction mixture. The resulting chemiluminescent reaction is measured as relative light units (RLUs). A direct relationship exists between the amount of Free T4 in the sample and the RLUs detected by the system optics.

REAGENTS

The device is pre-dispensed with buffer needed for single use.
The device is constituted with buffers described below is the main reagent

| Object | Content |
|------------------------|--|
| Micro-particles Buffer | Anti-T4 (mouse, monoclonal) coated Micro-particles in TRIS buffer with protein (bovine) stabilizer. Minimum concentration: 0.1% solid. Preservative: ProClin-300. |
| Conjugate Buffer | T4 antigen alkaline phosphatase (ALP) labeled conjugate in TRIS buffer with protein (bovine) stabilizer. Preservative: ProClin-300. |
| Wash Buffer | TRIS buffer with surfactant. Preservative: ProClin-300. |
| Substrate Buffer | AMPPD, Enhancer, Surfactant, ProClin-300. |

Reagent Handling

The reagents in the kit have been assembled into a ready-for-use unit that cannot be separated.

All information required for correct operation is read in from the respective reagent barcodes.

MATERIALS PROVIDED

- The FT4 Test Device
- Product Insert
- Calibration Solution (optional)
- Control Solution (optional)

MATERIALS REQUIRED BUT NOT PROVIDED

- Analyzer

STORAGE AND STABILITY

- Store at 2-8°C and avoid light.
- Do not freeze.
- Store the reagent kit upright prior to use.
- Expiration date: up to the stated expiration date.

Note: The Free T4 (FT4) Assay Reagent Kit (CMIA) must be stored at 2-8°C in an upright position and must be used immediately after removal from 2-8°C storage or the device was opened. Unused reagents should be put back into the kit in time.

SPECIMEN COLLECTION AND STORAGE

Specimen Types

Validated specimen types to be used with this assay:

| Specimen Types | Collection Tubes |
|----------------|--|
| Human serum | Serum Serum separator tubes |
| Human plasma | Sodium heparin Lithium heparin Potassium EDTA Sodium EDTA |

Other anticoagulants have not been validated for use with this assay.

The instrument does not provide the capability to verify specimen type. It is the responsibility of the operator to verify that the correct specimen types are used in the assay.

Specimen Conditions

- Do not use specimens with the following conditions:
 - heat-inactivated
 - pooled
 - grossly hemolyzed
 - obvious microbial contamination
- For optimal results, serum and plasma specimens should be free of fibrin, red blood cells or other particulate matter.
- Ensure that complete clot formation in serum specimens has taken place prior to centrifugation. Some specimens especially those from patients receiving anticoagulant

or thrombolytic therapy may exhibit increased clotting time. If the specimen is centrifuged before a complete clot forms, the presence of fibrin may cause erroneous results.

- To prevent cross contamination, use of disposable pipettes or pipette tips is recommended.

Preparation for Analysis

- Follow the tube manufacturer's processing instructions for specimen collection tubes.
- Specimens must be mixed THOROUGHLY after thawing, by LOW speed vortex, and centrifuged prior to use to remove red blood cells or particulate matter to ensure consistency in the results.
- Inspect all specimens for bubbles. Remove bubbles with an applicator stick before analysis. Use a new applicator stick for each specimen to prevent cross contamination.

Specimen Storage

| Specimen Type | Storage Temperature | Maximum |
|---------------|---------------------|---------|
| Serum/Plasma | 2-8°C | 6 days |

- If testing will be delayed more than 12 hours, remove serum or plasma from the clot, serum separator or red blood cells.
- If testing will be delayed more than 6 days, specimens should be frozen at -10°C or colder.
- Specimens stored frozen at -10°C or colder for 3 months showed no performance difference.
- Avoid more than 3 freeze/thaw cycles.

Specimen Shipping

- Before shipping specimens, it is recommended that specimens be removed from the clot, red blood cells, or separator gel.
- When shipping specimens, package and label specimens in compliance with applicable state, federal and international regulations covering the transport of clinical specimens and infectious substances.
- Specimens may be shipped ambient, at 2-8°C (wet ice), or frozen (dry ice). Do not exceed the storage time limitations listed above.

INSTRUMENT

The Free T4 Test Device is designed for use on the REALY Analyzer System.

TEST PROCEDURE

Assay Procedure

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer specific assay instructions. Resuspension of the microparticles takes place automatically prior to use. Read in the test-specific parameters via the reagent barcode. If in exceptional cases the barcode cannot be read, enter the digit sequence of numbers. Bring the cooled reagents to approx. 20°C and place on the reagent disk of the analyzer. Avoid foam formation. The system automatically regulates the temperature of the reagents.

For this test device, the transfer volume of specimens, calibrators or controls into the sample hole is 80 µL. (No less than 80 µL.)

Reagent strips should be left at room temperature between 20 and 25 °C for more than 30 minutes before use and kept away from light.

In order to avoid the magnetic beads adsorbed on the side wall and top due to the upside down and side placement of the reagent strip during transportation, the reagent strip should be mixed by shaking and mixing before use. The reagent strip should be mixed upside down for about 30 seconds, and then the reagent strip should be mixed upward for about 30 seconds. The reagent strip was then gently shaken so that the magnetic beads fell completely to the bottom of the strip.

Calibration

Every Test Device has a bar-coded label containing specific information for calibration of the particular reagent lot. The predefined master curve is adapted to the analyzer using the relevant Cal-Set.

Calibration frequency: Calibration must be performed before new lot of device is used. Renewed calibration is recommended as follows:

- After 90 days (when using the same reagent lot on the analyzer);
- As required: e.g. quality control findings outside the defined limits.

Note: Refer to Instruction of Analyzer for the procedure of calibration.

Quality Control

For quality control, please use Control of REALY or Control Universal.

In addition, other suitable control material can be used. Controls for the various concentration ranges should be run individually at least once every 24 hours when the test is in use, once per reagent kit, and following each calibration.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

Specimen Dilution Procedures

Specimens cannot be diluted for Free T4 determinations. Specimens which read > 5.00 ng/dL should be reported as such.

EXPECTED VALUES

Normal reference value: 0.93-1.7 ng/dL

Conversion factors:

$$\text{pmol/L} \times 0.077688 = \text{ng/dL}$$

$$\text{ng/dL} \times 12.872 = \text{pmol/L}$$

$$\text{pmol/L} \times 0.77688 = \text{ng/L}$$

Results may differ between laboratories due to variations in population and test method.

If necessary, each laboratory should establish its own reference range.

INTERPRETATION OF RESULTS

As interpret the results, the patient's overall clinical situation, including symptoms, medical history and other related data, should be referred to.

LIMITATIONS

➤ Assay results should be utilized in conjunction with other clinical and laboratory data to assist the clinician in making individual patient management decisions. A skillful technique and strict adherence to the instructions are necessary to obtain reliable results. Procedural directions must be followed exactly and careful technique must be used to obtain valid results.

➤ If the Free T4 results are inconsistent with clinical evidence, additional testing is suggested to confirm the result.

➤ For diagnostic purposes, results should be used in conjunction with other data; e.g., symptoms, results of other tests, clinical impressions, etc.

➤ Specimens from patients who have received preparations of mouse monoclonal antibodies for diagnosis or therapy may contain human anti-mouse antibodies (HAMA). Specimens containing HAMA may produce anomalous values when tested with assay kits such as the Free T4 Reagent Kit that employ mouse monoclonal antibodies.

➤ Heterophilic antibodies in human serum can react with reagent immunoglobulins, interfering with in vitro immunoassays. Patients routinely exposed to animals or to animal serum products can be prone to this interference and anomalous results may be observed. Additional information may be required for diagnosis.

➤ Although the Free T4 Reagent Kit assay is specifically designed to minimize the effects of HAMA and heterophilic antibodies, assay results that are not consistent with other clinical observations may require additional information for diagnosis.

PERFORMANCE CHARACTERISTICS

Linearity

Linearity of the Free T4 (FT4) Assay Reagent Kit (CMIA) was determined by use Free T4 calibrator to prepare the 6 different specimens, measuring all these specimens follow the test instruction and then do linear fitting, the results show that the linear correlation coefficient(r) was better than 0.9900.

Precision / Reproducibility

Intra-assay coefficient of variation was evaluated on 3 different levels of control serum. Repeatedly measured 20 times, calculating the coefficient of variation.

| Intra-assay Precision | | | |
|-----------------------|--------------|------------|-------|
| Control | Mean (ng/dL) | SD (ng/dL) | CV |
| Level 1 | 0.72 | 0.027 | 3.75% |
| Level 2 | 1.55 | 0.073 | 4.71% |
| Level 3 | 3.06 | 0.115 | 3.76% |

Inter-assay coefficient of variation was evaluated on three batches of kits. Repeatedly measured 3 different levels of control serum 30 times, calculating the coefficient of variation.

| Inter-assay Precision | | | |
|-----------------------|--------------|------------|-------|
| Control | Mean (ng/dL) | SD (ng/dL) | CV |
| Level 1 | 0.69 | 0.031 | 4.49% |
| Level 2 | 1.51 | 0.084 | 5.56% |
| Level 3 | 2.94 | 0.131 | 4.46% |

Analytical Sensitivity

The analytical sensitivity is defined as the concentration of Free T4 equivalent to the mean RLU of 20 replicates of the zero standard minus two standard deviations corresponding to the concentration from the standard curve. The analytical sensitivity is typically less than 0.1 ng/dL.

Specificity

The Free T4 Reagent Kit is designed to have a mean analytical specificity of ≤0.0035% cross reactivity with Triiodothyronine (T3) at a concentration of 12,000 ng/dL.

Interfering Substances

The following compounds in both low-level specimen and high-level specimen with show no cross-reactivity when tested with the Free T4 Reagent Kit at a concentration below:

| Compound | Concentration |
|---------------|---------------|
| Bilirubin | 0.621 mmol/L |
| Hemoglobin | 701 μ mol/L |
| Triglycerides | 2000 mg/dL |

Method Comparison

A comparison of the Free T4 Reagent Kit (y) with a commercially available Free T4 test (x) using clinical samples gave the following correlations (ng/dL):

Linear regression

$$y=0.9777x+0.0369$$

r=0.9537

Number of samples measured: 90

The sample concentrations were between about 0.5 – 4.10 ng/dL.

WARNINGS AND PRECAUTIONS

- For *In Vitro* Diagnostic Use.
- Do not use expired or clearly damaged kits.
- Operating according to the steps described, can make the risk of daily handling patients' samples and blood products into a minimum, however, no matter what the source of the products, handling mode or the previous proof, these potentially infectious substances were used shall be in accordance with the unified considerations and Good Laboratory Practice (GLP).
- Proper disinfectant should be used to eliminate pollution.
- Follow local rules and regulations to keep and dispose of these items and containers for these items.
- The ProClin-300 is a potential skin sensitizer. Avoid dumping or splashing this reagent on your skin and clothing. In case of contact with this reagent, wash thoroughly with soap and water.
- Avoid foam formation in all reagents and sample types (specimens, calibrators and controls).
- Any modification of the procedure is likely to alter the results.
- Bacterial contamination or repeated freeze-thaw cycles may affect the test results.
- The reagents should be kept away from light, and unused reagents should be put back into the kit in time and be careful to avoid light.

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SYMBOLS

| Symbol | Meaning | Symbol | Meaning |
|---|------------------------------------|---|---|
| IVD | In vitro diagnostic medical device |  | Storage temperature limit |
|  | Manufacturer | EC REP | Authorized representative in the European Community /European Union |
|  | Date of Manufacture |  | Use-by date |
|  | Do not re-use |  | Consult instructions for use or consult electronic instructions for use |
| LOT | Batch code |  | Do not use if package is damaged and consult instructions for use |
| REF | Catalogue number |  | Contains sufficient for <n> tests |



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