



APRICOT FLAVOURED CAKE

Food for special medical
purposes

DESCRIPTION

Low protein and gluten free apricot flavoured cake to replace ordinary cake.

IMPORTANT NOTICE

For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old. Warning: not for parental use.

INGREDIENTS

Potato starch, sugar, non-hydrogenated palm oil, dextrose, water, corn starch, stabiliser (glycerol), thickeners (carob seed flour, xanthan gum), emulsifiers (mono and diglycerids of fatty acids, rapeseed lecithin), raising agents (disodium diphosphate, sodium acid carbonate, monocalcium phosphate), flavours (containing alcohol), salt. Possible traces of **soya**, **eggs** and **nuts**.
Gluten-free.

USE

To replace ordinary cakes.

STORAGE

Shelf life: 11 months after the date of production. Store in a cool and dry place. Consume within 24h after opening the sachet.

PACKAGING

240 g pack containing 6 individually wrapped 40 g cakes. 8 units per box.

CODES

SAP 123547901 / EAN 3551102354791



AVERAGE COMPOSITION	FOR 100G OF PRODUCT
ENERGY VALUE	1 562 kJ (372 kcal)
Fat	15.2 g
Of which saturates	7.6 g
Carbohydrate	58.0 g
Of which sugars	27.1 g
Fibre	1.3 g
Protein	0.2 g
Of which Phenylalanine	5.5 mg
Methionine	4.5 mg
Leucine	12.0 mg
Threonine	5.4 mg
Isoleucine	5.2 mg
Lysine	3.0 mg
Valine	7.3 mg
Cystine	3.6 mg
Tyrosine	3.8 mg
Arginine	7.5 mg
Salt	0.73 g
Minerals	
Sodium	290 mg (12.6 mmol)
Potassium	23.8 mg (0.61 mmol)
Chloride	140 mg (3.9 mmol)
Calcium	19.0 mg (0.48 mmol)
Phosphorus	160 mg (1.7 mmol PO ₄)
Magnesium	4.0 mg (0.17 mmol)



LEMON FLAVOURED CAKE

Food for special medical
purposes

DESCRIPTION

Low protein and gluten free lemon flavoured cake to replace ordinary cake.

IMPORTANT NOTICE

For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old. Warning: not for parental use.

INGREDIENTS

Potato starch, sugar, non-hydrogenated palm oil, dextrose, water, corn starch, stabiliser (glycerol), thickeners (carob seed flour, xanthan gum), emulsifiers (mono and diglycerids of fatty acids, rapeseed lecithin), raising agents (disodium diphosphate, sodium acid carbonate, monocalcium phosphate), flavour (containing alcohol), salt, natural lemon flavour (0.2%). Possible traces of **soya, eggs** and **nuts**.
Gluten-free.

USE

To replace ordinary cakes.

STORAGE

Shelf life: 11 months after the date of production. Store in a cool and dry place. Consume within 24h after opening the sachet.

PACKAGING

240 g pack containing 6 individually wrapped 40 g cakes. 8 units per box.

CODE

SAP 123547801 / EAN 3551102344784



AVERAGE COMPOSITION	FOR 100G OF PRODUCT
ENERGY VALUE	1 562 kJ (372 kcal)
Fat	15.2 g
Of which saturates	7.6 g
Carbohydrate	58.0 g
Of which sugars	27.1 g
Fibre	1.3 g
Protein	0.2 g
Of which Phenylalanine	5.5 mg
Methionine	4.5 mg
Leucine	12.0 mg
Threonine	5.4 mg
Isoleucine	5.2 mg
Lysine	3.0 mg
Valine	7.3 mg
Cystine	3.6 mg
Tyrosine	3.8 mg
Arginine	7.5 mg
Salt	0.73 g
Minerals	
Sodium	290 mg (12.6 mmol)
Potassium	23.8 mg (0.61 mmol)
Chloride	140 mg (3.9 mmol)
Calcium	19.0 mg (0.48 mmol)
Phosphorus	160 mg (1.7 mmol PO ₄)
Magnesium	4.0 mg (0.17 mmol)

SWEET

RASPBERRY BISCUITS

ORGANIC



DESCRIPTION: Food for special medical purposes. Low protein and gluten free biscuits to replace ordinary biscuits.

AVERAGE COMPOSITION	For 100 g of product	For 1 biscuit (7.5 g)
ENERGY VALUE	2047 kJ (487 kcal)	154 kJ (37 kcal)
Fat	19.0 g	1.4 g
Of which saturates	9.0 g	0.7 g
Carbohydrate	78.0 g	5.9 g
Of which sugars	18.0 g	1.4 g
Fibre	1.0 g	0.08 g
Protein	0.6 g	0.05 g
Of which phenylalanine	9.0 mg	0.7 mg
Methionine	6.0 mg	0.5 mg
Leucine	19.0 mg	1.4 mg
Threonine	9.0 mg	0.7 mg
Isoleucine	8.0 mg	0.6 mg
Lysine	5.0 mg	0.4 mg
Valine	12.2 mg	0.9 mg
Cystine	< 4.0 mg	< 0.3 mg
Tyrosine	7.0 mg	0.5 mg
Arginine	8.8 mg	0.7 mg
Salt	0.02 g	0.002 g
Minerals		
Sodium	8.0 mg (0.3 mmol)	0.6 mg (0.03 mmol)
Potassium	24.0 mg (0.6 mmol)	1.8 mg (0.05 mmol)
Chloride	< 50.0 mg (1.4 mmol)	< 3.8 mg (< 0.1 mmol)
Calcium	12.3 mg (0.3 mmol)	0.9 mg (0.02 mmol)
Phosphorus	22.5 mg (0.2 mmol PO ₄)	1.7 mg (0.02 mmol PO ₄)
Magnesium	6.7 mg (0.3 mmol)	0.5 mg (0.02 mmol)

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches*, palm oil*, sugar*, glucose syrup*, natural raspberry flavour*, emulsifier (sunflower lecithin*), cane sugar*, raspberries* (0.32%), caramel* (sugar*, water), raising agent (ammonium carbonate). Possible traces of **nuts, eggs, milk**.

***Ingredients resulting from organic farming.**

Gluten free

CONSERVATION: Store in a dry place at room temperature. Consume within 24 hours after opening the sachet. **Shelf life:** 14 months after the date of manufacture.

PACKAGING: 120 g box (4 sachets of 4 biscuits).

CHOCOLATE CHIP BISCUITS

ORGANIC



DESCRIPTION: Food for special medical purposes. Low protein and gluten free biscuits to replace ordinary biscuits.

AVERAGE COMPOSITION	For 100 g of product	For 1 biscuit (7.5 g)
ENERGY VALUE	2078 kJ (495 kcal)	156 kJ (37 kcal)
Fat	20.0 g	1.5 g
Of which saturates	9.5 g	0.7 g
Carbohydrate	78.0 g	5.9 g
Of which sugars	18.0 g	1.4 g
Protein	0.7 g	0.05 g
Of which phenylalanine	20.0 mg	1.5 mg
Methionine	12.0 mg	0.9 mg
Leucine	34.0 mg	2.6 mg
Threonine	14.5 mg	1.1 mg
Isoleucine	15.5 mg	1.2 mg
Lysine	13.0 mg	1.0 mg
Valine	24.0 mg	1.8 mg
Cystine	17.5 mg	1.3 mg
Tyrosine	12.5 mg	0.9 mg
Arginine	21.0 mg	1.6 mg
Salt	0.02 g	0.002 g
Minerals		
Sodium	8.0 mg (0.3 mmol)	0.6 mg (0.03 mmol)
Potassium	36.0 mg (0.9 mmol)	2.7 mg (0.1 mmol)
Chloride	< 50.0 mg (1.4 mmol)	< 3.8 mg (< 0.1 mmol)
Calcium	12.3 mg (0.3 mmol)	0.9 mg (0.02 mmol)
Phosphorus	30.0 mg (0.3 mmol PO ₄)	2.3 mg (0.02 mmol PO ₄)
Magnesium	12.0 mg (0.5 mmol)	0.9 mg (0.04 mmol)

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches*, palm oil*, sugar*, glucose syrup*, dark chocolate chips* (4.1%) (cane sugar*, cocoa mass*, cocoa butter*), vanilla extract*, emulsifier (sunflower lecithin*), caramel* (sugar*, water), raising agent (ammonium carbonate). Possible traces of **nuts, eggs, milk**.

***Ingredients resulting from organic farming.**

Gluten free

CONSERVATION: Store in a dry place at room temperature. Consume within 24 hours after opening the sachet. **Shelf life:** 14 months after the date of manufacture.

PACKAGING: 120 g box (4 sachets of 4 biscuits).

SWEET

BISCUITS WITH CARAMEL SHARDS

ORGANIC



DESCRIPTION: Food for special medical purposes. Low protein and gluten free biscuits to replace ordinary biscuits.

AVERAGE COMPOSITION	For 100 g of product	For 1 biscuit (7.5 g)
ENERGY VALUE	2 033 kJ (484 kcal)	153 kJ (36 kcal)
Fat	18.0 g	1.4 g
Of which saturates	8.5 g	0.6 g
Carbohydrate	80.0 g	6.0 g
Of which sugars	19.5 g	1.5 g
Protein	0.4 g	0.03 g
Of which phenylalanine	11.0 mg	0.8 mg
Methionine	7.0 mg	0.5 mg
Leucine	23.0 mg	1.7 mg
Threonine	8.0 mg	0.6 mg
Isoleucine	8.6 mg	0.7 mg
Lysine	5.0 mg	0.4 mg
Valine	12.6 mg	0.9 mg
Cystine	< 4.0 mg	< 0.3 mg
Tyrosine	7.0 mg	0.5 mg
Arginine	8.0 mg	0.6 mg
Salt	0.03 g	0.002 g
Minerals		
Sodium	11.0 mg (0.5 mmol)	0.8 mg (0.04 mmol)
Potassium	17.0 mg (0.4 mmol)	1.3 mg (0.03 mmol)
Chloride	50.0 mg (1.4 mmol)	3.8 mg (0.1 mmol)
Calcium	12.3 mg (0.3 mmol)	0.9 mg (0.02 mmol)
Phosphorus	22.5 mg (0.2 mmol PO ₄)	1.7 mg (0.02 mmol PO ₄)
Magnesium	6.7 mg (0.3 mmol)	0.5 mg (0.02 mmol)

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches*, palm oil*, sugar*, glucose syrup*, caramel shards* (3%) (sugar*, glucose syrup*, cream* (*milk*), butter* (*milk*), water, salt), natural caramel flavour*, emulsifier* (sunflower lecithin*), caramel* (sugar*, water), raising agent (ammonium carbonate). Possible traces of *nuts, eggs*.

*Ingredients resulting from organic farming.

Gluten free

CONSERVATION: Store in a dry place at room temperature. Consume within 24 hours after opening the sachet. **Shelf life:** 14 months after the date of manufacture.

PACKAGING: 120 g box (4 sachets of 4 biscuits).

CERECAL PLUS Vanilla flavour Strawberry flavour



DESCRIPTION: Food for special medical purposes. Instant, low protein and gluten free preparation, to replace cereal-based preparation for infants from 4 months and young children. **2 flavours:** vanilla and strawberry.

AVERAGE COMPOSITION	For 100 g of product
ENERGY VALUE	1 622 kJ (382 kcal)
Fat	< 0.5 g
Of which saturates	< 0.1 g
Carbohydrate	95.0 g
Of which sugars	4.2 g
Fibre	0.5 g
Protein	0.2 g
Of which phenylalanine	< 4.0 mg
Methionine	< 4.0 mg
Leucine	4.2 mg
Threonine	< 4.0 mg
Isoleucine	< 4.0 mg
Lysine	< 4.0 mg
Valine	4.0 mg
Cystine	< 4.0 mg
Tyrosine	< 4.0 mg
Arginine	< 4.0 mg
Salt	0.04 g
Minerals	
Sodium	14.8 mg (0.64 mmol)
Potassium	12.0 mg (0.31 mmol)
Chloride	20.0 mg (0.6 mmol)
Calcium	18.0 mg (0.45 mmol)
Phosphorus	3.6 mg (0.04 mmol PO ₄)
Magnesium	3.4 mg (0.14 mmol)

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for infants under 4 months old. Not for parenteral use.

INGREDIENTS: CERECAL Plus, vanilla flavour: Maltodextrin, corn starch, natural vanilla flavour with other natural flavours.

Gluten free

CERECAL Plus, strawberry flavour: Maltodextrin, corn starch, natural strawberry flavour with other natural flavours.

Gluten free

CONSERVATION: Store in a dry place at room temperature. Close the box tightly after use. Once opened, the content has to be used within 6 weeks. **Shelf life:** 24 months after the date of manufacture.

PACKAGING: 400 g tin.

USE: For a feeding bottle: pour a teaspoon of CERECAL Plus into the bottle of lukewarm liquid. Shake, it's ready. For a thick dessert: sprinkle 3 teaspoons (or more) of CERECAL Plus on the hot liquid. Stir, it's ready. The desired consistency can be obtained by adjusting the quantity of CERECAL Plus. CERECAL Plus does not require heating.

SAVOURY

RICE SUBSTITUTE



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparation to replace ordinary rice.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

AVERAGE COMPOSITION	For 100 g of product
ENERGY VALUE	1518 kJ (358 kcal)
Fat	0.9 g
Of which saturates	0.6 g
Carbohydrate	87.0 g
Of which sugars	< 0.02 g
Fibre	< 0.5 g
Protein	0.1 g
Of which phenylalanine	14.2 mg
Methionine	8.5 mg
Leucine	30.6 mg
Threonine	10.1 mg
Isoleucine	11.5 mg
Lysine	13.0 mg
Valine	15.7 mg
Cystine	5.7 mg
Tyrosine	8.0 mg
Arginine	12.4 mg
Salt	0.15 g
Minerals	
Sodium	58.9 mg (2.6 mmol)
Potassium	4.6 mg (0.12 mmol)
Chloride	<50.0 mg (<1.4 mmol)
Calcium	17.8 mg (0.45 mmol)
Phosphorus	24.8 mg (0.26 mmol PO ₄)
Magnesium	<2.0 mg (<0.08 mmol)

INGREDIENTS: Corn starches, modified potato starch, emulsifier (E471), stabiliser (E461), antioxidant (E300), colour (E160a).

Gluten free

CONSERVATION: Keep in a dry place at room temperature. **Shelf life:** 24 months after the date of manufacture.

PACKAGING: 500 g sachet.

COOKING: 8 minutes in lightly salted boiling water. Rinse and drain.

SHORT SPAGHETTI, CORNETTI, MACARONI, COUSCOUS, SEMOLINA



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparations to replace ordinary pastas, couscous and semolina.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches, modified potato starch, emulsifier (E471), stabiliser (E461), antioxidant (E300), colour (E160a).

Gluten free

CONSERVATION: Keep in a dry place at room temperature. **Shelf life:** 24 months after the date of manufacture.

PACKAGING: 500 g sachet.

COOKING: **Short spaghetti, Cornetti, Macaroni:** 8 minutes in lightly salted boiling water. Rinse and drain. **Couscous:** 45 minutes to 1 hour in a couscous maker or 5 minutes in lightly salted boiling water. **Semolina:** Pour 1 part of semolina into 2.5 parts of boiling liquid, stir, remove from heat. Pour into a ramekin.

RECIPE: Fried gnocchi
Ingredients:

- 30 g semolina
- 340 ml water
- 30 g bread and pastry mix
- salt, oil

Pour the semolina into the boiling salted water. Cook for 2 to 3 minutes. Remove from heat and let cool. Add the low-protein flour and mix until you obtain a homogeneous dough. Roll out the dough and make sticks of about 2 cm, pinch them between your fingers to make gnocchi. Heat some oil in a pan, dip the gnocchi in it and fry the gnocchi in it until golden brown.

CULINARY AIDS



DALIA LIQUID



DESCRIPTION: Food for special medical purposes. Low protein UHT-sterilised dietary drink.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 1 year old.

AVERAGE COMPOSITION	For 100 ml of product
ENERGY VALUE	208 kJ (50 kcal)
Fat	2.6 g
Of which saturates	1.9 g
Carbohydrate	6.4 g
Of which sugars	4.8 g
Protein	0.2 g
Of which phenylalanine	6.4 mg
Methionine	4.3 mg
Leucine	14.1 mg
Threonine	6.7 mg
Isoleucine	7.3 mg
Lysine	13.7 mg
Valine	8.8 mg
Cystine	2.6 mg
Tyrosine	7.2 mg
Arginine	5.0 mg
Salt	0.02 g
Minerals	
Sodium	9.0 mg (0.39 mmol)
Potassium	30.0 mg (0.77 mmol)
Chloride	20.0 mg (0.56 mmol)
Calcium	14.0 mg (0.35 mmol)
Phosphorus	10.0 mg (0.11 mmol PO ₄)
Magnesium	2.5 mg (0.10 mmol)

Osmolarity 181 mOsm/L

INGREDIENTS: Water, cream (*milk*), lactose(*milk*), *milk* permeate powder, maltodextrin, emulsifier: mono and diglycerides of fatty acids.

CONSERVATION: Keep in a dry place at room temperature. After opening, keep refrigerated and use within 48 hours. **Shelf life:** 12 months after the date of manufacture.

PACKAGING: 200 ml tetra brick – plate of 24 units.

USE: As a replacement of ordinary milk, without constituting a significant source of calcium. Shake well before use. Can be cooked and warmed. Can be eaten as is or flavoured (fruit syrups, natural essences, etc.) or warmed with tea or instant coffee. Can be heated to prepare sauces. Tetra brick packaging for easy transport to school or work.

DALIA POWDER



DESCRIPTION: Food for special medical purposes. Low protein preparation, in powder, for drink.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Whey permeate powder (*milk*), corn maltodextrin, fat powder (palm oil, glucose syrup, *milk* protein, anti-caking agent (E551)), lactose (*milk*), anti-caking agent (tricalcium phosphate), flavour. Possible traces of cereals containing gluten (*wheat, barley, oat*), *egg, fish, soybean, sulphites, celery*.

CONSERVATION: Store in a cool and dry place. Close the box tightly after use. Once opened, the can has to be covered with the lid and has to be used within 4 weeks. **Shelf life:** 16 months after the date of manufacture.

PACKAGING: 400 g tin with 10 g scoop.

USE: As a replacement of ordinary milk, without constituting a significant source of calcium. Packaging in tin for powder form is practical for when patients go on holidays (more readily transportable than the tetra packs). 1 tin = 1 plate of 24 x 200 ml tetra bricks.

PREPARATION: 1 scoop with 100 ml of cold or hot water. Can be used in numerous recipes.

AVERAGE COMPOSITION	For 100 g of product	For 1 portion 10 g + 100 ml of water
ENERGY VALUE	1802 kJ (428 kcal)	180 kJ (43 kcal)
Fat	12.3 g	1.2 g
Of which saturates	6.2 g	0.62 g
Carbohydrate	77.5 g	7.8 g
Of which sugars	45.1 g	4.5 g
Protein	1.7 g	0.17 g
Of which phenylalanine	20.0 mg	2.0 mg
Methionine	10.0 mg	1.0 mg
Leucine	60.0 mg	6.0 mg
Threonine	20.0 mg	2.0 mg
Isoleucine	20.0 mg	2.0 mg
Lysine	40.0 mg	4.0 mg
Valine	30.0 mg	3.0 mg
Cystine	10.0 mg	1.0 mg
Tyrosine	40.0 mg	4.0 mg
Arginine	20.0 mg	2.0 mg
Salt	0.67 g	0.07 g
Minerals		
Sodium	268 mg (11.7 mmol)	26.8 mg (1.2 mmol)
Potassium	924 mg (23.7 mmol)	92.4 mg (2.4 mmol)
Chloride	720 mg (20.3 mmol)	72.0 mg (2.0 mmol)
Calcium	846 mg (21.2 mmol)	84.6 mg (2.1 mmol)
Phosphorus	618 mg (6.5 mmol PO ₄)	61.8 mg (0.65 mmol PO ₄)
Magnesium	34.0 mg (1.4 mmol)	3.4 mg (0.14 mmol)

CULINARY AIDS

PANCAKES AND WAFFLES MIX



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparation to replace ordinary pancakes and waffles mixes.

IMPORTANT NOTICE:

For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

AVERAGE COMPOSITION	For 100 g of product
ENERGY VALUE	1 499 kJ (353 kcal)
Fat	0.4 g
Of which saturates	< 0.1 g
Carbohydrate	86.5 g
Of which sugars	14.0 g
Fibre	0.6 g
Protein	0.5 g
Of which phenylalanine	22.0 mg
Methionine	10.0 mg
Leucine	30.0 mg
Threonine	20.0 mg
Isoleucine	20.0 mg
Lysine	10.0 mg
Valine	20.0 mg
Cystine	10.0 mg
Tyrosine	10.0 mg
Arginine	20.0 mg
Salt	0 g
Minerals	
Sodium	0 mg (0 mmol)
Potassium	38.0 mg (0.97 mmol)
Chloride	0 mg (0 mmol)
Calcium	13.0 mg (0.33 mmol)
Phosphorus	33.0 mg (0.35 mmol PO ₄)
Magnesium	0 mg (0 mmol)

INGREDIENTS: Corn starch, potato starch, sugar, thickener (guar gum).

Gluten free

CONSERVATION: Store in a dry place at room temperature. Consume within 2 months after opening the sachet. **Shelf life:** 18 months after the date of manufacture.

PACKAGING: 300 g box (1 sachet).

USE: Pancake batter: Ingredients for 12 pancakes approximately:

- 1 sachet of Pancakes and waffles mix (300 g)
- 500 ml TARANIS Dalia (low protein drink)
- 40 g egg substitute + 160 ml water

Preparation: In a bowl, mix the contents of the sachet with the egg substitute previously diluted. Gradually add the Dalia. Mix well. Let the dough rest for at least 1 hour in the refrigerator. Fry in a lightly greased hot pan with butter. Pour one small ladle (or half of a big ladle) of batter onto the pan and spread it thinly with a spatula. Fry 1-2 minutes each side until cooked and lightly golden. Try flavouring the mixture with orange blossom, lemon zest or vanilla. Serve warm - plain or with a favourite topping (e.g. jam, fruit, lemon and sugar).

Waffle batter: Ingredients for 12 waffles approximately:

- 1 sachet of Pancakes and waffles mix (300 g)
- 1 sachet of baking powder
- 500 ml TARANIS Dalia (low protein drink)
- 20 g egg substitute + 80 ml water
- 50 g melted butter

Preparation: In a bowl, mix the contents of the sachet with the egg substitute previously diluted. Gradually add the Dalia and the melted butter. Mix well until the batter is smooth. Add the baking powder. Let the dough rest in the refrigerator for at least 1 hour. Pour the batter onto the waffle maker plate and cook until lightly golden brown. Serve warm-plain or with a favourite topping (e.g. jam, fruit, lemon and sugar).

EGG REPLACER



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparation to replace eggs in cooking and baking.

AVERAGE COMPOSITION	For 100 g of product	For 1 portion (10 g egg replacer + 40 ml water)
ENERGY VALUE	1 494 kJ (352 kcal)	149 kJ (35 kcal)
Fat	0.6 g	0.06 g
Of which saturates	0.5 g	0.05 g
Carbohydrate	84.7 g	8.5 g
Of which sugars	< 0.5 g	< 0.1 g
Fibre	3.4 g	0.3 g
Protein	0.3 g	0.03 g
Of which phenylalanine	12.0 mg	1.2 mg
Methionine	7.1 mg	0.7 mg
Leucine	24.8 mg	2.5 mg
Threonine	8.7 mg	0.9 mg
Isoleucine	9.8 mg	1.0 mg
Lysine	10.6 mg	1.1 mg
Valine	14.2 mg	1.4 mg
Cystine	5.2 mg	0.5 mg
Tyrosine	7.5 mg	0.8 mg
Arginine	12.2 mg	1.2 mg
Salt	0.05 g	0.005 g
Minerals		
Sodium	21.3 mg (0.93 mmol)	2.1 mg (0.09 mmol)
Potassium	20.7 mg (0.53 mmol)	2.1 mg (0.05 mmol)
Chloride	<50.0 mg (<1.4 mmol)	<5.0 mg (<0.14 mmol)
Calcium	67.3 mg (1.7 mmol)	6.7 mg (0.17 mmol)
Phosphorus	25.2 mg (0.27 mmol PO ₄)	2.5 mg (0.03 mmol PO ₄)
Magnesium	3.9 mg (0.16 mmol)	0.4 mg (0.02 mmol)

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches, potato starch, thickeners (E464, E412), emulsifier (E472e).

Gluten free

CONSERVATION: Store in a dry place at room temperature. Consume within 2 months after opening the sachet. **Shelf life:** 18 months after the date of manufacture.

PACKAGING: 300 g box (1 sachet).

USE: To obtain the equivalent of 1 egg, mix 10g of egg replacer with 40ml of water.

SWEET

CHOCOLATE CHIP COOKIES

ORGANIC



DESCRIPTION: Food for special medical purposes. Low protein and gluten free cookies to replace ordinary cookies.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches*, palm oil*, potato starch*, sugar*, glucose syrup*, dark chocolate chips* (2,5%)(cane sugar, cocoa mass, cocoa butter), caramel* (sugar, water), flavouring*, raising agent (ammonium carbonate), emulsifier* (sunflower lecithin). Possible traces of **nuts, egg, milk**.

***Ingredients resulting from organic farming.**

Gluten free

CONSERVATION: Store in a dry place at room temperature. Consume within 24 hours after opening the sachet. **Shelf life:** 14 months after the date of manufacture.

PACKAGING: 160 g box (5 sachets of 2 cookies).

AVERAGE COMPOSITION	For 100 g of product	For 16 g (1 portion = 1 cookie)
ENERGY VALUE	2 025 kJ (483 kcal)	324 kJ (77 kcal)
Fat	21.0 g	3.4 g
Of which saturates	10.0 g	1.6 g
Carbohydrate	73.0 g	11.7 g
Of which sugars	21.0 g	3.4 g
Protein	0.4 g	0.06 g
Of which phenylalanine	10.5 mg	1.7 mg
Methionine	5.5 mg	0.9 mg
Leucine	20.0 mg	3.2 mg
Threonine	9.5 mg	1.5 mg
Isoleucine	9.0 mg	1.4 mg
Lysine	9.0 mg	1.4 mg
Valine	13.0 mg	2.1 mg
Cystine	5.0 mg	0.8 mg
Tyrosine	5.0 mg	0.8 mg
Arginine	12.0 mg	1.9 mg
Salt	0.03 g	0.004 mg
Minerals		
Sodium	10.0 mg (0.4 mmol)	1.6 mg (0.07 mmol)
Potassium	34.0 mg (0.9 mmol)	5.4 mg (0.14 mmol)
Chloride	<30.0 mg (0.8 mmol)	< 4.8 mg (0.14 mmol)
Calcium	10.0 mg (0.3 mmol)	1.6 mg (0.04 mmol)
Phosphorus	27.0 mg (0.3 mmol PO ₄)	4.3 mg (0.05 mmol PO ₄)
Magnesium	7.0 mg (0.3 mmol)	1.1 mg (0.05 mmol)

SHORTBREAD BISCUITS

ORGANIC



DESCRIPTION: Food for special medical purposes. Low protein and gluten free biscuits to replace ordinary biscuits.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches*, palm oil*, sugar*, glucose syrup*, vanilla extract*, emulsifier (sunflower lecithin*), caramel* (sugar*, water), raising agent (ammonium carbonate). Possible traces of **nuts, eggs, milk**.

***Ingredients resulting from organic farming.**

Gluten free

CONSERVATION: Store in a dry place at room temperature. Consume within 24 hours after opening the sachet. **Shelf life:** 14 months after the date of manufacture.

PACKAGING: 120 g box (4 sachets of 4 biscuits).

AVERAGE COMPOSITION	For 100 g of product	For 1 biscuit (7.5 g)
ENERGY VALUE	2 038 kJ (485 kcal)	153 kJ (36 kcal)
Fat	19.0 g	1.4 g
Of which saturates	9.0 g	0.7 g
Carbohydrate	78.0 g	5.9 g
Of which sugars	18.0 g	1.4 g
Protein	0.5 g	0.04 g
Of which phenylalanine	9.0 mg	0.7 mg
Methionine	6.0 mg	0.5 mg
Leucine	19.0 mg	1.4 mg
Threonine	9.0 mg	0.7 mg
Isoleucine	8.0 mg	0.6 mg
Lysine	5.0 mg	0.4 mg
Valine	12.2 mg	0.9 mg
Cystine	< 4.0 mg	<0.3 mg
Tyrosine	7.0 mg	0.5 mg
Arginine	8.8 mg	0.7 mg
Salt	0.02 g	0.002 g
Minerals		
Sodium	8.0 mg (0.3 mmol)	0.6 mg (0.03 mmol)
Potassium	17.0 mg (0.4 mmol)	1.3 mg (0.03 mmol)
Chloride	60.0 mg (1.7 mmol)	4.5 mg (0.1 mmol)
Calcium	12.3 mg (0.3 mmol)	0.9 mg (0.02 mmol)
Phosphorus	22.5 mg (0.2 mmol PO ₄)	1.7 mg (0.02 mmol PO ₄)
Magnesium	6.7 mg (0.3 mmol)	0.5 mg (0.02 mmol)