

Anti-LC-1 ELISA (IgG) Test instruction

ORDER NO.	ANTIBODIES AGAINST	IG CLASS	SUBSTRATE	FORMAT
EA 1307-9601 G	LC-1	IgG	Ag-coated microplate wells	96 x 01 (96)

Indications: The ELISA test kit provides a semiquantitative in vitro assay for human autoantibodies of the IgG class against liver cytosol antigen type 1 (LC-1) in serum or plasma for the diagnosis of increase in transaminases for unclear reasons and suspected autoimmune hepatitis.

Application: The determination of autoantibodies against LC-1 is another important supplementing serological parameter in the diagnosis of autoimmune liver diseases. A reliable diagnosis of AIH is indispensable since untreated AIH rapidly turns into liver cirrhosis.

Principle of the test: The test kit contains microplate strips, each with 8 break-off reagent wells coated with LC-1. In the first reaction step, diluted patient samples are incubated in the wells. If samples are positive, specific IgG antibodies (also IgA and IgM) bind to the antigens. To detect the bound antibodies, a second incubation is carried out using an enzyme-labelled anti-human IgG (enzyme conjugate) catalysing a colour reaction.

Contents of the test kit:

Component	Colour	Format	Symbol
1. Microplate wells coated with antigens 12 microplate strips each containing 8 individual break-off wells in a frame, ready for use	---	12 x 8	STRIPS
2. Calibrator (IgG, human), ready for use	dark red	1 x 2.0 ml	CAL
3. Positive control (IgG, human), ready for use	blue	1 x 2.0 ml	POS CONTROL
4. Negative control (IgG, human), ready for use	green	1 x 2.0 ml	NEG CONTROL
5. Enzyme conjugate peroxidase-labelled anti-human IgG (rabbit), ready for use	green	1 x 12 ml	CONJUGATE
6. Sample buffer ready for use	light blue	1 x 100 ml	SAMPLE BUFFER
7. Wash buffer 10x concentrate	colourless	1 x 100 ml	WASH BUFFER 10x
8. Chromogen/substrate solution TMB/H ₂ O ₂ , ready for use	colourless	1 x 12 ml	SUBSTRATE
9. Stop solution 0.5 M sulphuric acid, ready for use	colourless	1 x 12 ml	STOP SOLUTION
10. Test instruction	---	1 booklet	
11. Quality control certificate	---	1 protocol	
LOT Lot description			 Storage temperature
IVD In vitro diagnostic medical device			 Unopened usable until

Storage and stability: The test kit has to be stored at a temperature between +2°C to +8°C. Do not freeze. Unopened, all test kit components are stable until the indicated expiry date.

Waste disposal: Patient samples, calibrators, controls and incubated microplate strips should be handled as infectious waste. All reagents must be disposed of in accordance with local disposal regulations.



Preparation and stability of the reagents

Note: All reagents must be brought to room temperature (+18°C to +25°C) approx. 30 minutes before use. After first use, the reagents are stable until the indicated expiry date if stored at +2°C to +8°C and protected from contamination, unless stated otherwise below.

- **Coated wells:** Ready for use. Tear open the resealable protective wrapping of the microplate at the recesses above the grip seam. Do not open until the microplate has reached room temperature to prevent the individual strips from moistening. Immediately replace the remaining wells of a partly used microplate in the protective wrapping and tightly seal with the integrated grip seam (Do not remove the desiccant bag).
Once the protective wrapping has been opened for the first time, the wells coated with antigens can be stored in a dry place and at a temperature between +2°C and +8°C for 4 months.
- **Calibrator and controls:** Ready for use. The reagents must be mixed thoroughly before use.
- **Enzyme conjugate:** Ready for use. The enzyme conjugate must be mixed thoroughly before use.
- **Sample buffer:** Ready for use.
- **Wash buffer:** The wash buffer is a 10x concentrate. If crystallisation occurs in the concentrated buffer, warm it to +37°C and mix well before diluting. The quantity required should be removed from the bottle using a clean pipette and diluted with deionised or distilled water (1 part reagent plus 9 parts distilled water).
For example: For 1 microplate strip, 5 ml concentrate plus 45 ml water.
The working strength wash buffer is stable for 4 weeks when stored at +2°C to +8°C and handled properly.
- **Chromogen/substrate solution:** Ready for use. Close the bottle immediately after use, as the contents are sensitive to light . The chromogen/substrate solution must be clear on use. Do not use the solution if it is blue coloured.
- **Stop solution:** Ready for use.

Warning: The calibrator and controls of human origin have tested negative for HBsAg, anti-HCV, anti-HIV-1 and anti-HIV-2. Nonetheless, all materials should be treated as being a potential infection hazard and should be handled with care. Some of the reagents contain the agent sodium azide in a non-declarable concentration. Avoid skin contact.

Preparation and stability of the patient samples

Samples: Human serum or EDTA, heparin or citrate plasma.

Stability: Patient samples to be investigated can generally be stored at +2°C to +8°C for up to 14 days. Diluted samples should be incubated within one working day.

Sample dilution: Patient samples are diluted **1:101** in sample buffer. For example: dilute 10 µl sample in 1.0 ml sample buffer and mix well by vortexing (sample pipettes are not suitable for mixing).

NOTE: The calibrator and controls are prediluted and ready for use, do not dilute them.



Incubation

Sample incubation: (1st step)

Transfer 100 µl of the calibrator, positive or negative control or diluted patient samples into the individual microplate wells according to the pipetting protocol. Incubate for **30 minutes** at room temperature (+18°C to +25°C).

Washing:

Manual: Empty the wells and subsequently wash 3 times using 300 µl of working strength wash buffer for each wash.

Automatic: Wash the reagent wells 3 times with 450 µl of working strength wash buffer (program setting: e.g. TECAN Columbus Washer "Overflow Mode").

Leave the wash buffer in each well for 30 to 60 seconds per washing cycle, then empty the wells. After washing (manual and automated tests), thoroughly dispose of all liquid from the microplate by tapping it on absorbent paper with the openings facing downwards to remove all residual wash buffer.

Note: Residual liquid (> 10 µl) remaining in the reagent wells after washing can interfere with the substrate and lead to false low extinction values. Insufficient washing (e.g., less than 3 wash cycles, too small wash buffer volumes, or too short residence times) can lead to false high extinction values.

Free positions on the microplate strip should be filled with blank wells of the same plate format as that of the parameter to be investigated.

Conjugate incubation: (2nd step)

Pipette 100 µl of enzyme conjugate (peroxidase-labelled anti-human IgG) into each of the microplate wells. Incubate for **30 minutes** at room temperature (+18°C to +25°C).

Washing:

Empty the wells. Wash as described above.

Substrate incubation: (3rd step)

Pipette 100 µl of chromogen/substrate solution into each of the microplate wells. Incubate for **15 minutes** at room temperature (+18°C to +25°C) protect from direct sunlight.

Stopping:

Pipette 100 µl of stop solution into each of the microplate wells in the same order and at the same speed as the chromogen/substrate solution was introduced.

Measurement:

Photometric measurement of the colour intensity should be made at a wavelength of 450 nm and a reference wavelength between 620 nm and 650 nm **within 30 minutes of adding the stop solution**. Prior to measuring, slightly shake the microplate to ensure a homogeneous distribution of the solution.



Pipetting protocol

	1	2	3	4	5	6	7	8	9	10	11	12
A	C	P 6	P 14	P 22								
B	pos.	P 7	P 15	P 23								
C	neg.	P 8	P 16	P 24								
D	P 1	P 9	P 17									
E	P 2	P 10	P 18									
F	P 3	P 11	P 19									
G	P 4	P 12	P 20									
H	P 5	P 13	P 21									

The above pipetting protocol is an example of the semiquantitative determination of antibodies in 24 patient samples (P 1 to P 24).

Calibrator (C), positive (pos.) and negative (neg.) control as well as the patient samples have been incubated in one well each. The reliability of the ELISA test can be improved by duplicate determinations of each sample.

The wells can be broken off individually from the strips. This makes it possible to adjust the number of test substrates used to the number of samples to be examined and minimises reagent wastage.

Both positive and negative controls serve as internal controls for the reliability of the test procedure. They should be assayed with each test run.

Calculation of results

Semiquantitative: Results can be evaluated semiquantitatively by calculating a ratio of the extinction value of the control or patient sample over the extinction value of calibrator. Use the following formula to calculate the ratio:

$$\frac{\text{Extinction of the control or patient sample}}{\text{Extinction of calibrator}} = \text{Ratio}$$

EUROIMMUN recommends interpreting results as follows:

Ratio <1.0: **negative**
Ratio ≥1.0: **positive**

For duplicate determinations the mean of the two values should be taken. If the two values deviate substantially from one another, EUROIMMUN recommends retesting the samples.

For diagnosis, the clinical picture of the patient always needs to be taken into account along with the serological findings.



Test characteristics

Calibration: As no international reference serum exists for antibodies against LC-1, the results are given as a ratio. This represents a relative measurement for the concentration of antibodies in serum or plasma.

For every group of tests performed, the extinction values of the calibrator and the ratio of the positive and negative control sera must lie within the limits stated for the relevant test kit lot. A quality control certificate containing these reference values is included. If the values specified for the control sera are not achieved, the test results may be inaccurate and the test should be repeated.

The binding activity of the antibodies and the activity of the enzyme used are temperature-dependent. It is therefore recommended using a thermostat in all three incubation steps. The higher the room temperature (+18°C to +25°C) during the incubation steps, the greater the extinction values will be. Corresponding variations apply also to the incubation times. However, the calibrator is subject to the same influences, so that such variations will be largely compensated in the calculation of the result.

Antigen: The microplate wells were coated with recombinant LC-1. The corresponding human cDNA was expressed in insect cells using a baculovirus vector. The specific target antigen of anti-LC-1 antibodies was identified in 1999 as the enzyme formiminotransferase cyclodeaminase (Lapierre et al.).

Detection limit: The lower detection limit is defined as the mean value of an analyte-free sample plus three times the standard deviation and is the smallest detectable antibody titer. The lower detection limit of the Anti-LC-1 ELISA (IgG) is ratio 0.05.

Cross reactivity: This ELISA specifically detects autoantibodies of class IgG against LC-1. When investigating patient sera for autoantibodies against SLA (n = 2) and LKM (n = 8) no cross reactions were found.

Interference: Haemolytic, lipaemic and icteric samples showed no influence on the result up to a concentration of 10 mg/ml for haemoglobin, 20 mg/ml for triglycerides and 0.4 mg/ml for bilirubin in this ELISA.

Reproducibility: The reproducibility of the test was investigated by determining the intra- and inter-assay coefficients of variation (CV) using 3 samples. The intra-assay CVs are based on 20 determinations and the inter-assay CVs on 4 determinations performed in 6 different test runs.

<i>Intra-assay variation, n = 20</i>		
Sample	Mean value (Ratio)	CV (%)
1	3.1	4.9
2	4.7	2.7
3	8.0	2.4

<i>Inter-assay variation, n = 4 x 6</i>		
Sample	Mean value (Ratio)	CV (%)
1	2.5	10.8
2	3.8	10.2
3	6.7	9.4

Prevalence and specificity: Sera of 93 patients with autoimmune hepatitis, 183 patients with hepatitis A, hepatitis B, toxic liver diseases, steatohepatitis or primary biliary cirrhosis (PBC) and 200 healthy blood donors were examined with the EUROIMMUN Anti-LC-1 ELISA (IgG). The prevalence of antibodies against LC-1 in autoimmune hepatitis was 5.4% with a specificity of 100%.

Reference range: The levels of the anti-LC-1 antibodies (IgG) were analysed with this EUROIMMUN ELISA in a panel of 200 healthy blood donors. With a cut-off ratio of 1.0, all blood donors were anti-LC-1 negative.



Literature references

1. Martini E, Abauf N, Cavalli F, Durand V, Johanet C, Homberg JC. **Antibody to liver cytosol (anti-LC-1) in patients with autoimmune chronic active hepatitis type 2.** Hepatology 8: 1662-1666 (1988).
2. Lapierre P, Hajoui O, Homberg JC, Alvarez F. **Formiminotransferase cyclodeaminase is an organ-specific autoantigen recognized by sera of patients with autoimmune hepatitis.** Gastroenterology 116: 643-649 (1999).



