



OPERATION MANUAL NR Recorder



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The NR digital Recorder conforms to MDD 93/42/EEC.



Federal Law restricts this device to sale by or on the order of a licensed physician or healthcare provider

Caution

Disclaimer

This system is intended as a decision support system for persons who have received appropriate medical training, and should not be used as a sole basis for making clinical decisions pertaining to patient diagnosis, care, or management. Any application of medical information from the program, other than the original design or intended use thereof, is not advised and considered a misuse of the software product.

Norav Limited Warranty

Norav products are warranted to be free from manufacturing and material defects for a period of one (1) year from the date of shipment from Norav or the dealer to the original purchaser.

Excluded from this warranty are expendable supply items including, but not limited to, electrodes, lead wires, patient cables, and batteries. This warranty does not apply to any product that Norav determines that it has been modified or damaged by the customer.

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For service or technical support contact your local supplier or Norav Medical.

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Document History

Version	Date	Updates	Changed by
1.0	01/01/2016	Initial document	Boris
2.0	18/06/2017	New Logo	Alex
2.1	06/07/2017	Add models to recorder feature matrix table; NR-1207-E and NR-314-T	Boris
2.2	24.09.2017	NR-1207-3 recording modes added	Alex
2.3	30.04.2018	Text corrections	Alex
2.4	11.12.2018	Accessory items list updated	Alex
2.5	12.11.2019	More languages support noted	Alex
2.6	25.11.2019	Norav GmbH new address	Alex

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Symbols used in this manual:



Warnings call attention to possible hazards involving potential damage or injury to persons.



Cautions refer to practices necessary to protect against potential damage or loss to equipment. Pay careful attention to instructions.

Caution



Note

Notes provide pertinent information to help obtain optimum performance from the software or signify an important step or procedure that requires special attention.

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Device label symbols:

Symbol	Description
	Applied part type BF
\triangle	Caution
	Refer to operation manual NOTE On ME EQUIPMENT "Follow instructions for use"
Not for infants < 10 kg	The recorder is not suitable for measurements conducted on children weighing less than 10 kg (formation of loops in the patient cable!).
IP22	IP protection class
SN	Device Serial Number
REF	Device Reference Number
	Date of manufacture
1x(1.2V-1.5V) Size AA	Use AA (R6) batteries.
Contains FCC ID	Contains FCC certified Bluetooth module
Z	Disposal of the device in accordance with the EU Directive 2002/96/EC (WEEE).
IEC-R6 AA]+	Indicates the proper orientation of battery to be installed
R only	By prescription only. U.S. Federal Law restricts this device to sale on order of a physician only.
€	Contains MIC certified Bluetooth module

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Description

The ambulatory ECG recorder, NR is a digital ECG recorder allowing continuous recording of ECG waveforms in daily life. This instrument features digital recording of ECG waveforms on the SD Flash memory card. The NR can also store information of pacemaker pulses, acceleration sensor, respiration signal and voice recording. The NR-1207-x Models can utilize a 10-lead electrode hookup and placement to provide 12 channels of full disclosure for analysis.

The NR is a part of a conventional ambulatory ECG monitoring system where the data is recorded on a memory card that may be removed from the monitor after the recording is complete. The memory card is then placed in a card reader that is connected to the Computer Analysis System. Optionally the NR can be directly connected to the Computer Analysis System via special USB cable.

By following the instructions provided by Computer Analysis System, the recorded ECG data is downloaded from the memory card and analysis.

ECG data and patient data can be transmitted via a Bluetooth connection (BT module from Bluegiga) from NR to the Computer Analysis System and also from Computer Analysis System to the NR.

The NR shall connect only to computers that are complied with EN60950-1 and have an operating system of Windows 7 or newer.

Recorder Feature Matrix

The following table is showing the available features depending on the recorder variant.

	ECG channels	Patient cable Leads	Pacemaker detection	Acceleration sensor	Respiration signal	Voice recording	Bluetooth communication	USB communication	Ambulatory (Holter recording)	Rest ing ECG	Stress ECG	Telemetry ECG
NR-302	3	3,5,7	yes	no	no	no	no	yes	yes	no	no	no
NR-314	3	3,5,7	yes	yes	yes	yes	yes	yes	yes	no	no	no
NR-314-T	6	4,5	yes	no	no	no	yes	no	no	no	no	yes
NR-1207	3,12	3,5,7,10	yes	yes	yes	yes	yes	yes	yes	no	no	no
NR-1207-3	3,6,12	3,4,5,7,10	yes	yes	yes	yes	yes	yes	yes	yes	yes	yes
NR-1207-E	6,12	4,5,10	yes	no	no	no	yes	no	no	yes	yes	no

Indications for use

The NR recorder is intended for patients requiring:

- Ambulatory (Holter) monitoring
- Use within the physician office setting by the medical professional
 - Resting ECG monitoring (using Bluetooth communication)
 - Stress ECG monitoring (using Bluetooth communication)
 - Telemetry ECG monitoring (using Bluetooth communication)

Such monitoring is most frequently used for the indications below:

- Evaluation of symptoms suggesting arrhythmia or myocardial ischemia
- Evaluation of ECG documenting therapeutic interventions in individual patients or groups of patients
- Evaluation of patients for ST segment changes
- Evaluation of a patient's response after resuming occupational or recreational activities (For example, after myocardial infarction or cardiac surgery)
- Clinical and epidemiological research studies
- Evaluation of patients with pacemakers
- Reporting of QT interval

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Contraindications and adverse effects

There are no known contraindications or adverse effects for using Holter monitoring equipment.

Warning and Precautions

- The NR recorder is not protected against the defibrillator.

 When using the defibrillator, remove NR recorder from the patients.
- The NR recorder is not intended for use on infants weighing less than 10 kilograms (22 pounds).
- The NR recorder is not protected against the high-frequency surgical apparatus. When using the high-frequency surgical apparatus, remove NR recorder from the patient.
- Since NR recorder is the instrument of Type-BF applied parts, it is not directly applicable to the heart.
- Do not use the NR recorder in an area where using combustible or flammable gas or liquid such as anesthetic, oxygen, or hydrogen.
- The NR's power supply and patient circuit are not distinctly isolated. Only use batteries that are specified for the operation of this recorder. Do not, under any circumstances, use a power supply unit this could threaten the patient's life.
- Any attempt to use NR recorder in an area where MRI is operating will mutually generate negative effects.
- Make sure that the electrode plug (patient side) never comes into contact with live parts. Do not operate the recorder near exposed live parts.
- Store the NR recorder safely away from children.
- Before each recording and before attaching sensors or electrodes to the patient, check the casing and the ECG patient cable for damage which may have occurred, for example, due to mechanical overload, falling from a great height or wear and tear (chafed patches on the cable). Do not use the instrument or the cable if you detect cracks, melted areas or any other signs of damage to the cable or housing.



Caution

- Store the NR recorder in an area free from water or humidity
- Take care to avoid areas subject to high humidity, poor ventilation and direct sunlight; store the NR recorder in an area free from any adverse effects of surrounding air containing dust, sodium, and sulfur.
- Do not store the NR recorder in an area where chemicals are kept or which is exposed to chemical fumes or vapors.
- Do not connect NR recorder other than the specified equipment for your safety and optimal performance.
- Never attempt to modify or to disassemble the NR recorder.
- Do not open the case except for by our service person.
- Check that electrodes are correctly and completely installed.
- When using NR recorder in combination with any other equipment, refer to a qualified service technician for correct handling.

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When changing the batteries, make sure you insert them correctly (polarity). The polarity is indicated in the battery compartment. Do not leave the batteries in the NR recorder when it is not in use. Damage to the

- recorder could result from corrosion of the batteries.
- Even though that the NR recorder is protected against ingress of liquids (IP22), during a recording prevent it from being exposed to liquids. The recorder is not suitable for use in the bath tub or shower.
- During recording, make sure that the cable lead wires are not caught by the moving parts of a machine or sport equipment. This could lead to damage or injury (e.g. if loops are formed in the cable lead wires).
- Take care to prevent chemicals\liquids from entering the connectors or internal part of the recorder.
- Any attempt to use cleaner containing organic solvent, thinner, toluene, or benzene for cleaning of the NR recorder will generate the damage of the housing.
- When cleaning NR recorder, wipe with a cloth soaked with regular household cleaner diluted with water.
- Do not polish the housing with abrasive or chemical cleanser.
- Do not, under any circumstances, insert objects in the ECG Connector slot, SD card slot or the battery compartment other than NR ECG Cable connector, SD memory cards or appropriate batteries. This may lead to damages to the recorder and endanger the patient.

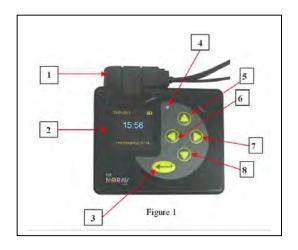


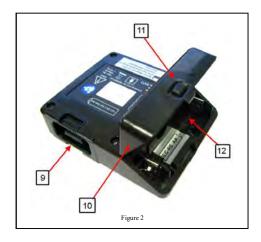
- Use only a Norav Certified SD card for Recording.
- It is the end user's responsibility to properly configure the NR recorder with settings that are compatible with their ECG analysis software.
- False positive and false negative pacer detects may occur when using Pacer Detect. False positives - may result from poor electrode connection to the patient or a large amount of electrical interference from nearby objects. False negatives - may occur with pacers that are bipolar because of a weak pacer pulse signal at the patient's skin.
- The recorder is not designed for emergency monitoring purposes (intensive medical monitor). It is only designed to record the ECG and/or heart rate.

Caution

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Controls and Indicators





Element	Description	
1	Patient ECG Cable connector	
2	Screen to display feedback from the recorder	
3	Enter, Event button	
4	Green led Indicator, Voice recorder microphone	
5	Up button	
6	Left button	
7	Right button	
8	Down button	
9	ECG cable connector slot	
10	Battery and SD Flash card compartment door	
11	Battery and SD Flash card compartment cover latch	
12	Battery and SD Flash card compartment	

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Memory Card (SD card)

(Skip this step when use models NR-1207-E and NR-314-T.)

The SD (Secure digital) card is a memory card that is formatted (see note below) exclusively for recording biological information. This card is an IC card composed of electrically erasable, non-volatile IC memory referred to as "flash memory". This offers the advantage that the data contained in the IC card is retained while the power is shut down, thereby eliminating the need for backup batteries.



Open battery compartment cover by moving Left and Up the battery compartment cover latch.



Memory card Retainer

The memory card slot is a so-called "push-push slot". In order to insert the memory card into the device, push the card into the slot until it locks in place.

To remove the memory card, push the card 1-2 mm into the slot to release the locking catch.

The battery must be removed prior to inserting or removing the SD card.

Battery compartment cover has a memory card retainer used to protect the card from falling out of its slot during recording.



- The recorder is mechanically protected from an incorrect insertion of the memory card. Do not force the card into the slot.
- Using the memory cards with other instruments (digital cameras, MP3 players, etc.) can lead to incorrect functioning and/or data loss.
- If memory card is not completely locked inside its slot, the card retainer (part of battery compartment cover) will not allow to close the cover. Do not push the cover when closing with force; it can damage the card and/or the card slot.



Note

- When looking at the SD card from the top, on the left side, there may be a writeprotection notch. If notch is not in Unlocked state, slide the tab upward (Toward the contacts) to declare the card read/write enabled.
- If the storage space runs out during a recording, the recording is stopped automatically and the instrument switches off.



- Use only a Norav Certified SD card for Recording.
- The NR recorder supports only SD cards formatted as follows: FAT(FAT16) with cluster size = 64KB for SD cards ≤ 4G or FAT32 with cluster size = 64KB for SD cards > 4G



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Main Battery

The NR is powered by one 1.5 volt AA Alkaline battery (IEC-LR6), one 1.2 volt AA rechargeable Nickel-Metal Hydride (NiMH) battery (IEC-HR6), or one 1.5 volt AA Li-FeS2 Lithium battery (IEC-FR6). Although battery life may last longer than a recording, batteries should not be re-used for a second patient. After one use, they should be disposed of following local ordinances.

Alkaline

The alkaline is the most common type of battery. When a new, properly stored battery is used, a recording time of 7 days can be expected. While a recording that runs for 24 hours will in theory use less than half the capacity of the battery, using a battery for two different patients' 24-hour recordings is not recommended. The risk is that the "second" recording will not reach 24 hours.

The primary limitation of this battery type is that there is only a limited ability to test the battery before it is used. Unfortunately, at times a defective battery will appear to initially have full capacity, but will fail well before the expected time. The probability of this type of failure is very small when the batteries are obtained from the primary suppliers. The best prevention available against defective batteries is to obtain them from suppliers who do not store them for a long time and do store them properly. There are few requirements for storage of alkaline batteries. They should be stored at ambient temperatures (10-32 °C) and in a dry location. There is no advantage in storing them in a refrigerator. There is actually a significant problem with low-temperature storage. Normal refrigerators have a very high humidity inside and this can cause a much greater reduction of life that is gained by the lower temperatures. In addition, storage at a temperature below freezing will reduce battery life.

The recommended limits of operating temperature range for alkaline batteries are -20 to 50 °C. However, batteries will discharge more efficiently as the operating temperature is increased due to increase diffusion of the fuels. As the temperature is decreased, performance decreases accordingly. To get a full capacity of these batteries it is recommended to operate the recorder at ambient temperature above 10°C.

Nickel Metal Hydride (NiMH)

This class of batteries is rechargeable and thus can be used in situations where a disposable battery is not desirable. Batteries of this type come in a range of capacities with the labeled capacity ranging from 1100 to 2800 mAh (milliamp per hour). It is recommended that only batteries with a rating of at least 2500 mAh be used. Charging these batteries is the most difficult part of their use. Only smart chargers that are specifically rated for use with NiMH batteries should be used. Older chargers designed only for NiCd (Nickel Cadmium) will overcharge this type of battery and can significantly shorten battery life. A charger that applies an excessive continuous charge can also shorten the battery life. If in doubt it is best not to leave the batteries on charge for long periods of time after the charger indicates a full charge. Unlike the older rechargeable battery types, NiMH batteries have no real "memory." Thus they do not need to be completely discharged or "conditioned" to ensure that they will fully charge. Doing a complete discharge will reduce the total life of the battery as every time the battery is discharged below about 25% capacity, the life of the battery is shortened more than for a normal discharge cycle. Most chargers for NiMH batteries depend on a property of these batteries that causes them to heat up when they have reached full charge. This has two consequences. First, if the batteries are being charged in pairs, the first battery to be fully charged will heat up and shut down the charge cycle. This can leave one of the batteries partially charged. Thus it is best to keep pairs of batteries together so they are both discharged and charged together. Secondly, if the battery is too warm for any reason, it may shut down the charge early. For that reason the batteries should be charged at normal room temperatures and it is often best not to cover the batteries in any way during the charge. Even the charger's own cover may reduce the charge. Leave the cover open during charging. When the battery is not being charged, it will slowly discharge by itself. This type of battery will lose about one percent of its charge for each day. Most chargers will bring a partially charged battery up to full capacity in under an hour. Batteries that have not been used for over two weeks should be charged before use. If used properly, these batteries will last for 300 to 500 recordings of up to 2 days each. They will still not last forever. To control battery life, writing the date on the battery that the batteries are first put in service can be helpful

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Lithium/Iron Disulfide (Li/FeS2)

Offers improved performance compared to alkaline. It has a higher capacity and a lower internal resistance than alkaline. Further advantages are improved low temperature performance, superior leakage resistance and low self-discharge, allowing 15 years of storage at ambient temperatures. The disadvantages of the Li-FeS2 are a higher price and transportation issues because of the lithium metal content in the anode. The Li-FeS2 includes safety devices in form of a positive thermal coefficient (PTC) that is resettable and limits the current at high temperature. The Li-FeS2 cell cannot be recharged as is possible with NiMH in the AA and AAA formats. Recharging could cause a leak or explosion.

This type of battery is very expensive and there may be some situations where the use of lithium batteries is not permitted. Thus they should only be used if absolutely needed.

Insert Battery



Insert a fresh AA battery as indicated in illustration, be sure to first insert from the negative terminal. Pay special attention to the correct polarity of the battery



As indicated in the illustration, close battery compartment cover and press on it until latches into the base part.



Caution

 Check that recorder settings showing a correct Battery type in the setup of the recorder.



Caution

- Do not leave battery in the recorder for extended periods (more than two weeks) when the recorder is not in use.
- If you use rechargeable batteries, the battery recharger should be kept out of the patient environment and hook-up area.
- Dispose of used batteries carefully, using environmentally friendly methods wherever possible following the state's recycling laws or your facility's recycling policy

RTC Back up Battery

The NR real-time clock is maintained by an internal rechargeable lithium cell, charged during recording from the main battery. With a full charge, the clock is maintained for at least 4 months after the main battery is removed. The clock cell is not replaceable by the user, and in the case of suspected failure the NR should be returned to Noray for service.

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Electrode Application



Many ECG adhesive electrodes are suitable for use. As ECG electrodes from different manufacturers have different electrical properties, the choice of ECG electrodes can considerably affect the measurement results and quality. Ensure that only high-quality electrodes are used. Wet gel electrodes are recommended.

Note

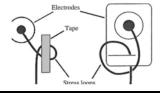
Always refer to the ANSI/AAMI EC12:2000 Standard for safety, performance, and labeling requirements for the disposable electrodes, and guidelines for reliable patient connections.

Prepare the patient's skin prior to applying the electrodes. Skin is a poor conductor of electricity, so skin preparation is important in achieving good electrode-to-skin contact.

- If necessary, clip hair at the electrode sites (or shave sites, if needed).
- Clean and abrade the skin at the electrode sites to remove oil and dead skin.
- Wash the skin thoroughly with soap and water.
- Dry the electrode placement sites.

Attaching the electrodes

- Attach the leads to the electrodes before placing them on the patient.
- Apply the electrodes by peeling them, one at a time, from the protective backing and sticking them firmly to the patient's skin.
- The electrodes should be placed over bone at each of the sites.
- The offset connector tab should be positioned in the same direction as the lead wires, towards the equipment.
- Place the electrode on the skin by gently pressing around the edge. For wet gel always avoid pressing down the centre of the electrode. If in doubt refer to the directions on the reverse of the pouch.



If you use lead lock or clip lock electrodes, be sure to use the lock or clip to relieve stress on each lead wire. Otherwise, tape each lead wire into a stress loop to help prevent movement of the electrode.

- As you attach electrodes, be careful to not let any unattached electrode come in contact with other conductive objects, including ground.
- Leave 1.5 meters (5 feet) of open area around the patient during recorder hookup and removal.



- Do not connect external devices to the recorder. Connect patient lead wires only to the patient electrodes
- Keep the recorder and patient cable clean, especially the components that touch patients.
- Do not use electrodes for adults on children.
 - Before each recording and before attaching sensors or electrodes to the patient, check the
 casing and the ECG patient cable for damage which may have occurred, for example, due
 to mechanical overload, falling from a great height or wear and tear (chafed patches on the
 cable). Do not use the instrument or the cable if you detect cracks, melted areas or any
 other signs of damage to the cable or housing.





Caution

- Verify that dates on applicable accessories have not expired.
- ECG electrodes can cause skin irritation. Examine the skin for signs of irritation or inflammation and avoid placement of the electrode in those areas. If skin irritation occurs during the procedure advise the patient to remove the electrodes and contact the health service provider as soon as possible.

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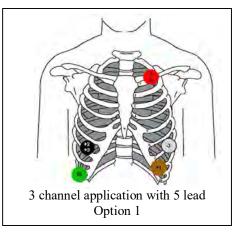
Electrode Placement

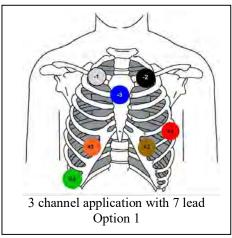
Suggested electrode placements are shown in the diagrams below. However, it is up to the physician to make the final placement determination. The recorder's ECG display screen or Computer Analysis System that used Bluetooth communication can be used to verify a proper patient hookup.

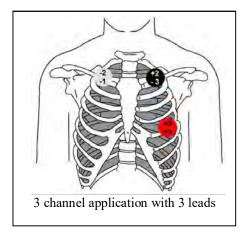


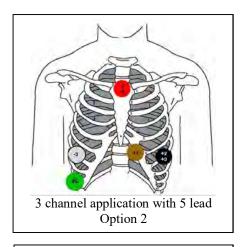
• Do not relay on the recorder LCD display as a diagnostic tool.

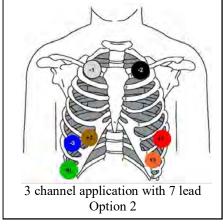
Caution

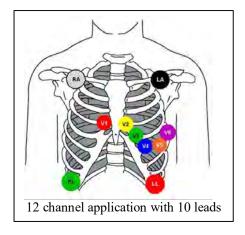












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Patient Cable Connection





Connecting:

Insert the Patient ECG Cable connector into ECG cable connector slot of the NR unit, as shown on the picture. Make sure to insert the Cable connector until there is no space between the Cable connector and the unit.

Make sure that two latches of the Cable connector are latchin

Make sure that two latches of the Cable connector are latching with the unit.

Disconnecting:

Remove the Patient ECG Cable connector by squeezing the two side latches on the head of the Cable connector and pulling away from the connector slot of the NR unit.



• Be careful not to connect the Patient ECG Cable connector upside down or at an angle into the ECG cable slot on the NR unit. This may result in damage to both the Cable connector and the ECG Cable input slot of the unit.

- Do not insert into the ECG Cable slot on the NR any other than the Patient ECG Cable connector. Damage can result to the both the ECG Cable slot input connector and Patient ECG Cable connector.
- Always check the presence of sealing O-ring on Patient ECG Cable connector and its quality. O-ring sealing protects the NR unit against ingress of splashing water when the Patient ECG Cable connector is fully fitted into the unit.
- During recording, make sure that the cable lead wires are not caught by the
 moving parts of a machine or sport equipment. This could lead to damage or injury
 (e.g. if loops are formed in the cable lead wires).
- NEVER pull on the cable itself because this can easily break the wire inside the insulation. Pulling on the cable also can cause a noisy and intermittent ECG recording.



NR hardware includes Cable connected sense. If NR will not detect connected Cable, it will display warning message with buzzer beep and show diagram of unit with not connected Cable connector.

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Screen Navigation

The NR recorder uses various menus to set preferences and enter patient information. Four keys, left, right, up and down, are used to navigate the menus. The enter key is used to make a selection of a highlighted item. Recorder involves a simple sequential procedure comprising: Record Mode Setting, Date & Time Checking or Setting, Patient Identification Entry, ECG signal quality Checking and Start Recording. The user interacts with the recorder through different LCD screens and five push-buttons.



Caution

• To prevent possible damage to the keypad, do not use sharp or hard objects to depress keys.

Brief descri	iptions of recorder screens
Screen	Description
Main	Displays Current date\time, Main battery level, and following Menu items: • Patient Data (Display Patient data – ID or Name) • Voice Recording (Record operator voice message - up to 20seconds) • Recording Settings (Display enabled recording settings) xxxH = Record time in hours \(\mathbb{E} = \mathbb{E} \text{vent button enabled} \) \(\mathbb{P} = \mathbb{P} \text{accentage} \text{detection enabled} \)
	\R = Respiration enabled \A = Acceleration sensor enabled
Settings	Displays Menu items: Patient Settings ID

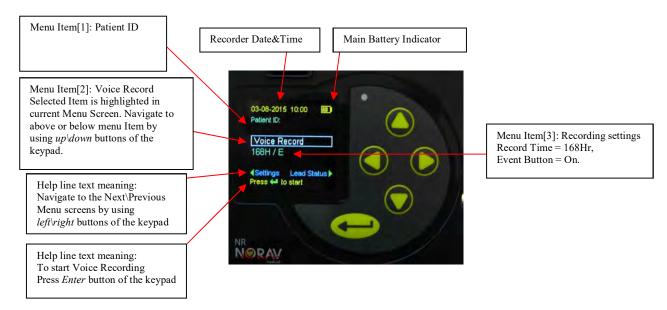
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Brief descriptions of recorder screens (continue)

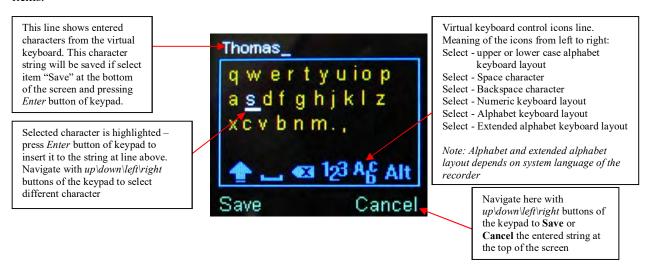
Screen	Description
Settings	
(continue)	System Settings
	Date\Time
	■ Date (Month, Day, Year)
	■ Date Format (MM/DD/YYYY, YYYY/MM/DD, DD/MM/YYYY,
	YYYY/DD/MM)
	■ Time (Hour and Minute)
	■ Time Format (12 or 24 hr)
	Display
	■ Contrast (20-90%)
	■ Rotation (0, 90, 180, 270 deg.)
	Battery
	■ Alkaline ■ NiMH
	■ NIMH ■ Lithium
	► Language
	■ English
	■ Español
	■ Deutsch
	■ Français
	■ Italiano
	■ Português
	■ Nederlands
	■ Polski
	■ Русский
	■ Ελληνική
	■ Türk
	➤ Mode (for NR-1207-3 model only)
	■ Holter
	■ Holter+
	■ ECG
	■ ECG+
	Save as default (Press Enter to save as default current settings) Alert (Press Enter to save as default current settings)
	About (Press Enter to see recorder information – Model, Serial number etc.) Production of the description of the descript
Lead check	Displays the connection status of each lead
ECG	Displays the ECG signal in real time. Pacer pulse marks and the gain setting are also
CH1,CH2,CH3	displayed. To change the gain use up\down buttons of the keypad, gain settings are (0.5,1.0,2.0,4.0,8.0)
or I,II V6	The gain setting is the same for all channels and only affects information displayed on the
1,11 10	screen. The recording will always be made at the 1.0x gain setting.
	The display grid size at 1.0x gain settings equals to 10 mm/mv (two grid boxes=1 mv).
	If <i>Pacemaker Detection</i> is turned on, pacer pulse marks are displayed below the trace to
	indicate each detection of a pacer pulse.
Start	After configuring or reviewing all the settings, select the start screen and press <i>Enter</i> .
	This will start the recording. During recording, the recorder displays the current time and time
	remaining to record.
Info	During recording NR recorder will display the date, current time, battery level indicator and
	time remaining for the recording.

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"Main" menu screen - explanation of menu navigation by using keypad buttons almost the same for the others menu screens.



"Virtual Keyboard" menu screen (alphabet layout with lower case shown), used to enter Patient Data like ID, First Name etc. Use up\down\left\right buttons of the keypad to navigate via the virtual keyboard screen items.



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Common Workflow

Holter mode (for NR-302/314/1207/1207-3 models)

A basic workflow for "classic" Holter recording procedure.

- Prepare recorder.
- Enter patient information.
- Hookup patient
- Check ECG leads quality.
- Start recording.
- While recording continues enter diary events by patient.
- When patient bring the recorder back stop the recording.
- Download the ECG recording file to the computer.
- Preview/Analyze the ECG in Holter software interface.

Holter+ mode (for 1207-3 model only)

Advanced workflow allowing to acquire the ECG traces online while Holter recording is continues.

- Prepare recorder.
- Enter patient information.
- Hookup patient
- Check ECG leads quality.
- Start recording
- Acquire the live ECG every time when it is necessary (patient must be near to the acquisition workstation)
- While recording continues enter diary events by patient (optional).
- When patient bring the recorder back stop the recording.
- Download the ECG recording file to the computer.
- Preview/Analyze the ECG in Holter software interface.

ECG mode (for NR-314-T/1207-E/1207-3 models)

Standard workflow for PC-ECG acquisition.

- Prepare recorder.
- Hookup patient.
- Check ECG leads quality.
- Run the PC-ECG or Mobile ECG software application and enter patient information.
- Acquire the live ECG.

ECG+ mode (for 1207-3 model only)

Advanced mode for record continuously the ECG traces in the NR recorder memory independently to live ECG is acquiring or not. Allows to store ECG records for more than one patient on the same memory card.

- Prepare recorder.
- Enter the patient information.
- Hookup the patient.
- Check ECG leads quality.
- Start ECG recording to the NR device memory card.
- Every time when it need launch the PC-ECG or Mobile ECG software and acquire the live ECG.
- At the end testing of current patient stop (pause) the ECG recording.
- Hookup the next patient and then continue the recording in the NR memory card.
- When NR memory card is filled download the full disclosure ECG data to the computer.

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ECG Recording Detailed Instructions

Starting New test

1. Prepare Recorder

- Open NR recorder battery compartment door.
- Insert an SD card into recorder. (Skip this step when use models NR-1207-E and NR-314-T.)
- Insert a new battery and close the battery compartment door. (*Green led of the keypad will start flashing once per second*)
- Prepare the patient (the patient should already be connected to the electrodes and patient leads) and connect the ECG cable connector to the recorder unit.
- Turn on the recorder by pressing the *Enter* button of the keypad.

2. Enter Patient Information (for Holter, Holter+ and ECG+ mode)

If an SD card was preinstalled with the Patient Data\Recording Settings file, this information will be loaded by the recorder. Check Patient data (*ID*, *Name etc.*) using the LCD screens. If Patient data is missing or wrong enter Patient data using the LCD menus screens and unit keypad. Alternatively if using model with voice record enabled; the patient data can be recorded using voice record option in the "main" screen. In this way, the measurement can still be clearly identified. Recording is possible for up to 20 seconds. Make sure that the microphone (*Green led on keypad*) is close to your mouth when recording and that you speak at a normal volume. Check recording settings, change them if required.

3. Check ECG Leads

Check the signal quality and amplitude of each channel via ECG screen menus. If ECG signal quality does not show satisfactory ECG waveforms, reposition electrode sites using brand new electrodes and techniques described above in this manual. Instruct the patient to stand, sit, and lie while verifying the ECG signals. Instruct patient to walk in place. Verify no artifact or muscle noise is displayed on the recorder LCD screen. Otherwise, check stress loops and re-prep hookup sites with brand new electrodes.

4. Start Recording (for Holter, Holter+ and ECG+ mode)

- The ambulatory ECG recording is ready to begin. Access the "Start" screen. Press the *Enter* button of keypad to start recording.
- The LCD will show "Recording" screen. During recording the NR recorder will display the date, current time, battery level indicator and time remaining for the recording. If no button has been pressed for some time, the screen goes blank; and every time a button is pressed, the LCD will show "Recording" screen for a short time.
- Place recorder into pouch or holster and secure on the patient. All equipment, except the electrodes and a portion of the lead wires, should be over at least one layer of clothing so that it is not in direct contact with the patient's skin. Orient the recorder on the patient so that the *Enter* (*Event*) button is accessible and the LCD is visible.
- Advise the patient to not expose the recorder or electrodes to any wet environment; in addition, they should not shower, bathe, or swim while wearing the recorder.
- Instruct the patient on how to use the *Enter (Event)* button to indicate symptomatic events or activities of interest during the Holter test. The patient may also be given the opportunity to enter a diary at the time of the event. They should use the up/down arrows to choose the most appropriate entry. Alternatively if using model with voice record enabled; the patient can use the voice record to enter a diary.

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Acquire ECG On-line (for Holter+, ECG and ECG+ mode)

In Holter+ recording mode the NR-1207-3 recorder is able to transmit the live ECG traces online. To acquire the live ECG waveforms online use the Resting ECG software application of PC-ECG package or the Mobile ECG application for Android OS. Refer to the appropriate user manual accordingly.

Enter a Diary Event (for Holter, Holter+ mode)

Press and hold the Enter button on the NR recorder front panel. Depending to the configuration setting - might follow require to select the symptom from the list or add a voice note.

Add a New Patient Marker (for ECG+ mode only)

While the ECG Recording is running (the 'REC' label is flashing on a Lead Check screen) - press and hold the Enter button on the NR recorder front panel.

The patient counter will be increased and (if enabled) the voice note can be added at this time.

Stop/Pause/Restart the ECG Recording (for ECG+ mode only)

While the ECG Recording is running (the 'REC' label is flashing on a Lead Check screen) - press and hold simultaneously both left and right arrow buttons on the NR recorder front panel. When the record control menu appears select the needed command from the list:

- "Stop ECG" to pause the ECG recording (finish for current patient).
- "Overwrite Record" to clean the memory card and restart the ECG recording (previously recorded ECG traces will be erased from the NR recorder memory!)
- "Shutdown" to switch the NR recorder OFF before to remove the memory card and download the ECG recording to the computer.

To Stop Holter Recording (for Holter and Holter+ mode)

When the set recording duration has been reached or if the battery capacity is low, the recorder switches off automatically. The recording can be stopped at any time by pressing and holding both keypad buttons (left and right) for 3 seconds.

Data Download

When the session is complete (completed by a trained medical technician) the ECG record data is available for analysis.

- 1) Remove the electrodes from the patient.
- 2) Remove the battery from the recorder.

The user has two options to analyze the captured ECG data by Computer Analysis System:

- Remove the memory card from the recorder. Insert the memory card into the card reader of the Computer Analysis System and transfer the ECG data according to the manual for the Computer Analysis System.
- 2) The user also has the option (if enabled) to download the recording on the memory card via USB without having to remove the card from the recorder. Start by removing the patient cable, replace it with the USB cable and confirm that the card is still in the recorder. Attach the other end of the USB cable to any available USB port on a computer. The recorder is now a card reader and can be accessed similarly as any removable disk drive would be.

Once the data transfer is complete, erase the ECG record data from the memory card. The memory card is now free to be used for the next patient.

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Nata

- The NR recorder with installed battery and SD card, turned ON and ECG cable connector connected to the unit; and is left for 10 minutes without pressing any button of keypad, will start the test automatically (for Holter and Holter+ modes). This feature of the device shall eliminate the risk that the operator forgets to start the test.
- The NR recorder with installed battery and SD card, turned ON and ECG cable connector connected to the unit; and detects a recording saved on the memory card which has not yet been downloaded by the Computer Analysis System, will show warning massage screen and will offer an option to erase the old record and prepare the device for a new record on the same memory card.
- If the batteries run flat during a recording, it is necessary to replace them with fully charged batteries within 1 hour. If the batteries are replaced in time, the NR recorder will resume the recording. However, the device will not continue in the test, if the batteries are not replaced in time. The data recorded before the battery runs flat are stored in the memory card and can be freely accessed and analyzed after download by Computer Analysis System.
- The recorder will only allow you to select settings for a recording what will fit on the SD flash card. There is a relationship between the record time, sample rate, and number of channels. By choosing a higher value in one setting, you may have to choose a lower value than you want in another setting. It is best to first set the lowest setting you desire, then the second highest, and so on.

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Maintenance and Cleaning

Remove the battery before cleaning the NR recorder. To clean the recorder unit, ECG cable lead wires, and holster wipe with a dry cloth or a cloth soaked with regular household cleaner diluted with water.



- Take care to prevent chemicals\liquids from entering the connectors or internal part of the recorder.
- The battery contacts should not come in contact with soap or water.
- Do not polish the housing with abrasive or chemical cleanser.
- Use of alcohol, acetone, Alkyl Dimethyl Benzyl ammonium chlorides or a methyl ammonium chloride is NOT recommended to clean the reorder unit and holster. Use of alcohol or acetone on lead wires could cause the lead wires to stiffen and the insulating plastic to crack. Use of a methyl ammonium chloride (commonly found in many consumer wipes) on the recorder unit and holster could cause the plastic to deteriorate.
- The recorder and patient cables must not be autoclaved or sterilized with steam.



Note

If liquid penetrates the device, i.e. during cleaning or recording, this may interfere with correct functioning. Switch the recorder OFF, remove the patient cable, the memory card and the battery. Leave the recorder in a warm, dry room with the battery door open for 48 hours. If the functioning is still affected, contact the contact customer support.

Before using the NR recorder, execute the check of the unit in accordance with the check procedure. In case that any rejected items are found as a result of the check, it will be totally judged as rejection. Take the corrective measures as the rejected items. Use the recorder after all the items become accepted. Unit check shall be performed by each medical institution, or by Norav personnel, representative agent, or an authorized third party. For more details, do not hesitate to consult your dealer or Norav Medical personnel.

Details of the check	Check Method	Criteria
SD card	Visually check for scratches and damage.	Must be free from scratches and damages.
Operation manual	Check that the operation manual is kept in a predetermined place.	Should be kept in a predetermined place.
Cracks and distortion of the recorder enclosure	Visually check the recorder enclosure for cracks and distortion.	Must be free from cracks and distortion.
Battery compartment	Check whether dirt or hair is not accumulated between the battery compartment and its door	Must be free from dirt or hair.
Keypad buttons	Check whether the keypad buttons have tactile feedback when pressed	Must get tactile feedback.
Battery contacts in the battery compartment	Visually check the battery contacts for strain, skew, and corrosion.	Must be free from strain, skew, and corrosion.
Battery compartment door latch	Check spring loaded in the battery door latch.	Spring must be loaded.

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Storage

Before storage, make sure to remove a main battery and a SD card from the NR recorder and close the battery compartment door tightly. Store the recorder in the provided storage case.



- Store the NR recorder in an area free from water or humidity
- Take care to avoid areas subject to high humidity, poor ventilation and direct sunlight; store the NR recorder in an area free from any adverse effects of surrounding air containing dust, sodium, and sulfur.
- Do not store the NR recorder in an area where chemicals are kept or which is exposed to chemical fumes or vapors.

Service

If there is a problem with the NR recorder, review the Troubleshooting section for a listing of problems and solutions. If additional assistance is required, contact customer support via phone, fax or e-mail listed in this manual. Call customer support before returning a recorder to make shipping arrangements.

All repairs on products under warranty must be performed or approved by Norav Medical. Unauthorized repairs void the warranty. In addition, whether or not covered under warranty, any product repair shall exclusively be performed by Norav Medical certified service personnel.

When calling, please be prepared to provide:

- Product name and complete description of the problem.
- Serial number of your product.

In case a return cannot be avoided, the representative will record all necessary information and will provide a Return Material Authorization (RMA) number, as well as the appropriate return address. An RMA number must be obtained prior to any return.

If you have to return goods for service, follow these recommended packing instructions:

- Remove all cables, sensors, and ancillary products (as appropriate) before packing, unless you suspect they are associated with the problem.
- Wherever possible use the original shipping carton and packing materials.
- Include a packing list and the Norav Return Material Authorization (RMA) number.

It is recommended that all returned goods be insured. Claims for loss or damage to the product must be initiated by the sender.

Calibration

The device does not need any calibration.

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Troubleshooting

Symptom	Solution
No display or recorder does	■ Ensure battery is inserted with correct polarity.
not power on	■ Install a new AA battery.
Low battery (message)	■ Install a new AA battery.
	■ Inspect battery compartment, clean contacts if necessary.
No Cable (message)	■ Ensure patient cable (lead set) is connected to the recorder. The recorder will
	not pass the screen unless a cable is connected.
	■ Check that the recorder sided connector is not damaged.
N: C / FCC	Check that the cable connector pins are not broken or bent / damaged.
Noise artifacts on ECG	■ Ensure you have prepared the patient's skin according to the instructions.
signal	 Ensure the electrodes are properly applied to the patient. Ensure the leads are making proper contact with the electrodes.
	■ Replace the Patient ECG cable.
Lead OFF (message)	■ Ensure you have prepared the patient's skin according to the instructions.
Lead OII (message)	■ Ensure the electrodes are properly applied to the patient.
	■ Ensure the leads are making proper contact with the electrodes.
	■ Replace the Patient ECG cable.
SD Card Error (message)	■ Ensure the memory card is Norav Certified.
, 3,	■ Ensure the memory card is not write protected (small switch on the SD Card)
	■ Reformat the memory card or replace the card with a new Norav certified
	memory card.
Previous recording found	■ Download the ECG data with Computer Analysis System,
(message)	or delete it from the SD card using left and enter buttons.
Set Date/Time (message)	■ The internal battery that runs the real time clock may not be fully charged.
	This battery is built into the recorder and is not user replaceable. It is
	recharged every time you insert an AA battery. If the recorder is unused for an extended period of time, the internal battery can become discharged. To fully
	recharge the internal real time clock battery, insert a fresh AA battery into the
	recorder and let the recorder charge, for 12 hours.
SD card too small (message)	■ Check that Record Settings screen is set for the desired number of hours.
	Memory card has only enough memory capacity to run for the number of
	Hours which are available as valid selections in the Record Settings menu.

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Technical Specifications

	Conditions	min	typical	max	Unit
Dimensions					
Width			92		mm
Height	Without ECG cable		75		mm
Depth	Without ECG cable		23		mm
Weight	Without battery		103		g
Ingress protection against water	With ECG cable connected, Battery		IP22		8
ingress protection against water	door closed and sealing installed.		11 22		
ECG					
Channels		3		8	
Input impedance		>10			MOhm
CMRR		>90			dB
Frequency Response HPF	Recording	. ,0	0.05		Hz
Frequency Response LPF	Recording	65	0.03	260	Hz
Dynamic range	Recording, peak to peak	03	10	200	mV
A/D bit Resolution	Recording Recording		12		bit
Sampling rate	-	250	12	1000	Hz
1 6	Recording	230		1000	пх
Pacemaker detection	Analogue detection on 2 channels	2		700	3.7
Amplitude		2 0.1		700	mV
Width		0.1		2	ms
Accelerometer					
Channels			3		
Dynamic range	Recording, peak to peak		4		g
Respiration					
Channels	Sensing electrodes ch1+,ch1-		1		
Excitation current			27.3		uA
Excitation frequency			64		kHz
Power					
Supply voltage	1x AA battery	1.0	1.5	2.7	V
Internally occurring voltage			2.8	13	V
In RMS current during recording	Vbatt=1.5V	10		150	mA
Ambient conditions					
Ambient temperature	Storage	-20		+60	°C
1	Operation	+10		+45	°C
Humidity (non-condensing)	Storage	10		95	%RH
	Operation	10		95	%RH
Atmospheric pressure	Storage	700		1060	hPa
rumospherie pressure	Operation	700		1060	hPa
	Ореганоп	700		1000	III u
Conformance to Regulatory Stand	ands	IEC 60601-1,			
Comormance to Regulatory Stand	ai us	IEC 60601-1,			
		IEC 60601-2-4			
		IEC 60601-1-1			
Classification		Type-BF applie			
		Internally power			
		Equipment for	continuous opei	ration	
Communication		Equipment for USB 2.0 HS,	continuous opei	ration	

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ECG Cables and Accessories

Item	Part Number	NR Compatibility	Application	Defib. protected
ECG Cables				
3 Lead Patient Cable, Snap, AHA	C3-S-U-EI	302, 314, 1207, 1207-3	Holter	No
4 Lead Patient Cable, Clip, AHA	C4-C-U-EI-07	314-T, 1207-3, 1207-E	Telemetry	Yes
4 Lead Patient Cable, Clip, IEC	C4-C-E-EI-07	314-T, 1207-3, 1207-E	Telemetry	Yes
5 Lead Patient Cable, Snap, AHA	C5-S-U-EI	302, 314, 1207, 1207-3	Holter	No
7 Lead Patient Cable, Snap, AHA	C7-S-U-EI	302, 314, 1207, 1207-3	Holter	No
7 Lead Patient Cable, Snap, IEC	C7-S-E-EI	302, 314, 1207, 1207-3	Holter	No
10 Lead Patient Cable, Snap, AHA	C10-S-U-EI	1207, 1207-3	Holter	No
10 Lead Patient Cable, Snap, IEC	C10-S-E-EI	1207, 1207-3	Holter	No
10 Lead Patient Cable, Clip, AHA	C10-C-U-EI-07	1207-3, 1207-E	12-lead ECG	Yes
10 Lead Patient Cable, Clip, IEC	C10-C-E-EI-07	1207-3, 1207-E	12-lead ECG	Yes
10 Lead Patient Cable, Banana, AHA	C10-B-U-EI	1207-3, 1207-E	12-lead ECG	Yes
10 Lead Patient Cable, Banana, IEC	C10-B-E-EI	1207-3, 1207-E	12-lead ECG	Yes
Accessories				
USB 2.0 HS Cable, 1.5m	USBA-1.5M-EI	302, 314, 1207, 1207-3		
Recorder Holster	NR-HOL	302, 314, 1207, 1207-3, 1207-E		
Recorder Pouch	NR-P	302, 314, 1207, 1207-3, 1207-E	·	
Certified NR SD Memory Card 2GB	NR-2G-SD	314, 1207, 1207-3		
Certified NR SD Memory Card 512MB	NR-512M-SD	302		

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Electromagnetic Emissions and Immunity Information Refer to the following tables for specific information regarding NR recorder compliance to IEC 60601-1-2.

Table 1: Electromagnetic Emissions

Tuble 1. Dieer omagnetie Emissions						
Emissions Test	Compliance	Electromagnetic Environment—Guidance				
This device is intended for use in the electromagnetic environment specified below. The customer and/or user of this device should ensure that it is used in such an environment.						
RF Emissions CISPR 11	Group 2	This device must emit electromagnetic energy in order to perform its intended function. Nearby electronic equipment may be affected.				
RF Emissions Class B CISPR 11		This device is suitable for use in all establishments, including domestic and those directly connected to the public low-voltage power supply network that supplies buildings used for				
Harmonic Emissions IEC 61000-3-2	N/A	domestic purposes.				
Voltage Fluctuations/Flicker Emissions IEC 61000-3-3	N/A					

Table 2: Electromagnetic Immunity

This device is intended for use in the elect The customer and/or user of this device should ±6 kV contact ±8 kV air	ensure that it is used	
±6 kV contact	±6 kV contact	
		Floors should be wood, concrete, or ceramic tile. If floors
	±8 kV air	are covered with synthetic material, relative humidity should be at least 30%.
±2 kV for power supply lines ±1 kV for input/output lines	N/A	Mains power quality should be that of a typical commercial or hospital environment.
±1 kV differential mode ±2 kV common mode	N/A	Mains power quality should be that of a typical commercial or hospital environment.
±5% UT (>95% dip in UT) for 0.5 cycle ±40% UT (60% dip in UT) for 5 cycles ±70% UT (30% dip in UT) for 25 cycles <5% UT (>95% dip in UT) for 5 sec.	N/A	Mains power quality should be that of a typical commercial or hospital environment.
3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
	±1 kV for input/output lines ±1 kV differential mode ±2 kV common mode ±5% UT (>95% dip in UT) for 0.5 cycle ±40% UT (60% dip in UT) for 25 cycles ±70% UT (30% dip in UT) for 25 cycles <5% UT (>95% dip in UT) for 5 sec.	±1 kV for input/output lines ±1 kV differential mode ±2 kV common mode ±5% UT (>95% dip in UT) for 0.5 cycle ±40% UT (60% dip in UT) for 5 cycles ±70% UT (30% dip in UT) for 25 cycles <5% UT (>95% dip in UT) for 5 sec. 3 A/m 3 A/m

Rev: 2.6 Date: 25-Nov-2019 Document Number: NV-54/NR Page 30 of 32 Table 3: Guidance and Manufacturer's Declaration—Electromagnetic Immunity

•	IEC 60601 Test Level	Compliance	Electromagnetic Environment—Guidance		
Immunity Test		Level			
This device is intended for use in the electromagnetic environment specified below.					
	The customer of	and/or user of this a	device should ensure that it is used in such an environment.		
Portable and mobile RF communications equipment should be used no closer to any part of the device, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.					
			Recommended Separation Distance		
Conducted RF	3 Vrms	3 Vrms	$d = 1.17 \sqrt{P}$		
IEC 61000-4-6	150 kHz to 80 MHz				
Radiated RF IEC 61000-4-3	3 V/m 80 MHz to 2.5 GHz	3 V/m	$d = 1.17 \sqrt{P}$ 80 MHz to 800 MHz		
			$d = 2.33 \sqrt{P}$ 800 MHz to 2.5 GHz		
			where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in meters (m).		
			Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey a, should be less than the compliance level in each frequency range ^b .		
			Interference may occur in the vicinity of equipment marked with the following symbol: ((**))		

a. Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the device is used exceeds the applicable RF compliance level above, the device should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the device

NOTES:

- At 80 MHz and 800 MHz, the higher frequency range applies.
- These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

Table 4: Recommended Separation Distances

The following table details the recommended separation distances between portable and mobile RF communications equipment and NR recorder.

This device is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. Users of this device can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communication equipment (transmitters) and the device as recommended below, according to maximum output power of the communications equipment.

	Separation Distance According to Frequency of Transmitter(m)					
Rated Maximum Output Power of Transmitter	150 kHz to 80 MHz $d = 1.17 \sqrt{P}$	80 MHz to 800 MHz $d = 1.17 \sqrt{P}$	800 MHz to 2.5 GHz $d = 2.33 \sqrt{P}$			
W		0.71 0.71	0.000			
0.01	0.12	0.12	0.23			
0.1	0.37	0.37	0.74			
1	1.2	1.2	2.3			
10	3.7	3.7	7.4			
100	12	12	23			

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTES:

- At 80 MHz and 800 MHz, the higher frequency range applies.
- These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

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b. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than [3] V/m.

FCC information



For patients with a pacemaker, maintain a minimum of 6 inches (15 cm) between the recorder and pacemaker. Turn the recorder off immediately and provide appropriate patient care if you suspect the recorder affected the pacemaker. The Health Industry Manufacturers Association recommends a minimum 6-inch (15 cm) distance between a wireless radio and a pacemaker, which is consistent with the recommendations of Wireless Technology Research.

The NR device contains FCC ID: QOQWT11IA

This device complies with Part 15 of the FCC Rules. Operation is subject to the following conditions:

- This device may not cause harmful interference.
- This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and radiates radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communication. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

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