



## Nicoleta Tumoruc

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**Instagram**: [https://instagram.com/nicoleta\\_tm?igshid=YmMyMTA2M2Y=](https://instagram.com/nicoleta_tm?igshid=YmMyMTA2M2Y=)

**Gender**: Female **Date of birth**: 14/12/2004 **Nationality**: Romanian

### ABOUT ME

I am a friendly and outgoing individual with varied interests, including biology (especially human anatomy), chemistry, cars, makeup, and skincare. My love for animals drives me to help those in need. My empathy fosters strong relationships, as I strive to support others and bring joy to their lives.

### EDUCATION AND TRAINING

[ 01/09/2023 – Current ] **Psychological Degree**

**University of Moldova** <https://usm.md/>

**City**: Chisinau | **Country**: Moldova | **Field(s) of study**: Social sciences, journalism and information: ● *Psychology*; Health and welfare: ● *Social work and counselling*

[ 01/09/2020 – Current ] **High School**

**IPLT "Gaudeamus"** <http://gaudeamus.md/index.php>

**Address**: Petru Zadnipro Street, 14/4, MD-2044, Chișinău, Moldova |

[ 01/09/2011 – 31/05/2020 ] **Primary and secondary education**

**"Ion Luca Caragiale" Theatrical Profile Gymnasium** <https://www.facebook.com/caragialechisinau>

**Address**: Miron Costin Street, 19/7, MD-2068, Chișinău, Moldova |

### LANGUAGE SKILLS

**Mother tongue(s)**: Romanian

**Other language(s)**:

**Russian**

LISTENING C2 READING C2 WRITING B2

SPOKEN PRODUCTION C1 SPOKEN INTERACTION B2

**English**

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

### DRIVING LICENCE

**Cars**: B1 23/06/2023 –  
23/06/2033

**Cars**: B 23/06/2023 –  
23/06/2033

## DIGITAL SKILLS

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### My Digital Skills

Microsoft Office | Microsoft Word | Microsoft PowerPoint | Social Media | Zoom | Facebook | Google (Google Meet, Google Classroom, Google Documents, Google Presentation, Google Drive, Forms) | Skype | Viber | Internet User | Good listener, good communicator | Instagram | Written and verbal skills | Organizational and planning skills | Gmail | WhatsApp | Team-work | Reliability | Presenting | Photo and video editing | HTML: Basic

## CONFERENCES AND SEMINARS

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[ 03/05/2017 – 05/05/2017 ]

### My First Interaction with Psychology School

When I was in the 7th year we had a seminar provided by our school in which we talked about how the brain works and how we make decisions. During those days we worked in groups, had fun, and accumulated lots of helpful information but childishly through games. At the end of this seminar we were given some gripping books and also I found one of the psychology writers, Irvin David Yalom. Thanks to this experience, now I can see lots of situations in different ways.

[ 20/03/2024 – 21/03/2024 ]

### Sesiunea națională de comunicări științifice studențești Chisinau, USM

At the university, we have the privilege of attending various activities, including conferences and seminars, where we can present our research. At this event, I had the opportunity to discuss how colors influence the human brain and decision-making from a neuropsychological perspective in our daily lives.

**Link:** <https://photos.fife.usercontent.google.com/pw/AP1GczNXIKqP-RjjFOrAgdRWTSTuiSkX8y8JrqCKqqcmO94xZRNr1MITUgPBIO=w1231-h879-s-no-gm?authuser=0>

[ 17/04/2024 – 17/04/2024 ]

### VIII-a ediție a Lecturilor științifice studențești Chisinau, USM

At this conference, we students reviewed an opera from a chosen philosopher and related it to contemporary society. I selected Immanuel Kant's "Eternal Peace," which proved to be an outstanding choice and addressed the topic effectively.

**Link:** <https://photos.fife.usercontent.google.com/pw/AP1GczMQIC4F1D1cvExuB96lhqf8LUIGIkd0i1n6mL9mVKkl2HGutxoslkoOZQ=w639-h879-s-no-gm?authuser=0>

## HOBBIES AND INTERESTS

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### My experience as a dancer

I have been interested in dancing since I was just a child. My career in dancing began in my first year of school, when I was enrolled in an extracurricular course in which we learnt national Moldovan dances. After 5 years, I decided to try something new and began practising modern dances such as hip-hop, dancehall, vogue and so on, at a special dance club. I was there for a few years during which I had the pleasure to compete in several contests and dance on the stage at events. Unfortunately, I had to stop practising due to an ankle injury.

**Link:** <https://youtu.be/sqTH25jPu4Q>

### Diving in the paintings of my mind

Another hobby that describes my personality is drawing. I find it easy to express my feelings through this kind of activity. I discovered this hobby in my childhood when I

understood that holding a pencil is more satisfying than I thought it was. I tried several styles, but still, I can't decide which one is better for me because, usually, I just bring a pencil and start to create.

**Links:** <http://surl.li/drcml> | <http://surl.li/drcza> | [https://photos.fife.usercontent.google.com/pw/AP1GczO4-NJdCoPE2\\_YweFegdJf1soNrRUHI0\\_7QwdbInlyepuVwMfpwCJXFLA=w659-h879-s-no-gm?authuser=0](https://photos.fife.usercontent.google.com/pw/AP1GczO4-NJdCoPE2_YweFegdJf1soNrRUHI0_7QwdbInlyepuVwMfpwCJXFLA=w659-h879-s-no-gm?authuser=0) | [https://photos.fife.usercontent.google.com/pw/AP1GczOTmO46yblQCsUdg0xdv9INhwx8UNha4kYTFIN\\_JsKcS9Kh75EO9BS9BQ=w659-h879-s-no-gm?authuser=0](https://photos.fife.usercontent.google.com/pw/AP1GczOTmO46yblQCsUdg0xdv9INhwx8UNha4kYTFIN_JsKcS9Kh75EO9BS9BQ=w659-h879-s-no-gm?authuser=0)

### Literature

I am a passionate reader, and fortunately, my current studies align with this hobby. I have explored many scientific and psychological works and have a list of favorite authors, including Irvin Yalom, Daniel Goleman, Jordan Peterson, Stephan Klein, and Gabor Mate. I also enjoy philosophical books by Emmanuel Kant and Nietzsche, as well as Frederik Backman's style and Romanian classics like "Cântecul Mării" by Oleg Serebrian.

## COMMUNICATION AND INTERPERSONAL SKILLS

### I as a part of society

My entire life, I was a communicable and assertive person who wasn't afraid to speak up for herself, and can easily connect with people. One of the best parts of my personality is that I'm not only a good speaker, but also an empathetic listener who will always be ready to listen to all your worries and feelings and if it is necessary, to support you with a piece of advice or an opinion.

## VOLUNTEERING

[ 10/10/2021 – Current ]

### My way in volunteering Iticket; Sporter; KLumea;

I started practicing volunteering due to some of my friends who were already involved in this type of activity. All in all, my first experience as a volunteer was at the "Iticket" organization which searches for volunteers to help them with organizing concerts and social work such as helping people find their seats, providing information to them, dealing with tickets, or even doing some organizational stuff behind the stage. After a while, in which I made lots of new friends and improved my communication and organizational skills, I was invited to "Sporter" - another organization that organizes sports festivals and marathons. At this company I have been a volunteer for only a season.

Another part of my experience was helping people from Ukraine, who were searching for shelter from the current war, at certain special locations for refugees, where I have worked day and night.

Moreover, this year I had the pleasure of being enrolled in another organisation, "KLumea" which is directed by a famous journalist- Nata Albot. At this organization, I have managed to be an active volunteer in organising 2 biggest festivals in Moldova : IaMania and Hodina. We worked for several weeks at an art workshop making all the necessary decorations, worked with people, especially with the company's partners and patrons, and were involved in the most important organizational parts of festivals.

In the end, I can say that I am an active volunteer who really wants to make our world better and more beautiful.

**Links:** <https://www.instagram.com/klumea.eu/> | <https://www.instagram.com/hodina.fest/>

## REFERENCE PEOPLE

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### **These are some people you can contact**

Univesity teachers:

Paladi Oxana - [oxana.paladi@usm.md](mailto:oxana.paladi@usm.md)

Toma Natalia - [natalia.toma@usm.md](mailto:natalia.toma@usm.md)

UNIVERSITATEA DE STAT DIN MOLDOVA



Nr. 255917/23197

21 / 10 2024

ADEVERINȚĂ

Prin prezenta se confirmă că Timurue Nicoleta, este student (ă) în anul II,  
în bază de contract,  
al (a) Facultății de Psihologie și Științe ale Educației, Sociologie și Asistență Socială  
învățământ cu frecvență la zi.

Adeverința este eliberată pentru a fi prezentată la cerere.

Decanul facultății

