# Gavage nutrition

Nutrego clinical nutrition is complete enteral nutrition covering the energy and nutrition requirements in patients with standard or specific demands for enteral nutrition. The key component is high quality milk protein with a high proportion of whey.

All Nutrego enteral nutrition products are gluten-free and lactose-free thanks to the added lactase enzyme. High amount of MCT fats ensures fast and available energy without the risk of fat malabsorption.



# nutrego

For intensive care nutrition



Indication



- for patients in need of high doses of protein (catabolism, sepsis)
- for obese patients, incl. sarcopenic obesity
- to support the protective function of the intestinal barrier
- in IBD
- · early enteral nutrition (trophic)
- in cases of fat malabsorption

# Key nutritional values

ml	100	500	1000
energy (kcal)	118	590	1180
protein (g)	10	50	100
fat (g)	3,2	16	32
-of which MCT (g)	1,7	8,4	16,8
carbohydrates (g)	12	60	120
chicory root fibre (g)	0,5	2,5	5
osmolarity	315 mOsmol/l		

Taste: neutral

Sales packaging: 12 x 500 ml, 6 x 1000 ml



# nutrego **FORTE**

nutrition for protein and energy deficit

High amount of protein	High amount of energy	High amount of MCT

- for malnutrition or the risk of malnutrition
- for cardiac insufficiency
- for oncological diseases
- for pre-surgery or reconvalescent patients
- for intensive care

#### Key nutritional values

ml	100	500	1000
energy (kcal)	202	1010	2020
protein (g)	8,5	43	85
fat (g)	8	40	80
-of which MCT (g)	5,3	26,5	53
carbohydrates (g)	24	120	240
-of which sugar (g)	15,8	79	158
osmolarity	778 mOsmol/l		

Sales packaging: 12 x 500 ml, 6 x 1000 ml



### nutrego

# DIA

nutrition for hyperglycaemia prevention and treatment support



#### Indication

- for impaired glucose tolerance
- for diabetes mellitus
- for insulin resistance
- for stress-induced hyperglycaemia

#### Key nutritional values

ml	100	500	1000
energy (kcal)	102	510	1020
protein (g)	5	25	50
fat (g)	3,7	18,5	37
-of which MCT (g)	2,4	12	24
carbohydrates (g)	11,1	55,5	111
-of which sugar (g)	5,1	25,5	51
chicory root fibre (g)	2	10	20
osmolarity	365 mOsmol/l		

Taste: neutral

Sales packaging: 12 x 500 ml, 6 x 1000 ml



## nutrego

nutrition for intestinal motility disorders

#### Indication

- constipation or diarrhoea prevention
- in ATB therapy (ATB-induced diarrhoea)
- in IBD (Crohn's disease, ulcerative colitis) for improvement of bowel movement

#### Key nutritional values

nt	100	500	1000
nergy (kcal)	100	500	1000
rotein (g)	4,7	23,5	47
at (g)	3,6	18	36
of which MCT (g)	0,3	1,5	3
arbohydrates (g)	11	55	110
nicory root fibre (g)	2,2	11	22
smolarity	330 mOsmol/l		

Taste: neutral

Sales packaging: 12 x 500 ml, 6 x 1000 ml



# nutrego

# **OPTIMAL**

nutrition in energy, protein and fibre deficiency

High amount of	( )
protein and energy	ol

- in case of malnutrition or risk of malnutrition
- in need of a high dose of energy and/or protein
- for the support of the protective function of the intestinal barrier
- while ensuring a sufficient dose of vitamin D
- in case of sepsis, critical illness incl. burns
- with long-term enteral nutrition, e.g. in oncology / neurological patients
- in case of need for fluid restriction during enteral nutrition (e.g. cardiac insufficiency)

#### Key nutritional values

ml	100	500	1000
energy (kcal)	200	1000	2000
protein (g)	12	60	120
fat (g)	7,8	39	78
of which MCT (g)	0,5	2,5	5
carbohydrates (g)	19,5	97,5	195
chicory root fibre (g)	2	10	20
osmolarity	520 mOsmol/l		

Taste: neutral

Sales packaging: 12 x 500 ml, 6 x 1000 ml

# www.nutrego.eu

Premium clinical nutrition made in the Czech Republic

Contact for all business development enquiries: email: sales@nutrego.eu, tel.: +420 725 570 386

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Sipping and Gavage nutrition

nutrego

Feeding means Healing

# Sipping

**Nutrego clinical nutrition** developed by a group of Czech medical doctors and nutrition specialists with the aim of ensuring top quality and easily available nutrition in situations where regular food is unable to supply sufficient energy, proteins and other macro- and micronutrients.

Key component of Nutrego clinical nutrition is a high-quality milk protein - whey. All Nutrego products are lactose free as they contain the lactase enzyme which breaks down milk sugar (lactose). This unique quality makes Nutrego products suitable even for lactose-intolerant clients. All Nutrego products are gluten free and can be used both as a dietary supplement or as a single source of nutrition (except for Nutrego Fruty) for both healthy and sick clients (particularly in malnutrition).



# nutrego **FORTE**

hypercaloric nutrition with high protein content and no fibre

#### Indication

- intended as a diet for malnutrition or the risk of malnutrition
- for patients with increased protein and energy requirements (e.g. oncological diseases, IBD¬¬\*)
- to improve patients' nutritional status pre- and post-surgery

Flavours: vanilla, chocolate, nut, cappuccino, apricot, wild strawberry

Sales packaging: 12 x 200 ml, 12 x 330 ml

#### Key nutritional values

ml	100	200	330
energy (kcal)	202	404	667
protein (g)	8,5	17	28
fat (g)	8	16	26,4
carbohydrates (g)	24	48	79,2
-of which sugars (g)	15,8	31,6	52,1
fibre (g)	0	0	0

#### Daily dose<sup>1</sup>

200	330
1-2 pcs.	1 pc.
5 pcs.	3 pcs.
	1-2 pcs.



# nutrego **FRUTY**

fat-free hypercaloric nutrition with fruit flavour (nutritionally incomplete)

#### Indication

- intended for malnutrition or the risk of malnutrition in patients with diseases of the gallbladder, pancreas or liver
- suitable as part of a reduced-fat diet
- for those with intolerance of dairy forms of nutritional support

Flavours: apple, orange, strawberry, cherry, black currant

Sales packaging: 12 x 330 ml

#### Key nutritional values

ml	100	330
energy (kcal)	150	495
protein (g)	4,5	14,8
fat (g)	0	0
carbohydrates (g)	33	109
-of which sugars (g)	5,1	16,8
fibre (g)	0	0

#### Daily dose1

ml	330
supplementary nutrition	1-2 pcs.
complete nutrition	3-4 pcs.



nutrego

DIA

FRUTY

malina

# nutrego

# CREME

hypercaloric nutrition with a creamy consistency and a high protein and energy content, fibre-free

#### Indication

- intended for malnutrition or the risk of malnutrition
- suitable for patients with difficulty swallowing foods or liquids (dysphagia)
- suitable nutrition for seniors
- for patients with neurological disorders

Flavours: chocolate, vanilla Sales packaging: 12 x 175 g

#### Key nutritional values

g	100	175
energy (kcal)	200	350
protein (g)	10	17,5
fat (g)	7,5	13
carbohydrates (g)	23	40,3
-of which sugars (g)	4	7
fibre (g)	0	0

#### Daily dose<sup>1</sup>

g	175
supplementary nutrition	2 pcs.

## nutrego

# DIA

isocaloric nutrition with low glycaemic index and soluble fibre

#### Indication

- intended for malnutrition or the risk of malnutrition in patients with diabetes mellitus or hyperglycaemia
- suitable for overweight or obese patients to compensate for nutritional deficiencies
- supports proper bowel function

Flavours: vanilla, chocolate, nut **Sales packaging:** 12 x 200 ml, 12 x 330 ml

nutrego PLUS

Indication

FRUTY

Hypercaloric incopmlete nutrition

in case of malnutrition or risk of malnutrition,

in case of fat absorption disorders, suitable

for patients with disease gallbladder, pancreas

with 35% fruit and vitamin D

as part of a fat-restricted diet

with increased need for energy

of nutritional support

Sales packaging: 4 x 175 ml

with taste intolerance of milk forms

**Flavours:** raspberry, blueberry, apple, peach

#### Key nutritional values

ml	100	200	330
energy (kcal)	102	204	337
protein (g)	5	10	17
fat (g)	3,7	7,4	12
carbohydrates (g)	11,1	22,2	36,6
-of which sugars (g)	5,1	10,2	16,8
fibre (g)	2	4	6,6

#### Daily dose<sup>1</sup>

ml	200	330	
supplemen. nutri.	3-4 pcs.	2 pcs.	
complete nutrition	9-10 pcs.	5-6 pcs.	

### Key nutritional values

ml	100	175
energy (kcal)	152	266
protein (g)	5,6	9,8
fat (g)	0,1	0,2
carbohydrates (g)	32	56
-of which sugars (g)	14	25
fibre (g)	0,9	1,6

#### Daily dose<sup>1</sup>

ml	175
supplementary nutrition	2-3 pcs.

Values refer to raspberry flavor.

# nutrego RENAL

RENAL .

# nutrego RENAL

hypercaloric nutrition with controlled amounts of proteins and electrolytes

#### Indication

- intended for malnutrition or the risk of malnutrition in patients with renal insufficiency (pre-dialysis stage)
- supports better mineral imbalance correction (hyperkalaemia, hyperphosphatemia)
- also suitable for patients with hypertension

Flavours: vanilla, chocolate

Sales packaging: 12 x 200 ml, 12 x 330 ml

# Key nutritional values

ml	100	200	330
energy (kcal)	162	324	535
protein (g)	4	8	13
fat (g)	6	12	20
carbohydrates (g)	23	46	75,9
-of which sugars (g)	11	22	36,3
fibre (g)	0	0	0

#### Daily dose<sup>1</sup>

ml	200	330
supplemen. nutri.	1-2 pcs.	1-2 pcs.
complete nutrition	4-5 pcs.	3 pcs.

# nutrego **RENAL**

isocaloric nutrition with a high content of protein and an adjusted electrolyte proportion

#### Indication

- intended for malnutrition or the risk of malnutrition in dialysis patients with chronic renal failure
- helps improve the balance of certain electrolytes
- suitable for patients with diabetes mellitus

Flavours: vanilla, chocolate

Sales packaging: 12 x 200 ml

#### Key nutritional values

ml	100	200
energy (kcal)	114	228
protein (g)	10	20
fat (g)	3	6
carbohydrates (g)	11,5	23
-of which sugars (g)	8	16
fibre (g)	0,8	1,6

#### Daily dose<sup>1</sup>

ml	200
supplementary nutrition	1-2 pcs
complete nutrition	5-7 pcs

Key nutritional values

energy (kcal)

fat (q)

# nutrego ADENSIN

# nutrego **ADENSIN**

nutrego Adensin is an instant thickener designed to thicken beverages and foods for the dietary management of swallowing problems (dysphagia). It contains xanthan gum, which makes the thickener resistant to salivary amylase, to make swallowing safe. It does not form lumps in liquids, to deliver optimum and consistent thickening of all liquids.

Flavours: neutral

Sales packaging: 1 x 400 g

Thickening options:





















137	
-saturated fatty acids (g)	0
carbohydrates (g)	62
-of which sugars (g)	6
protein (g)	2,1
fibre(g)	27
salt(g)	3,5
Na (mg)	1400
V (ma)	160

