



ANDREI DIDENCO

Youth Work Consultant | Trainer &
Facilitator | Psychologist

Chişinău, Moldova

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Chisinau, Republic of
Moldova

Romanian (native)

English (B2)

PERSONAL STATEMENT

With 10 years of experience in psychology, youth work, and non-formal education in the Republic of Moldova, I have come to see Nonviolent Communication (NVC) as one of the most powerful practical tools for building democratic culture — it develops in young people the empathy, honest dialogue, and collaborative decision-making that real participation and human dignity depend on.

Non-formal education is the methodology through which I bring these values to life: participatory, learner-centred, and adaptive, it allows me to design experiences that are not only relevant to European standards and principles, but genuinely meaningful to the young people involved.

My formation in Emotion-Focused Therapy (EFT) deepens my ability to create the psychological safety where authentic learning and civic engagement become possible. Together, these approaches shape everything I facilitate — because I believe lasting change begins with the quality of our relationships.

WORK EXPERIENCE

July 2025 – Present

Lumos Foundation Moldova

Child and Youth Participation Officer

- Facilitating authentic participation of children and young people in decision-making and educational activities
- Designing and delivering interactive sessions with children and adults on child rights, inclusion and protection
- Coordinating the Youth Advisory Council (CCT) and organising national events for young people
- Collaborating with family-type services (STAS) and social assistance teams on training and awareness campaigns
- Developing partnerships with public institutions and local authorities to promote children's rights
- Organising community campaigns for inclusion and child rights

May 2022 – December
2024

Terre des hommes Moldova

Youth Work Officer, Facilitator & Coordinator

- Coordinating and facilitating activities in projects: Joboteca, YouCreate, Protect
- Providing mentoring and coaching to implementation teams, adults, and young people
- Ensuring youth participation, personal development, career guidance, and entrepreneurship opportunities
- Collaborating with and coordinating civil society organisations to support youth integration
- Facilitating information sessions and supporting youth engagement in decision-making processes

December 2019 –
2022

Republican Centre for Children and Youth ARTICO, Chisinau

Psychologist | Career Platform Coordinator | National Students Council Coordinator

- Psychological counselling and prevention activities with children, young people, and parents
- Coordinating the Cariera Mea career guidance platform: website management, career events, personal development sessions
- Coordinating the National Council of Students (CNE): monitoring activities, capacity-building, promoting democratic participation in education

February 2021 –
December 2021

Centre for Information and Documentation on Children's Rights in Moldova (CIDC)

Trainer / Documentalist

- Delivering capacity-building programme on children's participation in decision-making processes
- Facilitating training workshops; documentation and reporting of outcomes

August 2016 – April
2021

Theoretical Lyceum "Alexandru Ioan Cuza", Chisinau

School Psychologist | Learning Support Specialist

- Prevention, psychological assessment and individual/group intervention activities
- Inclusion support, remediation, and counselling for children with special educational needs (SEN)

TRAINING & FACILITATION EXPERIENCE

July – August 2024

Millenium Training and Development Institute

Trainer / Facilitator – Anti-Bullying through Non-Violent Communication

- 3 outdoor training modules: personal development and NVC; introduction to bullying; anti-bullying initiative development
- Funded by Chisinau General Directorate of Education, Youth and Sport

2024

Moldovan Red Cross

Trainer / Facilitator – Blood Donor Recruitment

- Training of trainers programme on voluntary blood donor recruitment and information sessions

March – May 2023

Municipal Centre for Youth, Chisinau

Facilitator – Non-Violent Communication Study Group

- 14-module course "How to Take Care of Relationships" – part of the Municipal Personal Development Programme

October – December
2022

Chisinau General Directorate of Education, Youth and Sport

Facilitator – Introduction to Non-Formal Learning Activities

- 8-day programme (6 sessions each): NFE principles and theories; facilitator roles and competencies; training design; facilitation techniques

July 2021 – May 2022

CIDC / Ministry of Education, Culture and Research of the Republic of Moldova

Facilitator – Education for Democracy in the Republic of Moldova

- Monthly training workshops for adults; project funded by the Council of Europe Office in Chisinau

March – May 2022	CNFACEM / UNICEF Moldova / UN Women – EVA Project (EU-funded) <i>Trainer – Safe Reporting Channels for Child Violence and Gender-Based Violence</i> - Developed 6-day training curriculum on safe reporting and assistance for child victims of violence - Delivered 3-day training sessions for professionals from child protection and gender equality sectors
October 2021	National Network of Local Youth Councils of Moldova <i>Trainer / Facilitator – Youth Council Capacity Building</i> Module: Involving young people with fewer opportunities in community life (funded by Ministry of Education and Research)
August – October 2021	Millenium Institute / Municipal Small Grants Programme 2021 <i>Facilitator & Coordinator – Volunteer Coordinators' Professional Development</i> - Participant selection, programme formation, logistics coordination - Facilitated 2-day module: Volunteer Activity Management
November – December 2020	Millenium Training and Development Institute <i>Facilitator – Youth Policy Promotion Project</i> Leadership and Teamwork training; Project Management training

EDUCATION

September 2016 – June 2018	State University of Moldova – Faculty of Education Sciences and Psychology <i>Master's Degree in Social Sciences Specialisation: Clinical Psychology</i> Research methodology, clinical child psychology, psychopathology, cognitive-behavioural, narrative, family and positive therapies
2013 – 2016	State University of Moldova – Faculty of Education Sciences and Psychology <i>Bachelor's Degree Specialisation: Psychology</i> Psychodiagnosis, psychocorrection, psychological counselling, applied research

PROFESSIONAL DEVELOPMENT & CERTIFICATIONS

September 2023 – Present	Association for Emotion-Focused Psychotherapy for Couples and Families (EFT Romania) <i>Psychotherapist in Supervision – Systemic Emotion-Focused Psychotherapy (PFSEFT)</i> Competency recognition aligned with Romanian College of Psychologists; modalities include EFT, person-centred, systemic and attachment theory
September 2024 – August 2025	Friareliv – Liv Larsson International Programme <i>International Mediation Programme with Nonviolent Communication (NVC) – 142+ hours</i> Empathic presence; helping parties listen with empathy; interrupting with care; first-aid empathy; self-empathy and self-expression; tracking focus in conflict
April 2024 – Present	Centre for Nonviolent Communication (CNVC) <i>Candidate for Certification in Nonviolent Communication</i> Assessor: Ian Peatey, CNVC Certified Trainer since 2008

March 2024	CNVC International Intensive Training – Poland <i>Certificate of Completion – 9-day Residential Nonviolent Communication Training</i>
September 2024	NVC Workshop "From Step to Compassion" – Greece <i>Certificate of Attendance – with Gina Lawrie, CNVC Certified Trainer & Assessor</i>
August 2021 – August 2022	EaP Youth Workers Academy – Millenium Institute (Moldova/Ukraine/Georgia/Lithuania/Estonia/Latvia) <i>Long-Term Training of Trainers – Youthpass Certificate</i> Designing educational programmes, group dynamics, multilingual communication, citizenship, entrepreneurship, intercultural competence
July – December 2021	Millenium Training and Development Institute <i>Certificate – Training of Trainers (Long-term course)</i> Non-formal education quality, training design and evaluation, facilitation of individual and group learning processes, intercultural competence, teamwork
October 2022 – May 2023	Alliance of NGOs in Child and Family Social Protection (APSCF) / Ministry of Education <i>Training of Trainers Certificate (10 ECTS) – Anti-Bullying Programme ("Together for Quality Education")</i> Assessment and intervention in bullying situations; facilitating programmes with students, teachers, parents and multidisciplinary school teams
October 2018	Ion Creanga State Pedagogical University, Chisinau <i>Continuing Professional Development – Psychopedagogy</i> Functional didactics, ICT integration in education, pedagogy

LANGUAGE SKILLS

Language	Listening	Reading	Spoken interaction	Writing
Romanian	Native	Native	Native	Native
English	B2	B2	B2	B2
Russian	A2	A2	A2	A2

DIGITAL SKILLS

Microsoft Office (Word, PowerPoint, Excel) · Internet research · SPSS (statistical analysis) · Video editing (Sony Vegas Pro) · Social media management

ADDITIONAL INFORMATION

Driving licence: Category B, B1

Publication: "Elements of Emotional Maturity" – IX Edition Conference on Socio-Humanitarian Sciences, ULIM, December 2018 (co-authored with Dr. Svetlana Tolstaia, USM)

Professional page: facebook.com/PaginaPsiholog

Reference 1:

Name: Teodora Rebeja

Position: Programme Manager / National Coordinator

Organisation: Terre des hommes Foundation Moldova

Relationship: Direct supervisor (Mai 2022 – Dec 2024)

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Reference 2:

Name: Alexandra Isaicul

Position: Project Coordinator & Trainer

Organisation: Millenium Training and Development Institute

Relationship: Colleague trainer / Project collaborator

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