

MTD Rapid Test Cassette (Whole Blood/Serum/Plasma)

Package Insert

A rapid test for the qualitative detection of Methadone in human whole blood or serum or plasma.

For medical and other professional in vitro diagnostic use only.

INTENDED USE
The MTD Rapid Test Cassette (whole blood/serum/plasma) is a lateral flow chromatographic immunoassay for the detection of Methadone in whole blood or serum or plasma at a cut-off concentration of 40ng/ml. This test will detect other related compounds, please refer to the analytical Specifiity table in this package insert.

This assay provides only a qualitative, preliminary analytical test result. A more specific alternate chemical method must be used in order to obtain a confirmed analytical result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method. Clinical consideration and professional judgment should be applied to any drug of abuse test result, particularly when preliminary positive results are used.

SUMMARY

Methadone is a narcotic analgesic prescribed for the management of moderate to severe pain and for the treatment of opiate dependence (heroin, Vicodin, Percocet, morphine). The pharmacology of oral methadone is very different from IV methadone. Oral methadone is partially stored in the liver for later use. IV methadone acts more like heroin. In most states you must go to a pain clinic or a methadone maintenance clinic to be prescribed methadone.

Methadone is a long acting pain reliever producing effects that last from twelve to forty-eight hours. Ideally, methadone frees the client from the pressures of obtaining illegal heroin, from the dangers of injection, and from the emotional roller coaster that most opiates produce. Methadone, if taken for long periods and at large doses, can lead to a very long withdrawal period. The withdrawals from methadone are more prolonged and troublesome than those provoked by heroin cessation, yet the substitution and phased removal of methadone is an acceptable method of detoxification for patients and therapists¹.

PRINCIPLE
The MTD Rapid Test Cassette (whole blood/serum/plasma) is an immunoassay based on the principle of competitive binding. Drugs that may be present in the whole blood/serum/plasma specimen compete against the drug conjugate for binding sites on the antibody.

During testing, a whole blood/serum/plasma specimen migrates upward by capillary action. Methadone, if present in the whole blood/serum/plasma specimen below the cut-off level, will not saturate the binding sites of the antibody in the test. The antibody coated particles will then be captured by immobilized Methadone-protein conjugate and a visible colored line will show up in the test line region. The colored line will not form in the test line region if the Methadone level exceeds the cut-off level because it will saturate all the binding sites of anti-Methadone antibodies.

A drug-positive whole blood/serum/plasma specimen will not generate a colored line in the test line region because of drug competition, while a drug-negative whole blood/serum/plasma specimen or a specimen containing a drug concentration less than the cut-off will generate a line in the test line region. To serve as a procedural control, a colored line will always appear at the control line region indicating that proper volume of specimen has been added and membrane wicking has occurred.

REAGENTS

The test contains mouse monoclonal anti-Methadone antibody coupled particles and Methadone-protein conjugate. A goat antibody is employed in the control line system.

PRECAUTIONS

• For professional in vitro diagnostic use only. Do not use after the expiration date.
• Do not eat, drink or smoke in the area where the specimens or kits are handled.

• Handle all specimens as if they contain infectious agents. Observe established precautions against microbiological hazards throughout testing and follow the standard procedures for proper disposal of specimens.

• Wear protective clothing such as laboratory coats, disposable gloves and eye protection when specimens are being tested.

• The used test should be discarded according to local regulations.

• Humidity and temperature can adversely affect results.

STORAGE AND STABILITY
Store as packaged in the sealed pouch at room temperature or refrigerated (2-30°C). The test is stable through the expiration date printed on the sealed pouch. The test must remain in the sealed pouch until use. **DO NOT FREEZE**. Do not use beyond the expiration date.

SPECIMEN COLLECTION AND PREPARATION
• The MTD Rapid Test Cassette can be performed using whole blood (from venipuncture or fingerstick)/serum/plasma.

• To collect **Fingerstick Whole Blood specimens**:

- Wash the patient's hand with soap and warm water or clean with an alcohol swab. Allow to dry.
- Massage the hand without touching the puncture site by rubbing down the hand towards the fingertip of the middle or ring finger.
- Puncture the skin with a sterile lancet. Wipe away the first sign of blood.
- Gently rub the hand from wrist to palm to form a rounded drop of blood over the puncture site.
- Add the Fingerstick Whole Blood specimen to the test by using a **capillary tube**:
 - Touch the end of the capillary tube to the blood until filled to approximately 40 μ l. Avoid air bubbles.
 - Place the bulb onto the top end of the capillary tube, then squeeze the bulb to dispense the whole blood to the specimen area of the test cassette.
- Testing should be performed immediately after the specimens have been collected. Do not leave the specimens at room temperature for prolonged periods. For long term storage, specimens should be kept at -20°C. Whole blood/serum/plasma collected by venipuncture should be stored at 2-8°C if the test is to be run within 2 days of collection. Do not freeze whole blood or serum or plasma specimens. Whole blood/serum/plasma collected by fingerstick should be tested immediately.
- Bring specimens to room temperature prior to testing. Frozen specimens must be completely thawed and mixed well prior to testing. Specimens should not be frozen and thawed repeatedly.
- If specimens are to be shipped, they should be packed in compliance with local regulations covering the transportation of etiologic agents.

MATERIALS

Materials Provided

- Test cassettes
- Droppers
- Buffer
- Package insert

Materials Required But Not Provided

- Specimen collection containers
- Centrifuge
- Timer
- Lancets (for fingerstick whole blood only)
- Heparinized capillary tubes and dispensing bulb (for fingerstick whole blood only)

(±) - Chlorpheniramine	p-Hydroxy-	Oxycodone	Thebaine
Chlorpromazine	methamphetamine	Oxymetazoline	Thiamine
Chlorquine	3-Hydroxytyramine	Papaverine	Thioridazine
Cholesterol	Ibuprofen	Penicillin-G	D,L-Tyrosine
Clomipramine	Imipramine	Pentazocine hydrochloride	Tolbutamide
Clonidine	Iproniazid	Pentobarbital	Triamterene
Cocaine hydrochloride	(±) - Isoproterenol	Perphenazine	Trifluoperazine
Cocaine hydrochloride	Isoxuprine	Phencyclidine	Trimethoprim
Codeine	Ketamine	Phenelzine	Trimipramine
Cortisone	Ketorolac	Phenobarbital	Tryptamine
(-)-Cotinine	labetalol	Phentermine	D,L-Tryptophan

Interfering Substances

The MTD Rapid Test Cassette (whole blood/serum/plasma) has been tested for possible interference from visibly hemolyzed and lipemic specimens. In addition, no interference was observed in specimens containing up to 100 mg/dl hemoglobin; up to 100 mg/dl bilirubin; and up to 200 mg/dl human serum albumin.

BIBLIOGRAPHY

1. Tietz NW. Textbook of Clinical Chemistry. W.B. Saunders Company. 1986: 1735

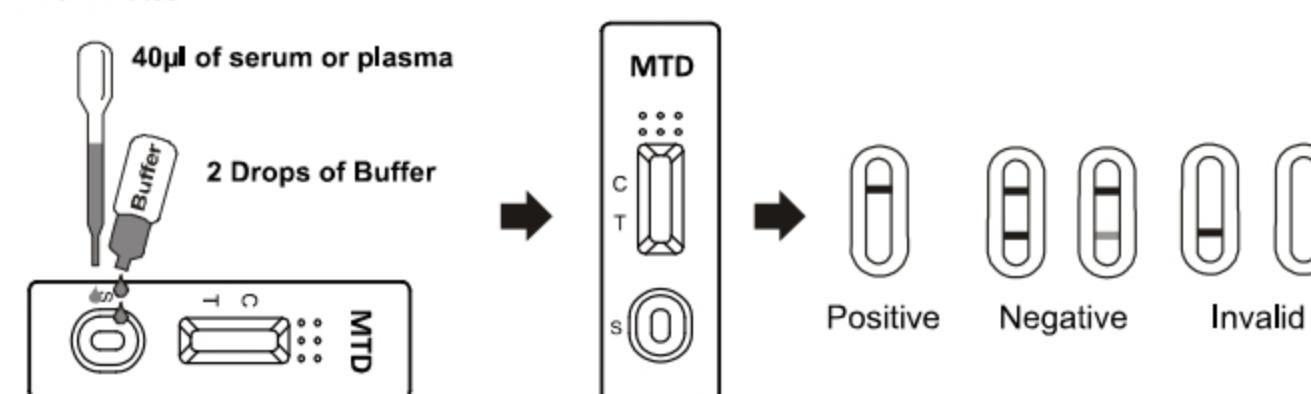
2. Baselt RC. Disposition of Toxic Drugs and Chemicals in Man. 2nd Ed. Biomedical Publ., Davis, CA.

DIRECTIONS FOR USE

Allow the test, specimen, buffer and/or controls to reach room temperature (15-30°C) prior to testing.

For serum or plasma specimen:

1. Bring the pouch to room temperature (15-30°C) before opening it. Remove the cassette from the sealed pouch and use it within one hour.
2. Place the cassette on a clean and level surface. Hold the dropper vertically and transfer **1 full drop of serum or plasma** (approximately 40 μ l), then add **2 drops of buffer** (approximately 80 μ l) to the specimen well of the cassette, and then start the timer. Avoid trapping air bubbles in the specimen well. See illustration below.
3. Wait for the colored line(s) to appear. **Read the result at 5 minutes**. Do not interpret the result after 10 minutes.



For whole blood specimen:

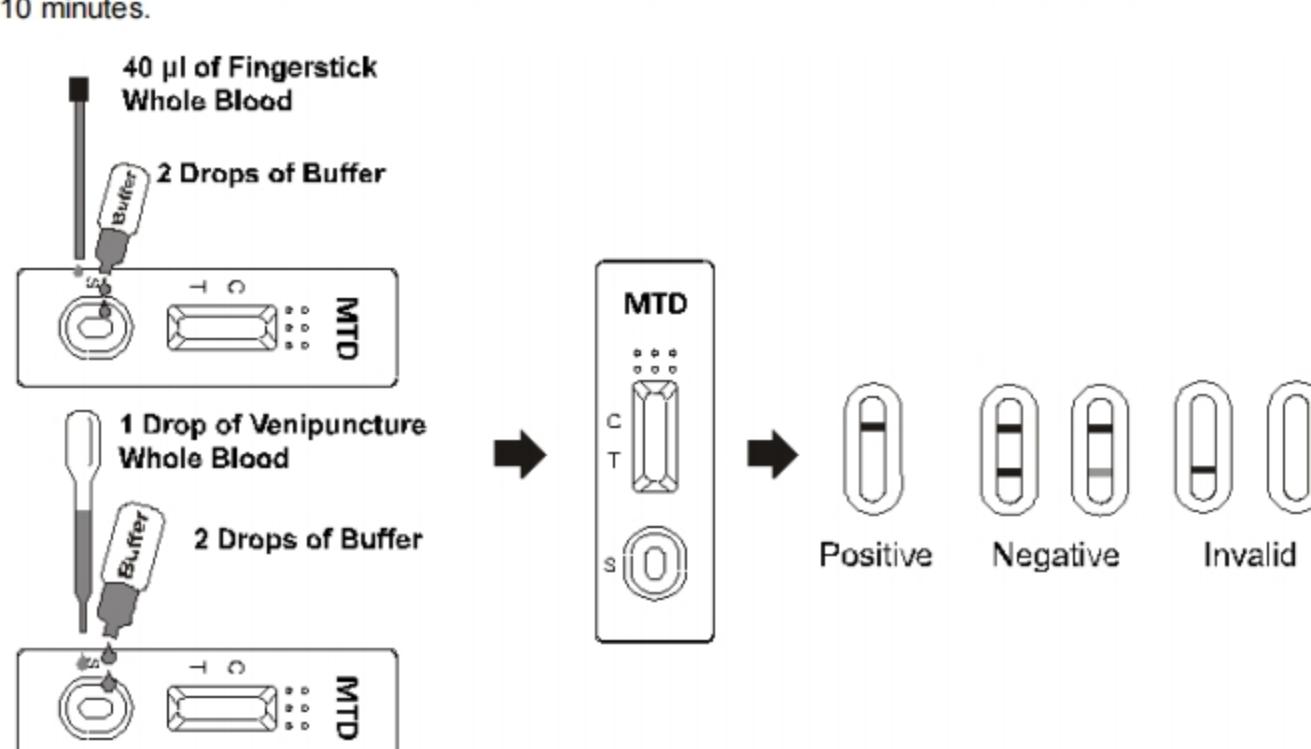
1. Bring the pouch to room temperature before opening it. Remove the test cassette from the sealed pouch and use it as soon as possible.
2. Place the cassette on a clean and level surface.

For Venipuncture Whole Blood specimen:

- Hold the dropper vertically and transfer **1 drop of whole blood** (approximately 40 μ l) to the specimen well, then add **2 drops of buffer** (approximately 80 μ l), and start the timer. See illustration below.

For **Fingerstick Whole Blood** specimen:

- To use a capillary tube: Fill the capillary tube and transfer approximately 40 μ l of fingerstick whole blood specimen to the specimen area of test cassette, then add 2 drops of buffer (approximately 80 μ l) and start the timer. See illustration below.
- Wait for the colored line(s) to appear. **Read results at 5 minutes**. Do not interpret the result after 10 minutes.



INTERPRETATION OF RESULTS

(Please refer to the illustration above)

NEGATIVE: Two lines appear. One colored line should be in the control line region (C), and another apparent colored line should be in the test line region (T). This negative result indicates that the Methadone concentration is below the detectable cut-off level.

***NOTE:** The shade of color in the test line region (T) may vary, but it should be considered negative whenever there is even a faint colored line.

POSITIVE: One colored line appears in the control line region (C). No line appears in the test line region (T). This positive result indicates that the Methadone concentration exceeds the detectable cut-off level.

INVALID: Control line fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test with a new test. If the problem persists, discontinue using the test kit immediately and contact your local distributor.

QUALITY CONTROL

A procedural control is included in the test. A colored line appearing in the control region (C) is the internal procedural control. It confirms sufficient specimen volume and correct procedural technique. Control standards are not supplied with this kit; however, it is recommended that positive and negative controls be tested as a good laboratory practice to confirm the test procedure and to verify proper test performance.

LIMITATIONS

1. The MTD Rapid Test Cassette (whole blood/serum/plasma) provides only a qualitative, preliminary analytical result. A secondary analytical method must be used to obtain a confirmed result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.²
2. It is possible that technical or procedural errors, as well as other interfering substances in the whole blood or serum or plasma specimen may cause erroneous results.
3. A positive result indicates presence of the drug or its metabolites but does not indicate level of intoxication, administration route or concentration in whole blood or serum or plasma.
4. A negative result may not necessarily indicate drug-free whole blood/serum/plasma. Negative results can be obtained when drug is present but below the cut-off level of the test.

5. Test does not distinguish between drugs of abuse and certain medications.

EXPECTED VALUES

This negative result indicates that the Methadone concentration is below the detectable level of 40ng/ml. Positive result means the concentration of Methadone is above the level of 40ng/ml. The MTD Rapid Test Cassette has a sensitivity of 40ng/ml.

PERFORMANCE CHARACTERISTICS

Accuracy

A side-by-side comparison was conducted using The MTD Rapid Test Cassette and GC/MS at the cut-off of 40ng/ml. Testing was performed on 90 clinical specimens previously collected from subjects present for Drug Screen Testing. The following results were tabulated:

Clinic Result of Whole Blood

Method	GC/MS		Total Results
	Results	Positive	
MTD Rapid Test Cassette	Positive	19	21
	Negative	1	68
Total Results	20	70	90
% Agreement	95.0%	97.1%	96.7%

Clinic Result of Serum or Plasma

Method	GC/MS		Total Results
	Results	Positive	
MTD Rapid Test Cassette	Positive	19	21
	Negative	1	68
Total Results	20	70	90
% Agreement	95.0%	97.1%	96.7%

Analytical Sensitivity

A drug-free whole blood/serum/plasma pool was spiked with MTD at the following concentrations of $\pm 50\%$ cutoff and 3x cutoff. The data are summarized below.

For whole blood:

MTD Concentration (ng/ml)	Percent of Cut-off	n	Visual Result	
			Negative	Positive
0	0	30	30	0
20	-50%	30	30	0
40	Cut-off	30	15	15
60	+50%	30	0	30
120	3X	30	0	30

For serum or plasma:

MTD Concentration (ng/ml)	Percent of Cut-off	n	Visual Result	
Negative	Positive			

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