



15mm

315mm Repeat

15mm

IT INDICAZIONI:
Indicato per la gestione dietetica di soggetti affetti da insufficienza renale cronica, fenilchetonuria e altre malattie metaboliche grazie al ridotto contenuto di proteine, sodio, fosforo e potassio.
AVVERTENZA IMPORTANTE:
Alimento incompleto, non idoneo ad essere utilizzato come unica fonte di nutrimento. Utilizzare sotto controllo medico. Il prodotto può comportare rischi per la salute se consumato da persone non affette dalla malattia. Adatto a partire da 3 anni di età.

ES AVISO IMPORTANTE:
Para el manejo dietético en caso de dietas bajas en proteínas. Alimento incompleto, no es adecuado para ser consumido como única fuente de alimento. Utilizar bajo supervisión médica. No es adecuado para los niños y adultos sanos, ni para los niños menores de 3 años.

AR تنبيه هام:
لا يجب استعماله كمصدر وحيد للتغذية يستعمل تحت مراقبة طبية في حال اتباع حمية غذائية تحتوي على نسبة ضئيلة من البروتينات. لا يناسب الأطفال والبالغين في صحة جيدة، وكذلك الأطفال دون سن الثلاث سنوات.



FR CONSERVATION : À conserver dans un endroit frais et sec.

GB CONSERVATION : Keep in a cool and dry place.

NL BEWAARING : Te bewaren op een droge plaats op kamertemperatuur.

IT CONSERVAZIONE : Conservare in luogo fresco e asciutto.

ES CONSERVACIÓN : Conservar en lugar fresco y seco.

AR طريقة الحفظ: يحفظ في مكان بارد وجاف.

FR INGRÉDIENTS : Amidons de maïs, amidon modifié de pomme de terre, émulsifiant E471, stabilisant E461, antioxydant E300, colorant E160a(iv). Sans gluten.

GB INGREDIENTS : Com starches, modified potato starch, emulsifier E471, stabiliser E461, antioxidant E300, colourant E160a(iv). Gluten free.

NL INGREDIENTEN : Maïzetmeel, gemodificeerd zetmeel aardappelen, emulgator E471, stabilisator E461, antioxidant E300, kleurstof E160a(iv). Glutenvrij.

IT INGREDIENTI : Amido di mais, amido modificato di patata, emulsionante E471, stabilizzante E461, antiossidante E300, colorante E160a(iv). Senza glutine.

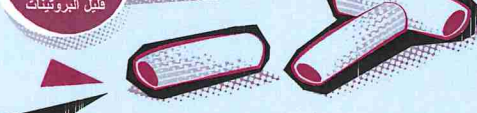
ES INGREDIENTES : Almidón de maíz, almidón de patata modificado, emulsionante E471, estabilizador E461, antioxidante E300, colorante E160a(iv). Sin gluten.

AR المكونات: نشاء الذرة، نشاء البطاطس المعدلة، مستحلب (حملي، ومالي، الفوسفور، زيت الصويا، زيت النعناع، زيت الخبز)، E471 - حمض التارتريك، E461 - مادة ملونة، E300 - مادة ملونة، E160a(iv) - ملون، بدون غلوتين.

VALEURS NUTRITIONNELLES MOYENNES par 100g de produit / AVERAGE COMPOSITION for 100g of product / GEMIDELDE VOEDINGSWAARDEN voor 100g product / DICHERAZIONE NUTRIZIONALE per 100g di prodotto / VALORES NUTRICIONALES MENOS por 100g de producto / القيم الغذائية المتوسطة لكل 100 غ من المنتج			
Valueur énergétique / Energy value / Energiegehalte / Valor energético	1518 kJ (358 kcal)	1518 kJ (358 kcal)	Valor energético / Valor energético / القيمة الحرارية
Matières grasses / Fat / Vetten	0.9g	غ ٠.٩	Grassi / Grasas / الدهون
Dont acides gras saturés / Of which saturates / Wan van verzadigde vetzuren	0.6g	غ ٠.٦	Di cui acidi grassi saturati / De los cuales saturados / من الدهون المشبعة والدهنية
Glycides / Carbohydrate / Noolhydraten	87.0g	غ ٨٧.٠	Carboidrati / Hidratos de carbono / الكربوهيدرات
Dont sucres / Of which sugars / Wan van suikers	<0.02g	غ ٠.٠٢	Biszachert / De los cuales azúcares / من السكريات
Fibres alimentaires / Fibre / Vezels	<0.5g	غ ٠.٥	Fibra / Fibra alimentaria / الألياف الغذائية
Protéines / Proteína / Eiwitten	0.1g	غ ٠.١	Proteína / Proteínas / بروتينات
Dont acides aminés / Of which amino acids / Wan van aminozuren			Di cui aminoacidi / De los cuales aminoácidos / من نواتج الأحماض
Phénylalanine / Phenylalanine / Fenylalanine	142 mg	مغ ١٤٢	Fenilalanina / الفينيل ألانين
Méthionine / Methionine / Methionine	8.5 mg	مغ ٨.٥	Metionina / الميثيونين
Leucine	30.6 mg	مغ ٣٠.٦	Leucina / اللوسين
Thionine / Threonine	11.5 mg	مغ ١١.٥	Treonina / الثيونين
Isoleucine	11.5 mg	مغ ١١.٥	Isoleucina / الأيسوليوسين
Lysine	13.0 mg	مغ ١٣.٠	Lisina / الليسين
Valine	15.7 mg	مغ ١٥.٧	Valina / الفالين
Cystine	5.7 mg	مغ ٥.٧	Cistina / السيتين
Tyrosine	8.0 mg	مغ ٨.٠	Tirosina / التيروسين
Arginine	12.4 mg	مغ ١٢.٤	Arginina / الأرجينين
Sel / Salt / Zout	0.15g	غ ٠.١٥	Sal / Sal / ملح
Sel minéral(s) / Mineral(s) / Mineralen			Minerales / Minerales / أملاح معدنية
Sodium / Natrium	58.9 mg (2.6 mmol)	مغ ٥٨.٩ (٢.٦ ميلي مولي)	Sodio / سوديوم
Potassium / Kalium	4.6 mg (0.12 mmol)	مغ ٤.٦ (٠.١٢ ميلي مولي)	Potasio / بوتاسيوم
Chlorure / Chloride	<50.0 mg	مغ ٥٠.٠	Cloruro / Chlor / كلوريد
Calcium	<1.4 mmol (0.45 mmol)	مغ ١٤.٨ (٠.٤٥ ميلي مولي)	Calcio / كالسيوم
Phosphore / Phosphorus / Fosfor	24.8 mg (0.26 mmol)	مغ ٢٤.٨ (٠.٢٦ ميلي مولي)	Fosforo / فوسفور
Magnesium / Magnesium	<2.0 mg	مغ ٢.٠	Magnesio / مغنيسيوم

TARANIS

À TENEUR RÉDUITE EN PROTIDES | LOW PROTEIN | EIWITARM APROTEICO | HIPOPROTEICO



FR DENRÉE ALIMENTAIRE DESTINÉE À DES FINS MÉDICALES SPÉCIALES. PRÉPARATION À TENEUR RÉDUITE EN PROTIDES, SANS GLUTEN.

GB FOOD FOR SPECIAL MEDICAL PURPOSES. LOW PROTEIN PREPARATION, GLUTEN FREE.

NL VOEDING VOOR MEDISCH GEBRUIK. EIWTARME VOEDING, GLUTENVRIJ.

IT ALIMENTO A FINI MEDICI SPECIALI. ALIMENTO APROTEICO INDICATO PER LA GESTIONE DIETETICA DI SOGGETTI AFFETTI DA INSUFFICIENZA RENALE CRONICA, FENILCHETONURIA E ALTRE MALATTIE METABOLICHE, GRAZIE AL RIDOTTO CONTENUTO DI PROTEINE, SODIO, FOSFORO E POTASSIO, SENZA GLUTINE.

ES ALIMENTO PARA USOS MÉDICOS ESPECIALES. ALIMENTO HIPOPROTEICO, SIN GLUTEN.

AR غذاء صحي لأغراض طبية خاصة. مستحضر غذائي خاص بالحمية، يحتوي على نسبة قليلة من البروتينات. خال من مادة غلوتين.

POIDS NET / NET WEIGHT | NETTOGEWICHT | الوزن الصافي | PESO NETTO / PESO NETO

500 G / غ ٥٠٠

TARANIS



MACARONI | معكرونة

CUISISON | COOKING | KOOKTIDJ COTTURA | COCCIONI | الطهي

- FR** 8 minutes dans de l'eau bouillante salée.
 - GB** 8 minutes in boiling salted water.
 - NL** 8 minuten in kokend gezouten water.
 - IT** 8 minuti in acqua bollente salata.
 - ES** 8 min en agua hirviendo con sal.
- AR** ٨ دقائق في ماء بلع درجة الغليان.

Fabriqué pour / Made for / Gefabriceerd voor / Prodotto per / Fabricado para / صنع في المملكة المتحدة لفائدة

LNS - Parc d'activités de Torcé - Secteur Est - FRANCE - 35370 Torcé



Sacchetto PPS Raccolla PLASTICA



FR AVIS IMPORTANT :
Pour les besoins nutritionnels en cas de régimes à teneur réduite en protides. Aliment incomplet, ne peut être utilisé comme seule source d'alimentation. À utiliser sous contrôle médical. Ne convient pas aux enfants et adultes en bonne santé, ni aux enfants de moins de 3 ans.

GB IMPORTANT NOTICE:
For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

NL BELANGRIJKE MEDEDELING:
Voor dieetvoeding bij een eiwitarm dieet. Onvolledig levensmiddel, niet geschikt als enige voedingsbron. Te gebruiken onder medisch toezicht. Niet geschikt voor gezonde kinderen en volwassenen, noch voor kinderen jonger dan 3 jaar.

FR À consommer de préférence avant le / n° de lot: voir sur le sachet.

GB Best before / batch number: see on the sachet.

NL Ten minste houdbaar tot / partijnummer: zie de zakje.

IT Da consumarsi preferibilmente entro il/ n° di lotto: vedere sachetto.

ES Consumir preferentemente antes del / n° de lote: Ver sobre el saquito.

AR من الأفضل استهلاكه قبل رقم اللوحة، موزن على الغلاف.

NATIONAL FLEXIBLE DESIGN SERVICE
Tel: 01274 685566

Customer : First Play Dietary
Product Description : Taranis Macaroni 500g PLC00739-005-V02

Phoenix Info:
Job No.: 2212666
Operator: MHT Date: 20/12/2022

Version No.:
Repro: 1 2 3 4 5

COLOURS

White Ink
PANTONE 208 C
29.1% 22.8%

Number of colours: 2 Indicates Substrate - Does not Print
Proof for visual reference only, colours will be matched to PMS

PLATE INFORMATION

Sleeve Size 620mm
Stepping Around 2
Across 2
Plate Thickness .100
Print Side: Reverse
Material Slit Width 414mm

Approved Artwork Version:

UNWIND CODES

1 2

3 4

5 6

7 8

APPROVAL

Please check this proof thoroughly for position of print, general layout, size and position of eye-mark, best before box, seal areas, design content, copy matter and unwind direction. If unwind is not specified or is incorrect please tick the correct one. If everything is correct, please sign and date and return to National Flexible. Once approval is received we will proceed to the next stage of origination. If you have any queries please call Dave Daniels on 01274 685566.

Signed: Date: 21/12/2022

LACTALIS NUTRITION SANTE (LNS)
SAS au capital de 1 134 000 €
Siège Social : Parc d'Activités de Torcé - Secteur Est
35370 TORCE
SIREN 541 750 584 - RCS RENNES
Tél. 33 (0)2 99 48 20 00 - Fax 33 (0)2 99 49 61 30

CONFIRMATION OF REGISTRATION OF PRODUCT IN EUROPE

We herewith confirm that our product:

PASTA (Short Spaghetti, Macaroni, Cornetti) TARANIS: 500g, is a FSMP (Food for Special Medical Purposes) is used for the dietary management (low protein diet) of metabolic disease (such as phenylketonuria, for example), from 3 years old.
This product is registered and accepted for the reimbursement in BELGIUM, FRANCE and ITALY.

PASTA (Short Spaghetti, Macaroni, Cornetti) TARANIS: 500g, received a positive answer from ANSES (National Agency for Sanitary Safety of Food, Environment and Labor in FRANCE).

CONFIRMATION OF SALES OF PRODUCT IN EUROPE

We herewith confirm that our product:

PASTA (Short Spaghetti, Macaroni, Cornetti) TARANIS: 500g, is sold in BELGIUM, FRANCE and ITALY (free for patient).

PASTA (Short Spaghetti, Macaroni, Cornetti) TARANIS: 500g, is sold also in GERMANY, SPAIN, POLAND, SWITZERLAND and NETHERLANDS.

Issued in Torcé, France on September 25th, 2023

ANNE SUPPLISSON
PRESIDENT
LACTALIS NUTRITION SANTÉ



LACTALIS NUTRITION SANTE
SAS au capital de 1 925 410 €
Siège Social 600 rue du Chalonge
Zone d'Activités du Haut Montigné - 35370 TORCE
SIREN 451 194 963 - RCS RENNES
Tél. 33 (0)2 99 49 20 00 - Fax 33 (0)2 99 49 20 15

CONFIRMATION OF REGISTRATION OF PRODUCT IN EUROPE

We herewith confirm that our product :

RICE SUBSTITUTE TARANIS: 500g, is a FSMP (Food for Special Medical Purposes) is used for the dietary management (low protein diet) of metabolic disease (such as phenylketonuria, for example), from 3 years old.

This product is registered and accepted for the reimbursement in BELGIUM.

RICE SUBSTITUTE TARANIS: 500g, received a positive answer from ANSES (National Agency for Sanitary Safety of Food, Environment and Labor in FRANCE).

CONFIRMATION OF SALES OF PRODUCT IN EUROPE

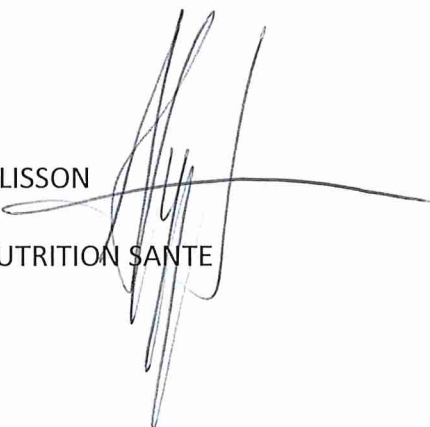
We herewith confirm that our product :

RICE SUBSTITUTE TARANIS: 500g, is sold in BELGIUM.

RICE SUBSTITUTE TARANIS: 500g, is sold also in GERMANY, SPAIN, FRANCE, POLAND, SWITZERLAND and NETHERLANDS.

Issued in Torcé, France on September 25th, 2023

ANNE SUPPLISSON
PRESIDENT
LACTALIS NUTRITION SANTÉ



LACTALIS NUTRITION SANTE

SAS au capital de 1 925 410 €
Siège Social 600 rue du Chalonge
Zone d'Activités du Haut Montigné - 35370 TORCE
SIREN 451 194 963 - RCS RENNES
Tél 33 (0)2 99 49 20 00 - Fax 33 (0)2 99 49 20 15

CONFIRMATION OF REGISTRATION OF PRODUCT IN EUROPE

We herewith confirm that our product:

BREAD AND PASTRY MIX TARANIS: 1kg (2x500g sachets), a FSMP (Food for Special Medical Purposes) is used for the dietary management (low protein diet) of metabolic disease (such as phenylketonuria, for example), from 3 years old.

This product is registered and accepted for the reimbursement in BELGIUM, FRANCE, ITALY and PORTUGAL.

BREAD AND PASTRY MIX TARANIS: 1kg (2x500g sachets), received a positive answer from ANSES (National Agency for Sanitary Safety of Food, Environment and Labor in FRANCE).

CONFIRMATION OF SALES OF PRODUCT IN EUROPE

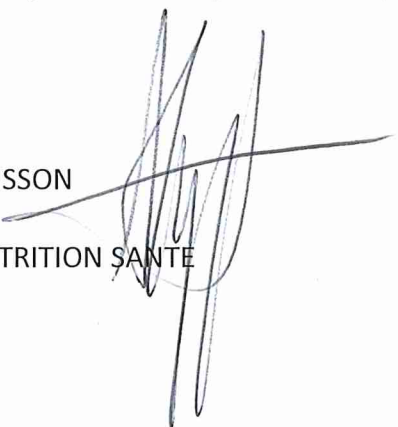
We herewith confirm that our product:

BREAD AND PASTRY MIX TARANIS: 1kg (2x500g sachets), is sold in BELGIUM, FRANCE, ITALY and PORTUGAL (free for patient).

BREAD AND PASTRY MIX TARANIS: 1kg (2x500g sachets), is sold also in GERMANY, EMIRATES, SPAIN, LUXEMBOURG, NETHERLANDS, POLAND, QATAR and SWITZERLAND.

Issued in Torcé, France on September 25th, 2023

ANNE SUPPLISSON
PRESIDENT
LACTALIS NUTRITION SANTÉ



LACTALIS NUTRITION SANTÉ

SAS au capital de 1 925 410 €
Siège Social 600 rue du Chalonge
-Zone d'Activités du Haut Montigné - 35370 TORCE
SIREN 451 194 963 - RCS RENNES
Tél 33 (0)2 99 49 20 00 - Fax 33 (0)2 99 49 20 15

TARANiS

RANGE BOOKLET

LOW PROTEIN PRODUCTS

HOW VARIETY AND FLAVOUR CAN MAKE
YOUR DIET A SUCCESS



- 40 YEARS OF NUTRITIONAL EXPERTISE -
DOCUMENT FOR HEALTH PROFESSIONALS ONLY



SAVOURY

SHORT SPAGHETTI, CORNETTI, MACARONI, COUSCOUS, SEMOLINA



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparation to replace ordinary pastas, couscous and semolina.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

INGREDIENTS: Corn starches, modified potato starch, emulsifier (E471), stabiliser (E461), antioxidant (E300), colour (E160a(iv)).

Gluten free

CONSERVATION: Keep in a cool and dry place. **Shelf life:** 24 months after the date of manufacture.

PACKAGING: 500 g sachet.

COOKING: **Short spaghetti, Cornetti, Macaroni:** 8 minutes in lightly salted boiling water. **Couscous:** 45 minutes to 1 hour in a couscous maker or 5 minutes in lightly salted boiling water. **Semolina:** Pour 1 part of semolina into 2.5 parts of boiling liquid, stir, remove from heat. Pour into a ramekin.

RECIPE: Fried gnocchi

Ingredients:

- 30 g semolina
- 30 g bread and pastry mix
- 340 ml water
- salt, oil

Pour the semolina into the boiling salted water. Cook for 2 to 3 minutes. Remove from heat and let cool. Add the low-protein flour and mix until you obtain a homogeneous dough. Roll out the dough and make sticks of about 2 cm, pinch them between your fingers to make gnocchi. Heat some oil in a pan, dip the gnocchi in it and fry the gnocchi in it until golden brown.

RICE SUBSTITUTE



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparation to replace ordinary rice.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

AVERAGE COMPOSITION		For 100 g of product
ENERGY VALUE	1518 kJ (358 kcal)	
Fat	0.9 g	
Of which saturates	0.6 g	
Carbohydrate	87.0 g	
Of which sugars	< 0.02 g	
Fibre	< 0.5 g	
Protein	0.1 g	
Of which phenylalanine	14.2 mg	
Methionine	8.5 mg	
Leucine	30.6 mg	
Threonine	10.1 mg	
Isoleucine	11.5 mg	
Lysine	13.0 mg	
Valine	15.7 mg	
Cystine	5.7 mg	
Tyrosine	8.0 mg	
Arginine	12.4 mg	
Salt	0.15 g	
Minerals		
Sodium	58.9 mg (2.6 mmol)	
Potassium	4.6 mg (0.12 mmol)	
Chloride	<50.0 mg (<1.4 mmol)	
Calcium	17.8 mg (0.45 mmol)	
Phosphorus	24.8 mg (0.26 mmol PO ₄)	
Magnesium	<2.0 mg (<0.08 mmol)	

INGREDIENTS: Corn starches, modified potato starch, emulsifier (E471), stabiliser (E461), antioxidant (E300), colour (E160a(iv)).

Gluten free

CONSERVATION: Keep in a cool and dry place. **Shelf life:** 24 months after the date of manufacture.

PACKAGING: 500 g sachet.

COOKING: 8 minutes in lightly salted boiling water.



CULINARY AIDS

BREAD AND PASTRY MIX



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparation to replace ordinary flour.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

AVERAGE COMPOSITION	For 100 g of product
ENERGY VALUE	1 582 kJ (373 kcal)
Fat	1.4 g
Of which saturates	0.7 g
Carbohydrate	88.7 g
Of which sugars	3.2 g
Fibre	1.9 g
Protein	0.4 g
Of which phenylalanine	20.0 mg
Methionine	10.0 mg
Leucine	30.0 mg
Threonine	20.0 mg
Isoleucine	10.0 mg
Lysine	10.0 mg
Valine	20.0 mg
Cystine	10.0 mg
Tyrosine	20.0 mg
Arginine	20.0 mg
Salt	0.03 g
Minerals	
Sodium	12.2 mg (0.53 mmol)
Potassium	14.2 mg (0.36 mmol)
Chloride	90.0 mg (2.5 mmol)
Calcium	11.1 mg (0.28 mmol)
Phosphorus	15.0 mg (0.16 mmol PO ₄)
Magnesium	4.5 mg (0.19 mmol)

INGREDIENTS: **Mix:** Corn starch, glucose syrup, thickeners (methylcellulose hydroxypropyl, guar gum, carob seed flour), stabiliser (sorbitol), sugar, emulsifier (mono and diglycerides of fatty acids). **Yeast:** dry baker's yeast (*Saccharomyces cerevisiae*), emulsifier (E491).

Gluten free

CONSERVATION: Keep in a cool and dry place. **Shelf life:** 18 months after the date of manufacture. Consume within 2 months after opening the sachet.

PACKAGING: 1 kg box (2 sachets of 500 g) + 2 sachets of yeast (8 g).

USE: For 2 loaves

Ingredients:

- 500g (18 oz) Bread and Pastry Mix
- 10g (2 tsp) salt
- 40g (2 oz) oil
- 8g yeast (supplied with mix)
- 600ml (21 fl oz) lukewarm water.

Preparation: In a large bowl, mix (by hand or with an electric mixer on medium speed) the Mix with the oil and salt. Melt the yeast in water and add to the mixture. Add the water. Mix for at least 20 minutes to obtain a fluid and homogeneous dough. Pour the dough into 2 well-greased 1lb loaf pans. Let the dough rise in a warm place (about 30°C, 85°F) for 30–45 minutes. Bake in a preheated oven at 200°C (400°F, Gas Mark 6) for 50 minutes. Put water in the drip pan to improve the baking of the bread. Turn out the breads immediately after baking and let cool.

NATURAL CAKE MIX



DESCRIPTION: Food for special medical purposes. Low protein and gluten free preparation to replace ordinary cakes mixes.

IMPORTANT NOTICE: For the dietary management of phenylketonuria and other inherited metabolic disorders requiring a low protein diet. Incomplete food, not suitable for use as the sole source of nourishment. To be used under medical supervision. Not suitable for children under 3 years old.

AVERAGE COMPOSITION	For 100 g of product
ENERGY VALUE	1 548 kJ (366 kcal)
Fat	1.3 g
Of which saturates	0.9 g
Carbohydrate	84.6 g
Of which sugars	47.9 g
Fibre	7.1 g
Protein	0.3 g
Of which phenylalanine	< 10.0 mg
Methionine	< 10.0 mg
Leucine	< 10.0 mg
Threonine	20.0 mg
Isoleucine	10.0 mg
Lysine	10.0 mg
Valine	10.0 mg
Cystine	10.0 mg
Tyrosine	10.0 mg
Arginine	10.0 mg
Salt	0.74 g
Minerals	
Sodium	295 mg (12.8 mmol)
Potassium	23.8 mg (0.61 mmol)
Chloride	50.0 mg (1.4 mmol)
Calcium	32.3 mg (0.81 mmol)
Phosphorus	256 mg (2.7 mmol PO ₄)
Magnesium	<3.5 mg (<0.15 mmol)

INGREDIENTS: Corn starch, sugar, dextrose, thickeners (hydroxypropylmethylcellulose, carob seed flour, xanthan gum), raising agent (disodium diphosphate, sodium acid carbonate, monocalcium phosphate), emulsifier (mono and diglycerides of fatty acids).

Gluten free

CONSERVATION: Store in a dry place at room temperature. **Shelf life:** 18 months after the date of manufacture. Consume within 2 months after opening the sachet.

PACKAGING: 300 g box (1 sachet).

USE: For one 300 g sachet of preparation

Ingredients:

- 70 g butter (sweet or semi-salted),
- 150 ml water,
- 8 small individual moulds

Preparation:

- 1/ Preheat oven to 170°C
- 2/ Put the contents of one sachet of Natural cake mix in a bowl, add 150 ml of water and whisk together to obtain a smooth batter.
- 3/ Melt the butter and add to the mixture.
- 4/ Pour into the small moulds and bake at 180°C (gas mark 6) for 25 minutes, until the cakes are golden brown on the top. Take out from the oven and wait for the cakes to cool before removing from the moulds.

Another option: Follow the instructions for use and add 130g of fruit e.g. fresh (berries) or tinned (NOT dried fruit) and mix in.





LOW PROTEIN PRODUCTS

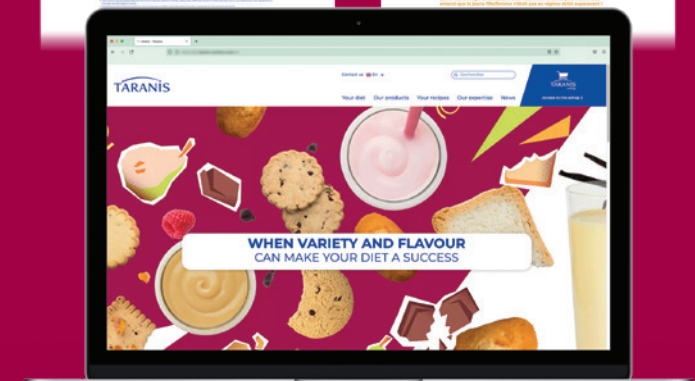
SAVOURY

CULINARY AIDS

	BREAD ROLLS	FRENCH TOASTS	SHORT SPAGHETTI	CORNETTI	MACARONI	COUSCOUS	SEMOLINA	RICE SUBSTITUTE	MEAT SUBSTITUTE	FISH SUBSTITUTE	CHEESE SLICE SUBSTITUTE	RISOTTO SUBSTITUTE	BREAD AND PASTRY MIX	NATURAL CAKE MIX	PANCAKES AND WAFFLES MIX	EGG REPLACER	DALIA LIQUID	DALIA POWDER	PREPARATION FOR CHEESE FLAVOURED SAUCE	
From	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 3 years old	From 1 year old	From 3 years old	From 3 years old	From 3 years old
Gluten free	✓	✓	✓	✓	✓	✓	✓	✓					✓	✓	✓	✓				
Allergens present in the recipe	-	-	-	-	-	-	-	-					-	-	-	-	<i>Milk</i>	<i>Milk</i>		<i>Milk</i>
Possible traces	<i>Eggs, soya</i>	<i>Eggs, soya</i>	-	-	-	-	-	-	<i>Cereals containing gluten (wheat, barley, oat), egg, fish, soybean, milk, celery</i>	<i>Cereals containing gluten (wheat, barley, oat), egg, fish, soybean, celery, molluscs</i>	-	<i>Soya, cereals containing gluten (wheat)</i>	-	-	-	-	-	<i>Cereals containing gluten (wheat, barley, oat), crustacean, egg, fish, soybean, nuts, sulphites, celery</i>	<i>Cereals containing gluten (wheat, barley, oat), egg, fish, soybean, sulphites, celery</i>	
Packaging	180 g bag (4 x 45 g rolls)	250 g box (4 sachets of 6 rusks)	500 g sachet	500 g sachet	500 g sachet	500 g sachet	500 g sachet	500 g sachet	248 g box (4 sachets of 62 g)	248 g box (4 sachets of 62 g)	120 g tub (6 slices of 20 g)	1,2 kg box (4 bowls of 300 g)	1 kg box (2 sachets of 500 g) + 2 sachets of yeast (8 g)	300 g box (1 sachet)	300 g box (1 sachet)	300 g box (1 sachet)	200 ml tetra brick (plate of 24 units)	400 g can (with 10 g scoop)	200 g can	

Average composition		for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g	for 100 g
ENERGY VALUE	kJ / kcal	1 142 / 271	1 822 / 434	1 518 / 358	1 518 / 358	1 518 / 358	1 518 / 358	1 518 / 358	1 518 / 358	1 263 / 302	1 171 / 280	1 015 / 244	432 / 103	1 582 / 373	1 548 / 366	1 499 / 353	1 494 / 352	208 / 50	1 802 / 428	1 546 / 364
Fat	g	4.5	12.9	0.9	0.9	0.9	0.9	0.9	0.9	0.3	0.5	15.4	5.0	1.4	1.3	0.4	0.6	2.6	12.3	0.3
Of which saturates	g	1.8	6.6	0.6	0.6	0.6	0.6	0.6	0.6	0.1	0	9.0	1.3	0.7	0.9	< 0.1	0.5	1.9	6.2	0.2
Carbohydrate	g	54.0	74.6	87.0	87.0	87.0	87.0	87.0	87.0	53.8	48.0	22.6	14.0	88.7	84.6	86.5	84.7	6.4	77.5	88.0
Of which sugars	g	1.0	4.8	< 0.02	< 0.02	< 0.02	< 0.02	< 0.02	< 0.02	3.1	1.9	0.8	< 0.2	3.2	47.9	14.0	< 0.5	4.8	45.1	6.4
Fibre	g	6.0	8.1	< 0.5	< 0.5	< 0.5	< 0.5	< 0.5	< 0.5	37.7	37.0	6.4	0.5	1.9	7.1	0.6	3.4	-	-	0.4
Protein	g	0.6	0.7	0.1	0.1	0.1	0.1	0.1	0.1	2.1	2.4	0.6	0.3	0.4	0.3	0.5	0.3	0.2	1.7	2.1
Of which Phenylalanine	mg	20.0	29.8	14.2	14.2	14.2	14.2	14.2	14.2	90.0	90.0	11.4	5.6	20.0	< 10.0	22.0	12.0	6.4	20.0	60.0
Methionine	mg	10.0	18.9	8.5	8.5	8.5	8.5	8.5	8.5	50.0	40.0	5.6	< 4.0	10.0	< 10.0	10.0	7.1	4.3	10.0	30.0
Leucine	mg	40.0	53.4	30.6	30.6	30.6	30.6	30.6	30.6	160	160	21.6	9.4	30.0	< 10.0	30.0	24.8	14.1	60.0	160
Threonine	mg	30.0	31.2	10.1	10.1	10.1	10.1	10.1	10.1	70.0	80.0	11.5	5.6	20.0	20.0	20.0	8.7	6.7	20.0	70.0
Isoleucine	mg	20.0	27.3	11.5	11.5	11.5	11.5	11.5	11.5	80.0	80.0	11.5	5.1	10.0	10.0	20.0	9.8	7.3	20.0	70.0
Lysine	mg	30.0	27.9	13.0	13.0	13.0	13.0	13.0	13.0	70.0	95.0	19.3	8.0	10.0	10.0	10.0	10.6	13.7	40.0	110
Valine	mg	30.0	33.4	15.7	15.7	15.7	15.7	15.7	15.7	110	110	15.3	6.8	20.0	20.0	20.0	14.2	8.8	30.0	90.0
Cystine	mg	10.0	9.7	5.7	5.7	5.7	5.7	5.7	5.7	50.0	6.0	3.9	< 4.0	10.0	10.0	10.0	5.2	2.6	10.0	< 20.0
Tyrosine	mg	20.0	21.7	8.0	8.0	8.0	8.0	8.0	8.0	60.0	100	11.4	5.1	20.0	10.0	10.0	7.5	7.2	40.0	70.0
Arginine	mg	30.0	41.1	12.4	12.4	12.4	12.4	12.4	12.4	140	150	15.6	9.8	20.0	20.0	20.0	12.2	5.0	20.0	40.0
Salt	g	2.0	0.04	0.15	0.15	0.15	0.15	0.15	0.15	0.81	4.0	1.6	0.68	0.03	0.74	0	0.05	0.02	0.67	3.1
Minerals																				
Sodium	mg (mmol)	789 (34.3)	17.9 (0.8)	58.9 (2.6)	58.9 (2.6)	58.9 (2.6)	58.9 (2.6)	58.9 (2.6)	58.9 (2.6)	323 (14.0)	1619 (70.4)	650 (28.3)	273 (11.9)	12.2 (0.53)	295 (12.8)	0 (0)	21.3 (0.93)	9.0 (0.39)	268 (11.7)	1243 (54.0)
Potassium	mg (mmol)	58.8 (1.5)	37.6 (1.0)	4.6 (0.12)	4.6 (0.12)	4.6 (0.12)	4.6 (0.12)	4.6 (0.12)	4.6 (0.12)	100 (2.6)	102 (2.6)	150 (3.8)	16.0 (0.41)	14.2 (0.36)	23.8 (0.61)	38.0 (0.97)	20.7 (0.53)	30.0 (0.77)	924 (23.7)	93.6 (2.4)
Chloride	mg (mmol)	1223 (34.5)	24.0 (0.7)	< 50.0 (< 1.4)	< 50.0 (< 1.4)	< 50.0 (< 1.4)	< 50.0 (< 1.4)	< 50.0 (< 1.4)	< 50.0 (< 1.4)	900 (25.4)	2472 (69.6)	910 (25.6)	423 (11.9)	90.0 (2.5)	50.0 (1.4)	0 (0)	< 50.0 (< 1.4)	20.0 (0.56)	720 (20.3)	1880 (53.0)
Calcium	mg (mmol)	18.4 (0.46)	34.2 (0.86)	17.8 (0.45)	17.8 (0.45)	17.8 (0.45)	17.8 (0.45)	17.8 (0.45)	17.8 (0.45)	29.0 (0.73)	100 (2.5)	37.0 (0.93)	7.6 (0.19)	11.1 (0.28)	32.3 (0.81)	13.0 (0.33)	67.3 (1.7)	14.0 (0.35)	846 (21.2)	385 (9.6)
Phosphorus	mg (mmol PO ₄)	30.7 (0.32)	33.1 (0.35)	24.8 (0.26)	24.8 (0.26)	24.8 (0.26)	24.8 (0.26)	24.8 (0.26)	24.8 (0.26)	41.0 (0.43)	80.0 (0.84)	10.0 (0.11)	6.7 (0.07)	15.0 (0.16)	256 (2.7)	33.0 (0.35)	25.2 (0.27)	10.0 (0.11)	618 (6.5)	204 (2.1)
Magnesium	mg (mmol)	6.9 (0.29)	5.8 (0.24)	< 2.0 (< 0.08)	< 2.0 (< 0.08)	< 2.0 (< 0.08)	< 2.0 (< 0.08)	< 2.0 (< 0.08)	< 2.0 (< 0.08)	9.0 (0.38)	10.0 (0.42)	4.5 (0.19)	2.7 (0.11)	4.5 (0.19)	< 3.5 (< 0.15)	0 (0)	3.9 (0.16)	2.5 (0.10)	34.0 (1.4)	10.9 (0.45)

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