

MEVALIA PKU GMPOWER

LOW PHENYLALANINE
PROTEIN SUBSTITUTE
BASED ON CASEIN
GLYCOMACROPEPTIDE (GMP)

FROM
3 YEARS



- ✓ Piña Colada and Vanilla flavoured
- ✓ With essential fatty acids (DHA & EPA)

PREPARATION GUIDELINES: Pour the required amount of water into a shaker and add the recommended amount of PKU GMPower using only the scoop provided or a gram weight scale for accuracy. Close and shake well until the powder is completely dissolved. Always prepare a fresh mixture for each meal time and discard unfinished mixtures.

INGREDIENTS - PIÑA COLADA: Casein glycomacropeptide 16% (**milk**), Trehalose, Pineapple fruit concentrate 12.6%, L-Tyrosine, Tri-Calcium phosphate, L-Lysine- L-Aspartate, L-Arginine- L-Aspartate, L-Proline, Glycine, L-Glutamine, highly refined **fish** oil with DHA and EPA, L-Leucine, Flavouring, Galacto-oligosaccharide (GOS) (**lactose**), Potassium phosphate, L-Alanine, Potassium carbonate, L-Histidine, Magnesium carbonate, Choline bitartrate, L-Lysine-L-Glutamate, L-Threonine, L-Tryptophan, Vitamins (A, D, E, K, C, B1, B2, Niacin, B6, Folic acid, Pantothenic acid, B12, Biotin), L-Methionine, L-Cystine, Fructo-Oligosaccharide (FOS), Iron sulphate, Inositol, colour: beta-carotene; L-Carnitine-L- Tartrate, Sweetener: Sucralose; Zinc sulphate, Manganese sulphate, Copper sulphate, Potassium iodide, Chromium chloride, Sodium selenite, Sodium molybdate.

INGREDIENTS - VANILLA: Casein glycomacropeptide 17% (**milk**), Trehalose, Natural Flavour (**milk**), L-Tyrosine, Tri-Calcium phosphate, L-Lysine- L-Aspartate, L-Arginine- L-Aspartate, Natural Vanilla Flavour, L-Proline, Glycine, L-Glutamine, highly refined **fish** oil with DHA and EPA, L-Leucine, Galacto-oligosaccharide (GOS) (**lactose**), Potassium phosphate, L-Alanine, Potassium carbonate, L-Histidine, Magnesium carbonate, Choline bitartrate, L-Lysine-L-Glutamate, L-Threonine, L-Tryptophan, Vitamins (A, D, E, K, C, B1, B2, Niacin, B6, Folic acid, Pantothenic acid, B12, Biotin), L-Methionine, L-Cystine, Fructo-Oligosaccharide (FOS), Iron sulphate, Inositol, L-Carnitine-L- Tartrate, Zinc Sulphate, Sweetener: Sucralose, Manganese sulphate, Copper sulphate, Potassium iodide, Chromium chloride, Sodium selenite, Sodium molybdate.

		Piña Colada	Vanilla
Nutrition declaration		100 g	100 g
Energy	kJ	1338	1352
	kcal	320	319
Fat	g	1.5	1.7
	of which saturates	g	0.4
	Docosahexaenoic (DHA)	mg	278
	eicosapentaenoic acid (EPA)	mg	62
Carbohydrate	g	33	32
	of which sugars	g	22
Fibre	g	3	3
	Protein Equivalent	g	41
Salt	g	0.79	0.82
Vitamins			
Vitamin A	µg	1198	1248
Vitamin D	µg	36	37
Vitamin E	mg	24	25
Vitamin K	µg	72	75
Vitamin C	mg	180	187
Thiamin B1	mg	2.4	2.5
Riboflavin B2	mg	3	3.12
Niacin	mg	14	15
Vitamin B6	mg	2.4	2.5
Folic acid	µg	300	312
Vitamin B12	µg	4.79	5
Biotin	µg	72	75
Pantothenic acid	mg	8.39	8.74
Minerals			
Sodium	mg	315	329
	mmol	14	14
Potassium	mg	1683	1753
	mmol	43	44
Chloride	mg	<20	<20
	mmol	<0.6	<0.6
Calcium	mg	1703	1774
	mmol	42	44
Phosphorus	mg	1256	1391
	mmol	41	45
Magnesium	mg	294	329
	mmol	12	14
Trace Elements			
Iron	mg	21	25
Zinc	mg	13	13
Copper	mg	1.26	1.31
Manganese	mg	1.26	1.31
Selenium	µg	60	62
Chromium	µg	48	50
Molybdenum	µg	71	73
Iodine	µg	264	276
Other Nutrients			
L-Carnitine	mg	24	25
Choline	mg	420	438
Inositol	mg	120	125
Amino Acids			
L-Alanine	g	2.65	2.76
L-Arginine	g	1.89	2.02
L-Aspartic acid	g	4.54	4.8
L-Cystine	g	0.21	0.25
L-Histidine	g	1.22	1.28
L-Glutamic acid	g	3.74	4.17
L-Glutamine	g	2.65	2.76
Glycine	g	3.24	3.36
L-Isoleucine	g	1.83	1.84
L-Leucine	g	2.56	2.65
L-Lysine	g	3.24	3.47
L-Methionine	g	0.8	0.79
L-Phenylalanine	mg	61	61
L-Proline	g	5.17	5.39
L-Threonine	g	3.87	4.03
L-Tryptophan	g	0.71	0.77
L-Tyrosine	g	6.31	6.63
L-Valine	g	1.47	1.48
L-Serine	g	1.31	1.42
Osmolality:			
3 scoops + 30mls water	mOsm/kg	1767	1540
3 scoops + 45mls water	mOsm/kg	910	825

Mevalia | AMINO ACIDS

Standard dilution:



Enhancing Lives Together
A Nestlé Health Science Company

12 g Mevalia
PKU GMPower
(3 scoops)



30-45 mls
water



5 g protein
equivalent



24 g Mevalia
PKU GMPower
(6 scoops)



60-90 mls
water



10 g protein
equivalent

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