

# **BHI Broth (Brain Heart Infusion Broth)**

### **Intended Use:**

BHI Broth is employed for the propagation of fastidious pathogenic cocci and other organisms associated with blood culture work and allied pathological investigations.

#### Composition\*\*

Ingredients	Gms / Litre
HM infusion powder #	12.500
BHI powder	5.000
Proteose peptone	10.000
Dextrose (Glucose)	2.000
Sodium chloride	5.000
Disodium phosphate	2.500
Final pH ( at 25°C)	7.4±0.2
** Example adjusted standardized to suit performance as personators	

\*\*Formula adjusted, standardized to suit performance parameters

# Equivalent to Calf brain infusion from

### Directions

Suspend 37.0 grams in 1000 ml distilled water. Dispense into bottles or tubes and sterilize by autoclaving at 15 lbs pressure (121°C) for 15 minutes. For best results, the medium should be used on the day it is prepared, otherwise, it should be boiled or steamed for a few minutes and then cooled before use.

### **Principle And Interpretation**

BHI Medium is useful for cultivating a wide variety of microorganisms since it is a highly nutritive medium. It is also used to prepare the inocula for antimicrobial susceptibility testing. BHI Broth is a modification of the original formulation of Rosenow, where he added pieces of brain tissues to dextrose broth (1). BHI Broth is also the preferred medium for anaerobic bacteria, yeasts and moulds (2-4). This medium is nutritious and well buffered to support the growth of wide variety of organisms (2,5,6). With the addition of 10% defibrinated sheep blood, it is useful for isolation and cultivation of *Histoplasma capsulatum* (7) and other fungi. For selective isolation of fungi, addition of gentamicin and/or chloramphenicol is recommended (8).

Proteose peptone, HM infusion powder and BHI powder serve as sources of carbon, nitrogen, essential growth factors, amino acids and vitamins. Dextrose serves as a source of energy. Disodium phosphate helps in maintaining the buffering action of the medium whereas sodium chloride maintains the osmotic equilibrium of the medium.

#### **Type of specimen**

Clinical samples : Blood and other pathological samples. Food samples

#### **Specimen Collection and Handling**

For clinical samples follow appropriate techniques for handling specimens as per established guidelines (11,12). For food and dairy samples, follow appropriate techniques for sample collection and processing as per guidelines (4,9,10). After use, contaminated materials must be sterilized by autoclaving before discarding.

#### Warning and Precautions

In Vitro diagnostic use only. Read the label before opening the container. Wear protective gloves/protective clothing/eye protection/face protection. Follow good microbiological lab practices while handling specimens and culture. Standard precautions as per established guidelines should be followed while handling clinical specimens. Safety guidelines may be referred in individual safety data sheets.

#### Limitations

1.As organisms differ in their nutritional requirements, some fastidious organisms may be inhibited or may show poor growth.

### **Performance and Evaluation**

Performance of the medium is expected when used as per the direction on the label within the expiry period when stored at recommended temperature.

### **Quality Control**

#### Appearance

Cream to yellow homogeneous free flowing powder

#### Colour and Clarity of prepared medium

Light to medium amber coloured, clear solution without any precipitate

#### Reaction

Reaction of 3.7% w/v aqueous solution at 25°C. pH : 7.4±0.2

**pH** 7.20-7.60

## Cultural Response

Cultural characteristics observed after an incubation at 35-37°C for 24-48 hours.

#### **Cultural Response**

Organism	Inoculum (CFU)	Growth
Neisseria meningitidis ATCC 13090	50-100	good-luxuriant
Streptococcus pneumoniae ATCC 6303	50-100	good-luxuriant
Streptococcus pyogenes ATCC 19615	50-100	good-luxuriant
Candida albicans ATCC 10231 (00054*)	50-100	good-luxuriant
Staphylococcus aureus subsp. aureus ATCC 25923 (00034*)	50-100	good-luxuriant
Enterococcus faecalis ATCC 29212 (00087*)	50-100	good-luxuriant

Key: \*Corresponding WDCM numbers.

### **Storage and Shelf Life**

Store below 30°C in a tightly closed container and the prepared medium at 15-25°C. Use before expiry date on the label. On opening, product should be properly stored dry, after tightly capping the bottle in order to prevent lump formation due to the hygroscopic nature of the product. Improper storage of the product may lead to lump formation. Store in dry ventilated area protected from extremes of temperature and sources of ignition Seal the container tightly after use. Use before expiry date on the label. Product performance is best if used within stated expiry period.

#### **Disposal**

User must ensure safe disposal by autoclaving and/or incineration of used or unusable preparations of this product. Follow established laboratory procedures in disposing of infectious materials and material that comes into contact with clinical sample must be decontaminated and disposed of in accordance with current laboratory techniques (11,12).

#### Reference

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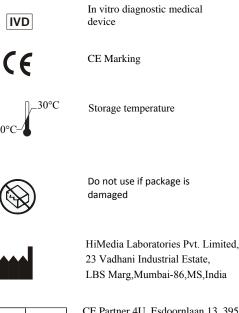
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CE Partner 4U ,Esdoornlaan 13, 3951 DB Maarn The Netherlands, www.cepartner 4u.eu

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