

## SUMMARY OF PRODUCT CHARACTERISTICS

### 1. NAME OF THE MEDICINAL PRODUCT

# PoltechMIBI, 1 mg, kit for radiopharmaceutical preparation

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

*1 vial contains*  
***Active substance***  
[Tetrakis(2-methoxy-2-methylpropyl-1-isocyanide) copper(1+)]tetrafluoroborate 1.00 mg

The radionuclide is not part of the kit. For a full list of excipients, see section 6.1.

### 3. PHARMACEUTICAL FORM

Kit for radiopharmaceutical preparation. White powder.

### 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

This medicinal product is for diagnostic use only. For intravenous injection after radiolabelling with sodium (Tc-99m) pertechnetate solution. PoltechMIBI using scintigraphy is indicated for:
- diagnosis of ischaemic heart disease.
- diagnosis and localisation of myocardial infarction.
- assessment of global ventricular function (first pass technique for determination of ejection fraction and/or regional wall motion).
- diagnosis of malignancy in patients who are suspected of cancer in the breast combined with inconclusive mammography or palpable tumour and negative or inconclusive mammography.
- diagnosis of patients with recurrent or persistent hyperparathyroidism.

#### 4.2 Posology and method of administration

This medicinal product is administered intravenously and should be reconstituted before administration to the patient. The vial is reconstituted with a maximum of 11 GBq of oxidant-free sodium (Tc-99m) pertechnetate solution for injection in 1 - 5 ml. Not less than 5 ml will be used for the highest activity of 11 GBq. Radiochemical purity should be checked prior to patient administration. For instruction on reconstitution of the medicinal product before administration, see section 12. For patient preparation, see section 4.4.

The suggested dose range for intravenous administration to a patient of average weight (70 kg) is:

**Diagnosis of ischaemic heart disease.** Two injections are required (at stress and at rest) in order to differentiate between transient and persistent perfusion defects. For the two-day stress/rest protocol 600 – 900 MBq per study. For the one-day protocol 400 – 500 MBq for the first injection and 2.5 - 3 times more for the second injection.

The one-day protocol may be performed in either order (stress/rest or rest/stress) but the two injections should be administered at least two hours apart. This time interval, however, depends on the dose administered and is based on physical decay of Tc-99m. After the stress injection, exercise should be encouraged for an additional one minute (if possible).

**Diagnosis of myocardial infarction** 400 - 900 MBq For diagnosis of myocardial infarction one injection at rest may be sufficient.

**Assessment of global ventricular function and/or regional wall motion** 600 - 800 MBq Injected as a bolus.

**For breast imaging** 740 - 1100 MBq Injected as a bolus.

**For parathyroid imaging** 185 - 925 MBq (the typical activity is 740 MBq) Injected as a bolus. (The dose used should in every case be as low as reasonably practical).

In light of the European Directive 97/43/Euratom and current practice throughout Europe, the above activities for Tc-99m sestamibi should be considered only as a general indication. It should be noted that in each country nuclear medicine physicians should respect the diagnostic reference levels (DRL) and the rules laid down by the local legislation. The injection of activities greater than local DRLs should be justified.

#### Cardiac imaging

If possible, patients should fast for at least four hours prior to the study. It is recommended that patients eat a light fatty meal or drink a glass or two of milk after each injection, prior to imaging. This will promote rapid hepatobiliary clearance of technetium Tc-99m sestamibi resulting in less liver activity in the image.

The heart to background ratio will increase with time but the ideal imaging time, reflecting the best compromise between heart count rate and contrast, is approximately 15 - 60 min. after a stress injection and 30 - 60 min. after a rest injection. Longer delays are required for resting images and for stress with vasodilators alone because of the risk of higher subdiaphragmatic Tc-99m activity. There is no evidence for significant changes in myocardial tracer concentration or redistribution, therefore imaging for up to 6 hours post injection is possible.

Either planar or tomographic imaging can be performed for diagnosis of ischemic heart disease and myocardial infarction, although SPECT (single photon emission computed tomography) should be performed whenever possible. Both may be ECG gated.

**For planar imaging** the standard three view (anterior, LAO 45°, LAO 70° or LL) planar projections should be used (e.g. 5 - 10 minutes each).

**For tomographic imaging** each projection should be acquired for approximately 20 - 40 seconds depending on injected dose.

For assessment of **global ventricular function** the same standard techniques and projections can be used, as established for Tc-99m first pass ejection studies; data should be acquired in list or fast frame mode in a computer using a high count rate scintillation camera. Gated Blood Pool Imaging protocols may be used for assessment of regional wall motion, however, must only be evaluated visually.

#### Breast imaging

The product is administered in the arm vein contralateral to the breast with the suspected lesion. If bilateral lesions are suspected, or if the patient has had previous mastectomy, the injection is ideally administered in a dorsal vein of the foot.

Breast imaging is optimally initiated 5 to 10 minutes post injection with the patient in the prone posi-

tion with breast freely pendant. A 10 minutes lateral images of the breast suspected of containing cancer should be obtained with the camera face as close to the breast as practical.

The patient should then be repositioned so that the contralateral breast is pendant and a lateral image of it should be obtained. An anterior supine image may then be obtained with the patient's arms behind her head.

#### Parathyroid imaging

For the **subtraction technique**, either iodine (I-123) or Tc-99m pertechnetate can be used, followed by Tc-99m sestamibi, or Tc-99m sestamibi can be given first, followed by Tc-99m pertechnetate (I-123 can not be administered after Tc-99m sestamibi). When I-123 is used, 7.5 to 20 MBq of oral iodine (I-123) are administered. Four hours after the administration of I-123, neck and thorax images are obtained. After I-123 image acquisition, 185 to 740 MBq of Tc-99m sestamibi are injected and images acquired 10 minutes post injection. When Tc-99m pertechnetate is used, 37 to 200 MBq of sodium Tc-99m pertechnetate are injected and neck and thorax images are acquired 30 minutes later. After image acquisition, 185 - 740 MBq of Tc-99m sestamibi are injected and images acquired 10 minutes post injection. If the **double phase** technique is used, 370 to 740 MBq of Tc-99m sestamibi are injected and the first neck and thorax image is obtained 10 minutes later. After a wash-out period of 1 to 2 hours, neck and thorax imaging is again performed.

#### Paediatric population

The use of PoltechMIBI in paediatric patients has to be considered carefully, based upon clinical needs and assessing the risk/benefit ratio in this patient group. Safety and efficacy in children and adolescents below the age of 18 have not been fully established.

#### 4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients.

#### 4.4 Special warnings and precautions for use

Pregnancy, see section 4.6.

#### Individual benefit/risk justification

For each patient the radiation exposure must be justifiable by the likely benefit. The activity administered should in every case be as low as reasonably achievable to obtain the required diagnostic information.

In patient with reduced kidney function, careful consideration of the indication is required since an increased radiation exposure is possible in these patients.

In patients with reduced hepatobiliary function, a very careful consideration is required since an increased radiation exposure is possible in these patients.

#### Paediatric population

Paediatric population, see section 4.2.

#### Patient preparation

The patient should be well hydrated before the start of the examination and urged to void as often as possible during the first hours after the study in order to reduce radiation exposure. No data concerning the diagnostic efficacy in suspected recurrency or metastatic disease of breast cancer are available.

In myocardial scintigraphy investigations under stress conditions, the general contraindications

and precautions associated with the induction of ergometric or pharmacological stress should be considered.

Because of potential tissue damage extravasal injection of this radioactive product has to be strictly avoided.

Close contact with infants should be restricted during 24 hours after product administration.

#### Specific warnings

This medicinal product contains less than 1 mmol sodium (23 mg) per vial, i.e. essentially “sodium free”.

If hypersensitivity or anaphylactic reactions occur, the administration of the medicinal product must be discontinued immediately and intravenous treatment initiated, if necessary. To enable immediate action in emergencies, the necessary medicinal products and equipment such as endotracheal tube and ventilator must be immediately available.

#### 4.5 Interaction with other medicinal products and other forms of interaction

No interaction studies have been performed and no interactions have been described to date. However, medicinal products which affect myocardial function and/or blood flow may cause false negative results in the diagnosis of coronary arterial disease. For this reason, concomitant medication should be taken into consideration when interpreting the results of the scintigraphic examination.

#### 4.6 Fertility, pregnancy and lactation

##### Women of childbearing potential

When an administration of radiopharmaceuticals to a woman of childbearing potential is intended, it is important to determine whether or not she is pregnant. Any woman who has missed a period should be assumed to be pregnant until proven otherwise. If in doubt about her potential pregnancy (if the woman has missed a period, if the period is very irregular, etc.), alternative techniques not using ionising radiation (if there are any) should be offered to the patient.

#### Pregnancy

Radionuclide procedures carried out on pregnant women also involve radiation doses to the foetus. Only essential investigations should therefore be carried out during pregnancy, when the likely benefit far exceeds the risk incurred by the mother and the foetus.

The anticipated dose to the uterus from a 740 MBq rest injection would be 5.8 mGy. A radiation dose above 0.5 mGy (approximately equivalent to that exposure from annual background radiation) could potentially result in risk to the foetus. It is therefore not recommended in women known to be pregnant.

#### Breast-feeding

Before administering radiopharmaceuticals to a mother who is breastfeeding consideration should be given to the possibility of delaying the administration of radionuclide until the mother has ceased breastfeeding and to what is the most appropriate choice of radiopharmaceuticals, bearing in mind the secretion of activity in breast milk.

If the administration is considered necessary, breastfeeding should be interrupted for 24 hours and the expressed feeds discarded. It is usual to advise that breastfeeding can be restarted when the radioactivity level in the milk will not result in a radiation dose to the child greater than 1 mSv. Close contact with infants should be restricted during this period.

#### 4.7 Effects on ability to drive and use machines

Effects on the ability to drive and use machines have not been described.

#### 4.8 Undesirable effects

For each patient, exposure to ionising radiation must be justified on the basis of likely benefit. The activity administered must be such that the resulting radiation dose is as low as reasonably achievable bearing in mind the need to obtain the intended diagnostic result.

The frequency of occurrence of the adverse reactions reported after technetium Tc-99m sestamibi administration is presented in the table below.

MedDRA frequency convention: Very common (≥1/10) Common (≥1/100 to <1/10) Uncommon (≥1/1,000 to <1/100) Rare (≥1/10,000 to <1/1,000) Very rare (<1/10,000) Frequency not known (cannot be estimated from the available data)		
<b>Cardiac disorders</b> Uncommon	Chest pain/angina pectoris, abnormal ECG.	
Rare	Arrhythmia.	
<b>Congenital, familial and genetic disorders</b>		
Frequency not known	Hereditary defects.	
<b>Nervous system disorders</b> Common Uncommon Rare	Metallic or bitter taste. Transient headache. Dizziness, seizure, syncope, hypoaesthesia and paraesthesia.	
<b>Gastrointestinal disorders</b> Common Uncommon Rare	Dry mouth. Nausea. Abdominal pain. Dyspepsia.	
<b>Skin and subcutaneous tissue disorders</b> Rare	Allergic skin and mucosa reactions with exanthema (pruritus, urticaria, oedema). Non-itching rash.	
Frequency not known		
<b>Musculoskeletal and connective tissue disorders</b>		
Rare	Transient arthritic-like pain.	
<b>Neoplasms benign, malignant and unspecified (including cysts and polyps)</b>		
Frequency not known	Cancer induction.	
<b>Vascular disorders</b>		
Rare	Flushing, vasodilation.	
<b>General disorders and administration site conditions</b> Rare	Injection site inflammation. Fever, fatigue.	
<b>Immune system disorders</b> Rare	Severe hypersensitivity reactions such as dyspnoea, hypotension, bradycardia, asthenia and vomiting (usually within two hours of administration), angioedema.	

Exposure to ionising radiation is linked with cancer induction and a potential for development of hereditary defects. For diagnostic nuclear medicine investigations the current evidence suggests that these adverse reactions are expected to occur with a low probability. For most diagnostic investigations using a nuclear medicine procedure the radiation dose delivered (effective dose/EDE) is less than 20 mSv. Higher doses may be justified in some clinical circumstances.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system. Adverse reactions may be reported to Marketing Authorisation Holder.

#### 4.9 Overdose

In the event of administration of a radiation overdose with technetium Tc-99m sestamibi the absorbed dose to the patient should be reduced where possible by increasing the elimination of the radionuclide from the body by frequent micturition and defecation.

#### 5. PHARMACOLOGICAL PROPERTIES

**5.1 Pharmacodynamic properties**
Pharmacotherapeutic group: diagnostic radiopharmaceuticals, technetium (Tc-99m) compounds.
ATC code: V 09G A01

At the chemical concentrations used for diagnostic examinations technetium Tc-99m sestamibi does not appear to have any pharmacodynamic activity. After reconstitution with sodium (Tc-99m) pertechnetate solution for injection, the following complex forms (technetium Tc-99m sestamibi):

Tc-99m (MIBI)<sub>6</sub><sup>+</sup>

Where: MIBI = 2-methoxyisobutylisonitrile

Technetium Tc-99m sestamibi, when administered in usual activities and by the usual way, has no pharmacodynamic effects detectable clinically.

Tissue uptake of Tc-99m sestamibi depends primarily on the vascularisation, which is generally increased in tumour tissue. Due to its lipophilicity and its positive charge, the Tc-99m sestamibi complex crosses the cell membrane and concentrates in the most negatively charged compartment of the cell, the mitochondria.

#### Cardiac imaging

Technetium Tc-99m sestamibi binds to the mitochondrial membrane and an intact mitochondrial membrane potential is important for intracellular binding.

The uptake of technetium Tc-99m sestamibi in the myocardium is proportional to blood flow in the physiologic flow range. The rate of passive uptake is determined by the membrane permeability of the drug and the surface area of the vascular beds to which it is exposed. Since the radiotracer enters the cell via diffusion, it will underestimate blood flow at high flow rates (> 2.0 ml/g/min.).

When coronary flow varied from 0.52 to 3.19 ml/g/min., myocardial uptake for technetium Tc-99m sestamibi averages 0.38 ± 0.09 of injected activity. Technetium Tc-99m sestamibi from the blood is rapidly distributed into the tissue. Five minutes after injection only about 8 percent of the injected dose is still in the circulation.

Technetium Tc-99m sestamibi undergoes minimal redistribution over time. This may impact on lesion detection as the differential washout between the normal and ischemic myocardium may result in a reduction in defect size or severity with time.

#### Breast imaging

The cellular concentration of technetium Tc-99m sestamibi was demonstrated to be increased in mammary tumour tissue probably because of the high content of mitochondria in tumour cells and the high membrane potential of tumour cells.

Several in vitro studies demonstrated that technetium Tc-99m sestamibi is a substrate of P-glycoprotein. A direct correlation between the P-glycoprotein expression and the elimination of technetium Tc-99m sestamibi from tumours has been established. The cellular overexpression of P-glycoprotein could result in false negative images of tumours, especially of tumours larger than 1 cm.

#### Parathyroid imaging

In parathyroid adenomas blood flow and the number of mitochondria are increased. This fact may explain the elevated uptake and retention of technetium Tc-99m sestamibi in parathyroid adenoma.

